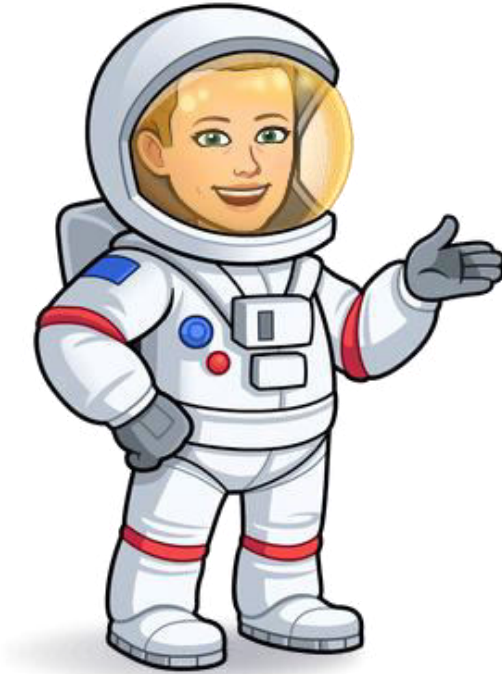


Time to Workout!

Space Edition

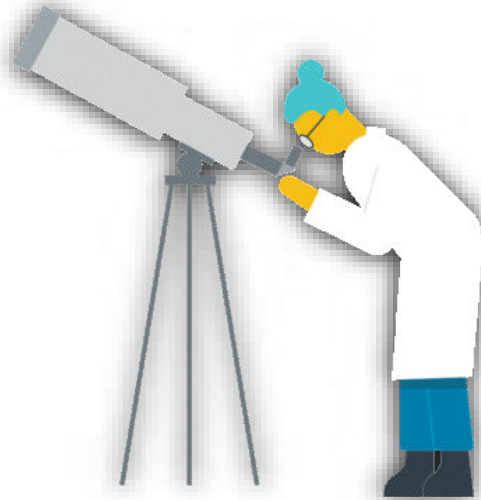


Astronomer

BICEP CURL



Independent



With Assistance

Look Up At The Sky

NECK STRETCH UP & DOWN



Independent



With Assistance

Look Through Our Telescope

FRONT ARM RAISES



Independent



With Assistance

Twinkling Stars

OPEN & CLOSE HAND



Independent



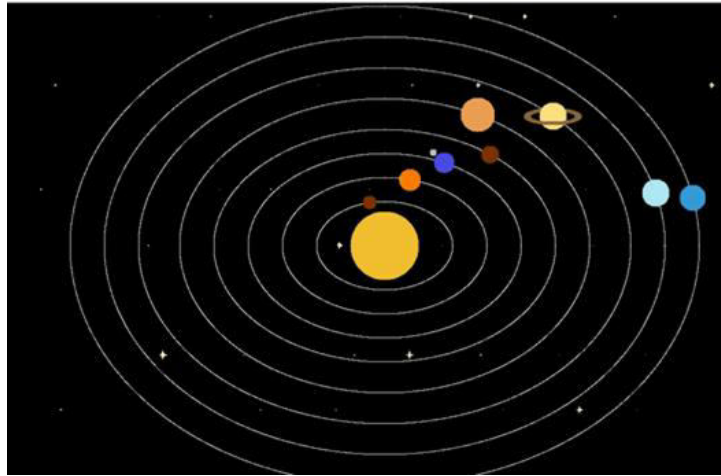
With Assistance

Planets in Orbit

WRIST ROLLS



Independent



With Assistance

Cycle of Moon Phases

ARM CIRCLES



Independent



With Assistance

Waxing & Waning Moon

MOVE WRIST UP & DOWN



Independent



With Assistance

New Moon

SHOULDER SHRUGS (OR MASSAGE)



Independent



With Assistance

Crescent Moon

ARM ABOVE HEAD & LEAN TO SIDE



Independent



With Assistance

Half Moon

SIDE ARM RAISES



Independent



With Assistance

Full Moon

ARM(S) TOUCH ABOVE HEAD



Independent



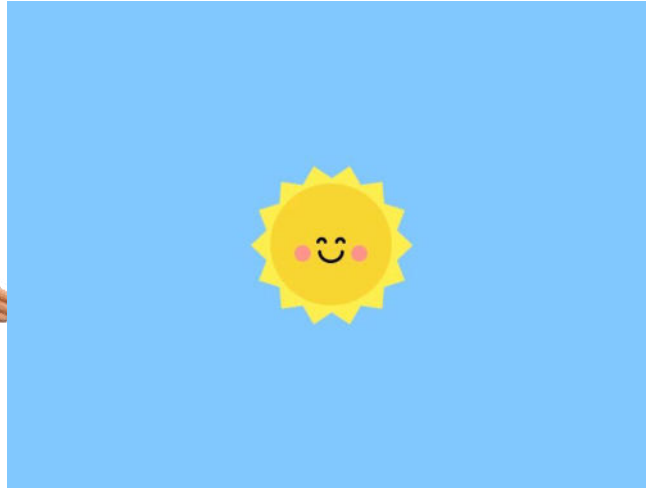
With Assistance

Eclipse

MOVE ARM OUT AND IN



Independent



With Assistance

Put On Our Space Suit

LEAN FORWARD AND SIT UP



Independent



With Assistance

Countdown to Blast Off!

FINGER STRETCH



Independent



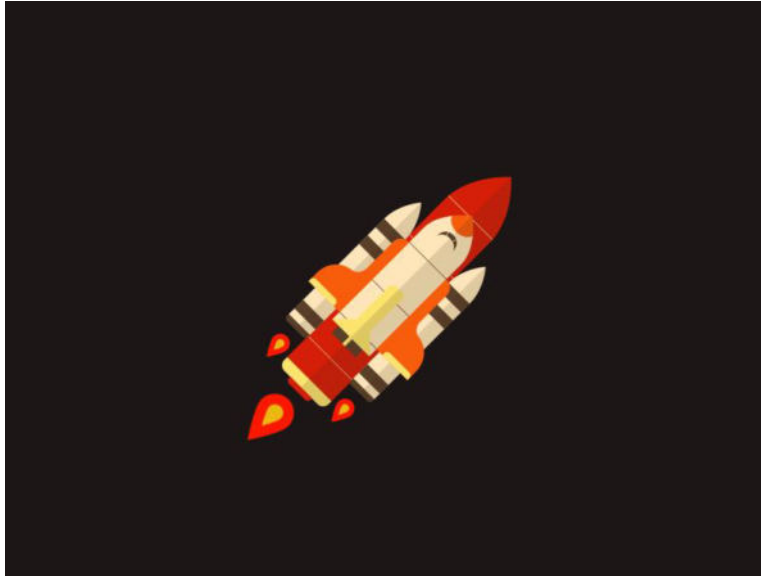
With Assistance

Flying Our Rocket

ARM(S) ABOVE HEAD
MOVE SIDE TO SIDE/FORWARD & BACK



Independent



With Assistance

Landing on the Moon

LEG (OR ARM) RAISES



Independent



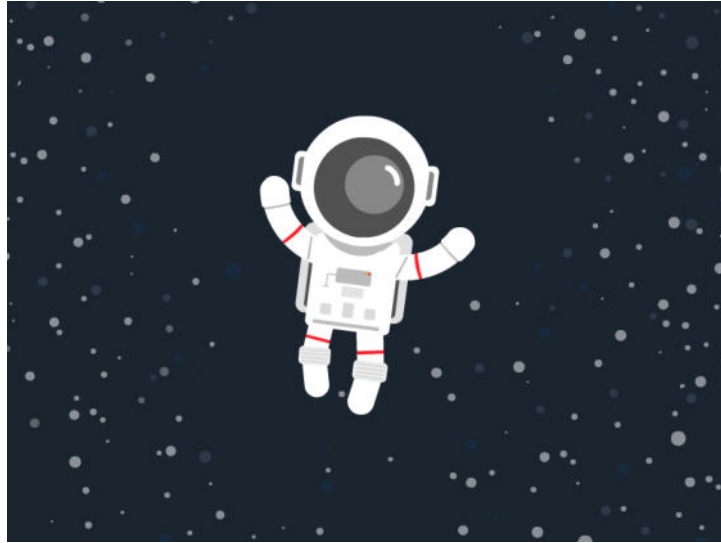
With Assistance

Floating In Space

SINGLE ARM OVERHEAD REACH



Independent



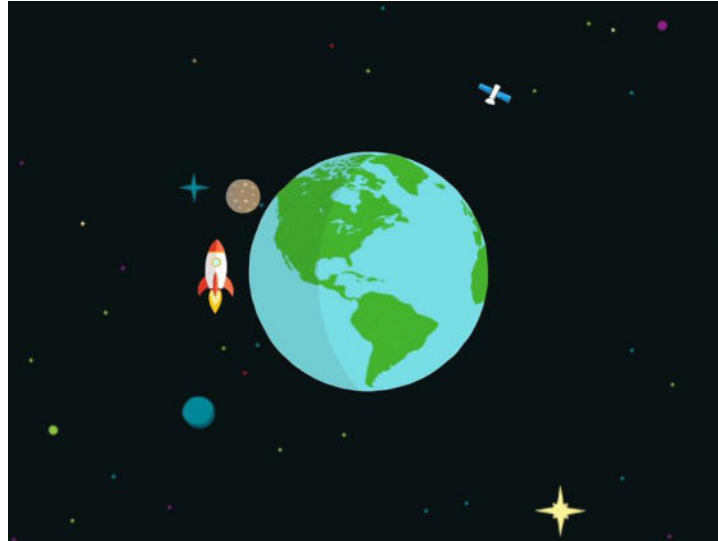
With Assistance

Looking Around Space

NECK STRETCH SIDE TO SIDE



Independent



With Assistance