

SPORTS PHYSICAL INFORMATION

NOTE: Students are **required** to have the OSAA (Oregon School Activities Association) School Sports Pre-Participation Examination Form completed **before** they can participate in school practices. You can download the form at <http://www.osaa.org> or from the school website.

Below are a few options for sports physical examinations. Please contact the medical provider and/or your insurance company directly for cost information.

Family Choice Urgent Care

541-213-2133

108 NW Sisemore St, Ste 120 (by Market of Choice)
Walk-ins available - \$30 (sports physical only)

Mountain Medical Group (Immediate Care Center)

541-388-7799

1302 NE 3rd
Walk-ins available - \$50 (sports physical only)

Mosaic Medical School-Based Health Centers (2 locations)

541-383-3005

Bend High School - 230 NE 6th St
Walk-ins available, but appt. preferred

Ensworth Elementary - 2150 NE Daggett Lane
Walk-ins available, but appt. preferred

Bend Memorial Clinic (BMC)

541-382-4900

815 SW Bond St (in the Old Mill)
Appointment only

Central Oregon Pediatric Associates (COPA) (2 locations)

541-389-6313

- 760 NW York Dr (NW Crossing)
 - 61250 SE Coombs Place (part of St. Charles Immediate Care on S. Hwy 97)
- Both locations by appointment only

The Center Foundation

541-322-2398

The Center is no longer offering Sports Pre-Participation Sports Physicals. They are working with medical clinics in the community to encourage sports clearance as part of the well-child exam which is a FREE covered benefit once each year. The Sports Physical form can be completed as part of this appointment at no additional cost to you. If your family need help applying for health insurance or applying for Oregon Health Plan (OHP), call one of the following agencies that can help you.

Deschutes County Health Dept. - 541.322.7500 | <http://www.OregonHealthCare.gov/>
The Center Foundation - 541.322.23978 | <https://www.centerfoundation.org>