

Kegonsa Family Newsletter

September 21st, 2018

<https://www.youtube.com/watch?v=813oNetsWEo&feature=youtu.be>



Happy September!





We have had a fantastic start to our school year! Our students have been jumping into learning and our school routines at such a fast pace. We all feel so grateful to be able to spend time with each of your students.

A couple of events coming up:

1. Monday, September 24th - **All school picture** right away in the morning
2. Friday, October 5th - **Gilly Gran Prix** school fun run
3. Tuesday, October 2nd - **PLAY 60 Fall Camp with Green Bay Packers!** (Grades 2-5)
4. Monday, October 8th - **Picture Retakes**
5. Tuesday, October 9th **Bridging Brighter Smiles**

Have a lovely fall weekend,

Erin

Kegonsa FAMILY Calendar				October 2018		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 D	2 A  Fall Camp by Play60 11:20 am - 1:30 - grs. 2-5	3 B	4 C	5 D  Gilly's Grand Prix	6
7	8 A Picture Retakes	9 B Briding Brighter Smiles WFK Meeting 6:15 p.m. LMC	10 C	11 D	12 A	13
14	15 B	16 C	17 D	18 A	19 B	20
21	22 C	23 D	24 A  EVENING CONFERENCES 4:00-8:00 p.m.	25 EARLY RELEASE 11:00 a.m.  CONFERENCE 12:00-8:00 p.m.	26 NO SCHOOL	27
28	29 B	30 C MSO Hunt Quartet Visits (Morning)	31 D			



Shout outs to Kegonsa Staff, Families and Students

One way that we like to promote community at Kegonsa is via shout outs. Have you seen something that you would like to recognize? Click this [link](#) and send a shout out to someone who deserves recognition.

SEEKING DONATIONS AND VOLUNTEERS FOR OUR BIG SCHOOL FUNDRAISER!



1st Annual Gilly's Grand Prix

October 5, 2018

This year, Kegonsa Working For Kids will be holding the 1st Annual Gilly's Grand Prix. Our goal is to make this the major fundraiser of the year. There is **NOTHING TO SELL** and all the money earned goes directly to our school. To accomplish this, we **NEED YOUR HELP!**

VOLUNTEER TO HELP

COMMITTEE MEMBERS: Help plan and organize Gilly's Grand Prix over the summer. We are looking for help collecting prizes and sponsorships, organizing day-of snacks, sales and spirit activities, and more.

DAY-OF VOLUNTEERS: Sign-ups to help count laps and work water and snack tables will be distributed in September. Mark the date on your calendar now!

PACKETS COMING HOME TODAY!



All About Gilly's Grand Prix

What is Gilly's Grand Prix?

- A school wide event on October 5th, 2018 in which all students and staff participate.
- A new approach to fundraising that avoids selling products and directs ALL profits back to the school.
- Working For Kids Fundraiser, where students are encouraged to get pledges and run laps to raise money for Working For Kids programming. This year funds will be used to revamp the outdoor learning space and support classroom needs.

What are the goals of Gilly's Grand Prix?

- To fund Working For Kids programming, including teacher allowances, assemblies, classroom technology, field trip opportunities and new playground equipment.
- To include the entire Kegonsa Elementary community in a fun and healthy activity.
- To be successful enough to make this the major Working For Kids fundraiser of the year.

What do students do for Gilly's Grand Prix?

- Use the online pledge system and/or the pledge envelope to collect sponsors for Gilly's Grand Prix.
- Run/walk a looped track on the school field for 20 minutes on the Gilly's Grand Prix day. Each session of Gilly's Grand Prix takes 1 hour, with time to get on the field, warm up, run, cool down and have a post-race snack.
- Have a ton of fun, whether or not they have pledges.

What do parents/guardians do for Gilly's Grand Prix?

- Help your student get sponsors before Gilly's Grand Prix.
- Volunteer the day of Gilly's Grand Prix.
- Dress your student appropriately for running and the weather the day of Gilly's Grand Prix.
- Support their students with words of encouragement and by cheering from the sideline as they participate in this fun and healthy fundraising event. Signs, crazy outfits, and noisemakers are welcome!
- Help your student collect pledges, fill out raffle tickets and thank their sponsors after Gilly's Grand Prix.

What do students get from Gilly's Grand Prix?

- An understanding of the fun and importance of exercise.
- An appreciation of teamwork and the strong school unity at Kegonsa Elementary.
- A t-shirt and healthy snack on Gilly's Grand Prix day.
- A chance to win fantastic prizes.

What about pledges?

- Sponsors can pledge an amount per lap or a set amount.
- Working For Kids is a 501(c)(3) organization and donations are tax-deductible. For donations less than \$250, a cleared check serves as a receipt. A receipt will be sent home for donations greater than \$250 or by request.
- If your family prefers not to solicit pledges, please consider making a donation to Working For Kids.

What happens after Gilly's Grand Prix?

- A packet telling how many laps your student ran will come home on race day.
- Students should collect outstanding pledges, with checks payable to Working For Kids.
- Turn in pledges in the pledge envelope by October 12, 2018.

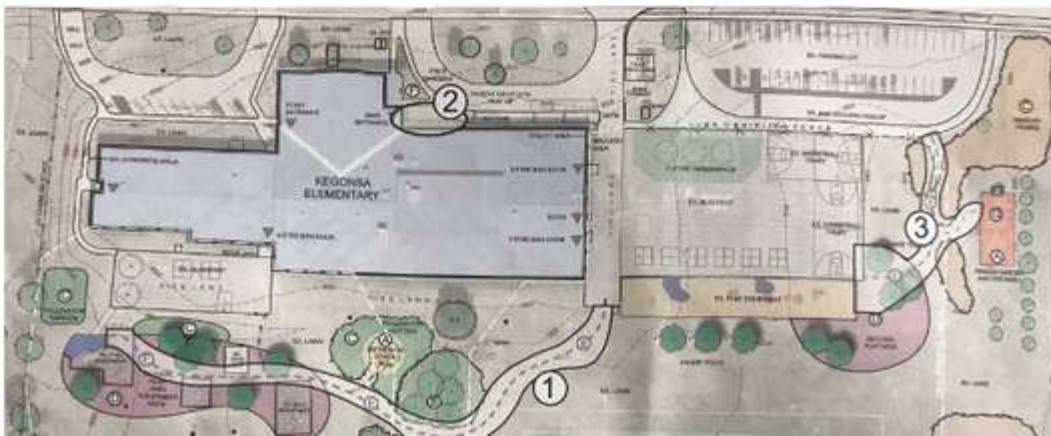
About the Outdoor Classroom

Beginning June 2018, Kegonsa Elementary will be partnering with ZDA, Inc., outdoor design company, over the next several years to bring even more beauty and creativity to our amazing "backyard" at Kegonsa. We hope to engage our children in a curiosity-inspiring landscape and outdoor classroom.

Our current space includes: a community garden, benches handmade by the Stoughton Leadership Group, fruit and flowering trees planted yearly by the kindergarten team, and a shaded area with log stools for unique seating.

Our plans with ZDA, Inc. include: a new path (funded by S.A.S.D) that will meet ADA requirements for children of differing abilities, several sunny/shady gathering spaces, several natural play areas, a sensory garden, prairie garden, and more. Natural play area ideas are endless and ideas include a music and movement station, natural art station, wood or other natural step area, boulders, a water feature, tunnels, talking tubes, even a butterfly garden. These will be determined and added as funds become available over time.

Please consider making this dream a reality for both the current and future children of Kegonsa Elementary by sponsoring "Gilly's Grand Prix." And if your business is able to donate more or less than the recommended level amount, please give as you are able.



Picture Retakes

Lifetouch will be at Kegonsa School for picture retakes and pictures for students that did not have their picture taken during Central Registration on:



MONDAY, OCTOBER 8, 8:30am—11:00am

- Students having their pictures retaken must bring their picture package to school and turn it in to the photographer.
- New Pictures: If you did not have pictures taken, and you would like to have your child's picture taken and purchase a picture package, you may pick up an order form in the office or request one sent home with your student.

If you want your child's picture to appear on the class composite and yearbook, but do not want to purchase a picture package, your child may have their picture taken at no cost.

Bridging Brighter Smiles

Bridging Brighter Smiles will be back for the 2018-19 school year to provide preventative dental care right at Stoughton Schools. A visit is scheduled at Kegonsa School on Tuesday, October 9.

If you would like to complete an updated form for the 2018-19 school year, or for more information, please click [here](http://www.bridgingbrightersmiles.org). Forms can also be found in every school office. Completed forms can be returned to the school office or emailed to www.bridgingbrightersmiles.org or faxed to Bridging Brighter Smiles at 262-347-4449.



More Questions? Call Bridging Brighter Smiles at 262-896-9891.
www.bridgingbrightersmiles.org

Art to Remember

Hello Amazing Families!

Our students are working hard on their projects for Art to Remember and I cannot wait for you to see their work!

Art to Remember is an art fundraiser for our school where the artwork that your student makes can be purchased on several items, such as tee shirts, key chains, water bottles, notebooks, etc. Order forms will be sent home with students on or around November 1st. Forms are due back to me (Mrs. Olson) no later than November 9th. The products that you order will arrive at the school in early December and will be sent home with your student.

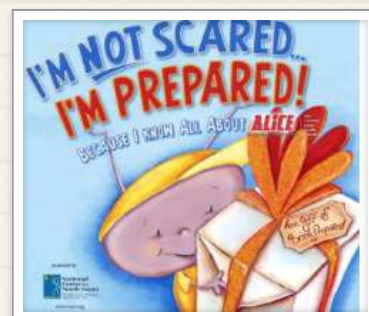


Please do not hesitate to message me or email me for more information.
Have a great week! - Mrs. Olson

Safety Training at Kegonsa

Dear Kegonsa Families,

Stoughton Area School District staff will be providing K-12 student training around A.L.I.C.E. along with safety evacuation drills. While the delivery method and complexity of the presented material will look different at Kindergarten than 12th grade the same core messages will be shared. Kegonsa Elementary staff will be conducting a safety evacuation drill and providing the student training for ALICE this fall.



You are in a safe school and we know how to respond should it become unsafe.

Alert: Stop, look and listen. Be aware of your surroundings in and out of school. If something doesn't feel right tell a trusted adult.

Lockdown (Enhanced): One way to stay safe is to close the doors of the classroom, block entrances and be quiet.

Inform: If you hear something that might be important, tell a trusted adult. Don't keep it inside. Tell others what you know. It's better to say something than not.

Counter: If the trusted adult tells you to do something like run or throw something, listen to the adult. (K-5 we will not be actively talking about countering, again it will be more about

listening to trusted adult)

Evacuate: If a trusted adult tells you to leave the room or building follow adult direction without hesitation. You can ask why later.

Please feel free to contact me with questions or concerns. Grateful for your continued collaboration. - Erin Conrad, Kegonsa Principal

ATTENDANCE MATTERS!

**Help Your Child Succeed in School:
Build the Habit of Good Attendance Early**
School success goes hand in hand with good attendance!

DID YOU KNOW?

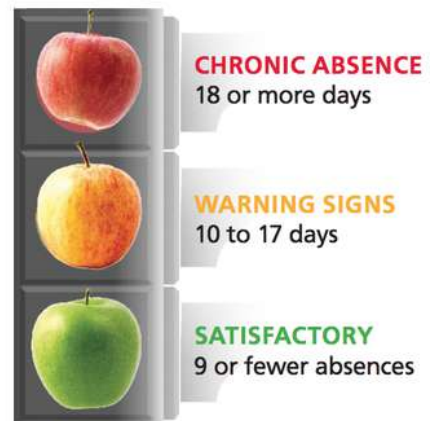
- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

MEET OUR TEAMS!



Kindergarten



1st Grade



2nd Grade



3rd Grade



4th Grade



5th Grade



MAPEL

Music
Art
Physical Education
Library



**Student
Services/Learning
Strategist**



Custodial



Food Service



Gilly



Front Office

After School at Kegonsa has openings (and scholarships!)



ENROLL TODAY!

Kegonsa Elementary After-School Gilly's Squad

August 13th, 2018

The Stoughton Community Recreation Department is thrilled to announce that it will be offering after school care at Kegonsa Elementary this year for all school age children. Care will be offered either 3 or 5 days away from 3:05-5:45 p.m. at Kegonsa. Enrollment is limited to 40 students, so sign up today.

Why Gilly's Squad?

- ☐ No bus ride off-site, students get to stay in the school they know well
- ☐ Students that participate in Gilly's Squad, will be able to easily participate in all after school clubs!
- ☐ High-quality caring staff
- ☐ Affordable with scholarship opportunities
- ☐ Vacation day programming

Reserve your spot now! Programming starts
Wednesday, September 5th!



Stoughton
PARKS & RECREATION



Questions? Please Contact: Kourtnei Barnes, Recreation Supervisor, Stoughton Parks and Recreation, 608-873-6746 or kbarnes@ci.stoughton.wi.us

First Annual – Family Fitness Night was a smashing success!

A big thanks to our school team who organized our family fitness night. Kids and families had the opportunity to try yoga, karate with Kicks Unlimited, Strong Kid station with Primal Fitness, hula hooping, basketball and more!



NBC Shout Outs!

We filmed grade level shout outs last week and they will be live on the following dates. Look for Kegonsa on NBC 15!

- K - Sept. 24
- 3 - Sept. 27
- 5 - Oct. 4
- 2 - Oct. 8
- 4 - Oct. 10
- 1 - Oct. 16



Tip – Help children develop self-control and manage feelings effectively

Why? Often the ability to care for others is overwhelmed by anger, shame, envy, or other negative feelings.

How? We can teach children that all feelings are ok, but some ways of dealing with them are not useful. Children need our help learning to cope with feelings in productive ways.

Try this:

1. **Identifying feelings.** Name for children their difficult feelings such as frustration, sadness and anger and



encourage them to talk to you about why they're feeling that way.

2. **3 steps to self-control.** A simple way to help children to manage their feelings is to practice three easy steps together: stop, take a deep breath through the nose and exhale through the mouth, and count to five. Try it when your child is calm. Then, when you see her getting upset, remind her about the steps and do them together.
3. **Resolving conflicts.** Practice with your child how to resolve conflicts. Consider a conflict you or your child witnessed or experienced that turned out badly, and role play different ways of responding. Try to achieve mutual understanding—listening to and paraphrasing each other's feelings until both people feel understood. If your child observes you experiencing a difficult feeling and is concerned, talk to your child about how you are handling it.
4. **Clear limits.** Use authority wisely to set clear boundaries. Explain how your limits are based on a reasonable and loving concern for your child's welfare.

Raising a caring, respectful, ethical child is and always has been hard work. But it's something all of us can do. And no work is more important or ultimately more rewarding

"Feelings are mentionable and manageable" – Fred Rogers

<https://www.youtube.com/watch?v=qdcEGvk5764>











Counseling Corner

Check out Mr. Schultz's new [Counseling Corner Website](#). It will contain all things counseling that are going on at Kegonsa along with other awesome information. Make sure to check out the blog for frequent and regular updates, enjoy :)

Hello Kegonsa Families and welcome to the 2018-2019 school year!

We wanted to take the time to introduce our specialist and student services team as well as provide information on our social emotional instruction. - Erin Conrad, Principal

Meet our specialist and student services team!

 Dean of Students ~ Katie Sannes katie.sannes@stoughton.k12.wi.us Phone: (608) 208-3468	 School Counselor ~ Jake Schultz jake.schultz@stoughton.k12.wi.us Phone: (608)877-5229
 School Social Worker ~ Kayla McDermot Phone: 608-440-0270 kayla.mcdermot@stoughton.k12.wi.us	 School Psychologist ~ Kate Wiersma kate.wiersma@stoughton.k12.wi.us Phone: (608) 877-5206
 Reading/Instructional Coach ~ Jen Hopper jennifer.hopper@stoughton.k12.wi.us Phone: (608) 877-5281	 Math/Instructional Coach ~ Jim Jones james.jones@stoughton.k12.wi.us Phone: (608) 877-5281
 Advanced Learner Specialist ~ Sara Kolff Phone: 877-5000 x5149 sara.koloff@stoughton.k12.wi.us	 English Language Learner~ Claire Breitsma claire.breitsma@stoughton.k12.wi.us Phone: 877-5000 x5535

Kegonsa Building Security

The safety of our students is a top priority in the Stoughton Area School District. As a part of our ongoing efforts to improve safety, we have secured entrances and a computerized school visitor management system. Our goal is to maximize safety for our students and minimize the inconvenience to our visitors as much as possible.

Secured entrances

All of our doors will be locked during the school day. When a visitor comes to the building during the school day, he/she will enter the first set of doors into a vestibule. Once inside the vestibule, there will be a small camera and buzzer to alert the main office of your arrival. At this point, the visitor will wait for an office staff member to buzz him/her into the building. Once buzzed into the building, the visitor will proceed to the office.

Raptor

Once a visitor enters the office, he/she will present a state issued identification to an office staff member. If it is the visitor's first time visiting a building, his/her ID card will be scanned into Raptor. Raptor collects the ID photo, name, date of birth, and first four digits of the license number on the identification to perform an instant sex offender background check against databases in all 50 states. Once that person's ID is scanned, he/she is entered into the system. The office staff member will identify whether the individual is visiting the building or

volunteering in a specific area or classroom. Once this information is entered, a visitor badge will print out with the visitor's name, picture, and destination in the building. When the visitor is leaving, he/she stops back in the main office to check out.

Future visits to that building will not require the added step of ID scanning. Raptor will use the information saved from the ID scan to perform a background check with each subsequent visit. The scanning process is very quick and will need to be done the first time visiting each building within the district.

If an adult is planning to chaperone a field trip (day trip or overnight trip) or are driving students they will have to fill out a [paper background check form](#) and submit it to the business office. We will be using Raptor to track both visitors and volunteers in our buildings.

FOOD ACTION DAY A SUCCESS!

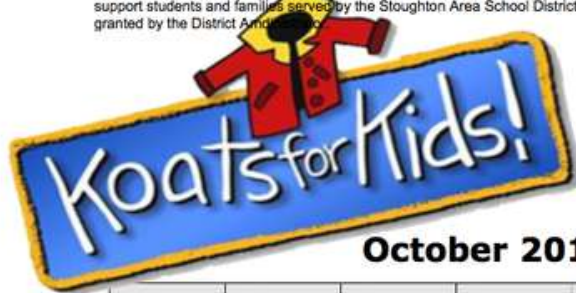


Little Free Pantry

Check out our new food pantry!
This food is for our
community....!



GIVE A COAT...NEED A COAT?



**Community Action Coalition For
South Central Wisconsin, Inc.**
1717 N. Stoughton Rd.
Madison, WI 53704
608.246.4730 Ext. 229
www.cacscw.org

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
	CLOTHING CENTER CLOSED					
14	15	16	17	18	19	20
		KOATS 10-3	KOATS 10-7	KOATS 10-3		
21	22	23	24	25	26	27
		KOATS 10-3	KOATS 10-7	KOATS 10-3		KOATS 10-3
	29	30	31			
		KOATS 10-3	KOATS 10-3			

PROGRAM REQUIREMENTS
To qualify you must be low-income and to register you must have identification for each person in your household that is in need of a coat.
Accepted forms of identification
• Social Security Card • Insurance card
• Photo Identification • Medical Card

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				KOATS 10-3		KOATS 10-3
4	5	6	7	8	9	10
		KOATS 10-3	KOATS 10-3	KOATS 10-3		
11	12	13	14	15	16	17
	CLOTHING CENTER CLOSED					



Sign up now for Family Fab Lab Workshops

Slots are now available for the first Family Fab Lab Workshops of the 2018-19 school year.

Families can sign up for workshops on either October 10 or 17.

In the October 10 workshop, participants will be able to use the technology in our District Fab Lab to silk screen T-shirts (please bring your own shirt), while in the October 17 session they will

be to make a laser-engraved pumpkin. Both workshops will go from 6 to 8 p.m.

Family Fab Lab Workshops are for students in grades 4 through 8, but each child must be accompanied by an adult. The program is free, but slots for these workshops are limited and provided on a first-come, first-serve basis. [To sign up for either workshop, visit the online registration form HERE.](#)



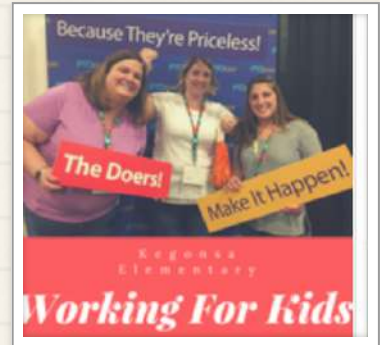
Working For Kids

WKF Leadership

Angie Kettner, Kelly Harrington, Jenn Kotajarvi, Pamala Goecks, Tiffany Greenheck

Upcoming Meetings: 6:15--7:15 in the Kegonsa Library/Free Childcare

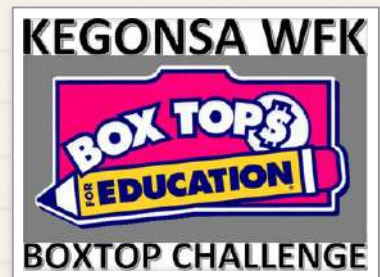
October 9th, November 13th, December 11th, January 8th, February 12th, March 12th, April 9th, May 14th



Box Top Challenge!

The first Box Top Challenge of 2018-19 starts right now!! WFK is once again challenging each student to collect Box Tops for their class through Monday Oct 23rd.

The class that collects the most Box Tops will receive a special prize! Each classroom has a Box Tops collection sheet that can be filled with 25 Box Tops per sheet.



Snip, clip and have your children bring them into school on or before October 23rd!! Check your cupboards & pantry for food and cleaning products with Box Tops!! Ask friends and family for theirs too!

Staff Snack Day – Snack Donation Requested

The last Friday of the month we'll focus on re-energizing our staff and replenishing the staff lounge. Please consider helping out! [Sign up here!](#)



*Homemade or store bought are both fine.

*Please be sure to check in at the office and then take your item to the staff lounge.

*If you have Tupperware or dishes you'd like back, please be sure to label them and pick them up at the end of the day.

*Please e-mail us if you have any questions either through this site or at kegonsawfk@gmail.com

FALL DANCE – SAVE THE DATE (NOVEMBER 2ND)



Kegonsa Working For Kids added an event.



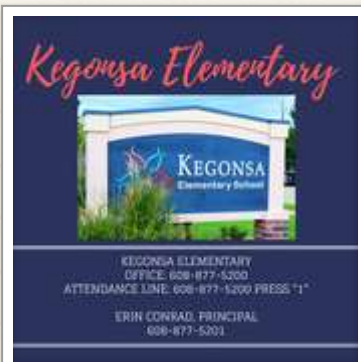
September 14 at 10:59 AM · 🌐

Join us for dancing in the gym! Costumes are welcome. We'll also have a room for quiet activities; a movie, reading & coloring. We'll also be offering a bake sale.



FRI, NOV 2 AT 5:30 PM

Fall Family Fun Night



Kegonsa Elementary School

Facebook @WeAreStoughton

Ms. Conrad, Principal (877-5201)

Ms. Sannes, Dean of Students

Mrs. Moe, Admin Assistant (877-5202)

Mr. Schultz, School Counselor (877-5229)

Ms. McDermot, School Social Worker

Ms. Wiersma, School Psychologist (877-5206)

Mrs. Wirag, Health Assistant (877-5204)

Kegonsa Elementary School, V...

608-877-5202

erin.conrad@stoughton.k12.wi...

stoughton.k12.wi.us/page.cfm...