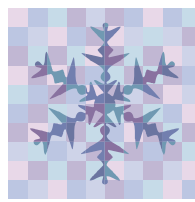
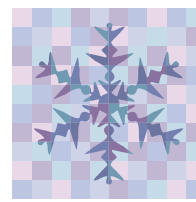


Snow Day #7



Mrs. Repl

Foods



Room E-100

Lesson #2

Student Name:

Block :

Blue

White

(circle one)

How Food Affects Life

(50 points)

Objective: After completing this assignment, students will be able to

- list cultural and social influences on food choices
- use the steps in decision- making process to make food choices

1. List several kinds of social situations you can identify that involve food. List at least ten.
2. Select one occasion or event that you associate with food. Discuss why you like this occasion or event. List the foods that you would have. Describe how this occasion or event would differ if the foods were not available.
3. Discuss how eating habits have changed with your family in the last ten years. Is there more snacking? Does your family eat out more or less? Do family members eat fewer meals together?
3. Document all the food advertisements that you see while you are watching television. (Use a minimum one hour viewing period) List the food that is being advertised. What do you remember about the food? Did the advertising influence you to buy the product?
4. Identify an occasion or event that you could possibly host. Discuss the details that you would have regarding the menu. Include a list of foods that you would have and select one recipe that we have prepared in class that you could include in the menu. What would be the most difficult task you would have to complete for this event to be a success?