

SINGLE BALANCES



HALFWAY
HANDSTAND



BROKEN
CANDLESTICK



SPLIT
STAND



THE PEG LEG



THE ANKLE
HOLD



PLANK



SIDE
PLANK



ELBOW
STAND



SUNSHINE



BRIDGE



TOE TOUCH



SITTING
TOE TOUCH



CRISS CROSS
APPLE SAUCE



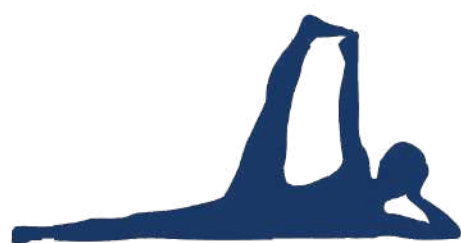
WARRIOR



SIDWAYS
STRETCH



DAZZLER



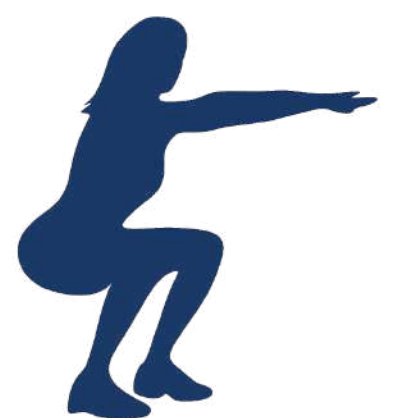
LAZY
TOE TOUCH



TOE POINTER



SPLIT



AIR CHAIR



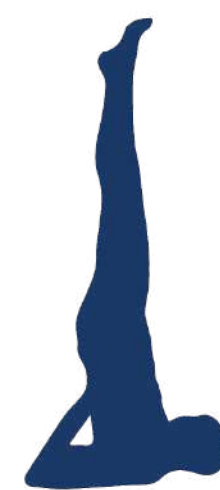
HANDSTAND



HEADSTAND



TRIPOD



CANDLESTICK



HANDSTAND
STRADDLE