8th GRADE SOCCER STUDY SHEET

<u>Direct Free Kick:</u> A direct free kick is taken at the spot the penalty occurred and can be scored directly. A player is awarded a direct kick if they are: **1.** tripped by a member of the opposing team. **2.** The opposing team kicks or strikes another player, or attempts to kick or strike another player. **3.** The opposing team has a hand ball penalty. **4.** A direct kick is also awarded if the opposing team jumps at, holds, pushes or charges at the other team.

<u>Indirect Free Kick:</u> An indirect free kick must be touched by one other player before scoring. This kick is also taken at the spot the penalty occurred. A player is awarded an indirect kick: **1.** if the opposing team is off-sides. **2.** There is a dangerous play (raising the foot too high) penalty. **3.** Unsportsmanlike conduct (swearing, cursing, etc.); 4. The goalie takes more than 4 steps when handling the ball or goalie interference penalty. **4.** If a player charges a player who isn't in possession of the ball. **5.** If they obstruct a player without trying to play the ball, waste time, or for any unnecessary roughness.

Penalty Kick: A penalty kick is any infraction by a defending player who is in his own penalty area. The kick is taken from the penalty spot, and must be played forward. A goal may be scored directly. All players except kicker and goalie must stand outside the penalty area and arc, until the kick is taken. The goalie must stay on the goal line without moving his/her feet, until the kick is taken.

Corner Kick: A corner kick is when the defending player is the last person to touch the ball before it passes over the goal line. A goal may be scored directly. An attacking player (usually a wing) takes the kick from the corner closest to where the ball crossed the goal line.

<u>Goal Kick:</u> A goal kick is awarded when an attacking player is the last person to touch the ball before it passes over the goal line. A goal can not be scored directly. The goalie kicks the ball out from within the goal area.

Throw-in: A throw-in is awarded when the ball goes over the touchlines (sidelines). The team not last to touch the ball, throws the ball in with both hands behind the head and over his/her head, while both feet are on the ground, either on or behind the touchline.