



SOCIAL MEDIA IN #PHYSED

How social media made me a better teacher.



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@physednow

WHY I USE SOCIAL MEDIA

- Professional Development
- Learn and Share New Ideas
- Learn and Share Best Practices
- Crowd Sourcing
- Have Meaningful Conversations about PhysEd



PLICKERS POLL

- A=I've heard of Twitter
- B=I've seen it, I know someone that uses it
- C=I have an account but rarely use it
- D=I post regularly





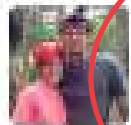
WHAT IS TWITTER?

- Twitter is an online social networking service that enables users to send and read short 140-character messages called "tweets".
- Real time information and updates
- Short and sweet messages, 140 characters
- Twitter is for everyone!

TWITTER CHALLENGE

- 14 Day Twitter Challenge - www.thepegeek.com
- Sign Up - www.thepegeek.com/day1
- Set up your profile
- Send your first "tweet" using #hisdhpe

TWEET BREAKDOWN



Jorge Rodriguez

@PhyisedNow

Dynamic Stretching Routine before we exercise

@HarvardSchool #physed #hisdhpe

vimeo.com/116874228

11 RETWEETS 6 FAVORITES



Jeff Jonaitis @youngphysed

1/15/15

@PhyisedNow @HarvardSchool also enjoyed the Doors video!



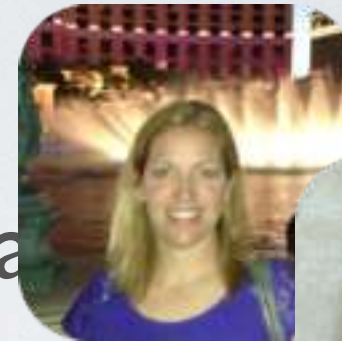
Lynn Burrows @Lovepeme

1/15/15

@PhyisedNow @HarvardSchool Great dynamic stretching ex! We all need to make the switch from static to dynamic prior to activity!

WHO TO @FOLLOW

- @PhysedReview
- @MissHartl
- @adamphowell
- @mrrobbo
- @JoeMcCarthy09
- @CollinBrooksie
- @SHAPE_America
- @LovePhyEd
- @AndyVasily
- @JoeyFeith
- @PHYSEDagogy
- @PhysEdNow



#HASHTAGS TO CONSIDER

- #HISDHPE
- #PhysEd
- #slowchatpe
- #pechat
- #pegeek



YOUTUBE CHANNELS

- Kevin Tiller
PhysEd Review
- PhysEd Games
- Joey Feith
The Physical
Educator
- Cosmic Kids
Yoga
- Speed Stacks
- PHYSEDAgogy
- Average Asian
Dude
- Jorge
Rodriguez
PhysEd Now



BLOGS AND WEBSITES

- physedagogy.com
- thepegeek.com
- thephysicaleducator.com
- physedreview.weebly.com
- sparkpe.org
- <https://sites.google.com/a/egsd.org/technology-in-physical-education/home>



THE POWER OF VOXER

- Voxer is a push to talk app and a voice messaging system
- Most powerful PD I have found
- Make groups, ask questions share ideas all in real time.
- More personal and meaningful conversations
- Jrod1371- lets create an HISD group





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