



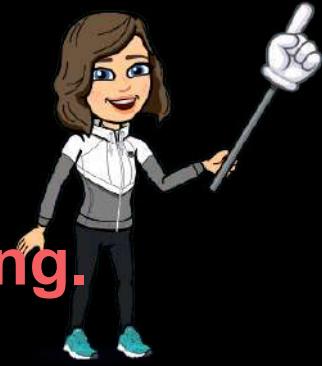
# Welcome to P.E.!!

Ms. C





**1. If the teacher's talking, you are listening.**



**2. If you have a question, raise your hand.**

**3. Water at the end of class**



**4. Keep hands and feet to self**



# Warm up: Dice Fitness



## Dice Fitness



A close-up, slightly low-angle shot of Sonic the Hedgehog's face. He has bright blue fur, large blue eyes, and a slight smile. The background is a bright, overexposed outdoor setting.

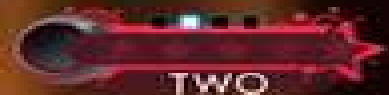
**PEFITNESSCHALLENGE**

**SONIC**

MR GARRISONS PE CLASS

Cool Down

**DYNAMITE**



**TAIO CRUZ**

# Mindful Minute:

