

Health 9-10th grade Mrs. Spohn (29 points)

Using your Health Book

Read pgs. 287-294; answer questions on 294 1-9

Read 295-300; answer questions on 300 1-9

Read 301-308; answer questions on 308 1-11;

7th grade Health-Mrs. Spohn

Read Chapter 11 page 218-240; answer questions 1-18 answers only in notebook given to you

Read Chapter 12 pg.244-264; answer 1-15 answers only in notebook given to you

8-12th grade Physical Education classes; please be active at 2- 30 minutes sessions; record in notebook and have parents sign