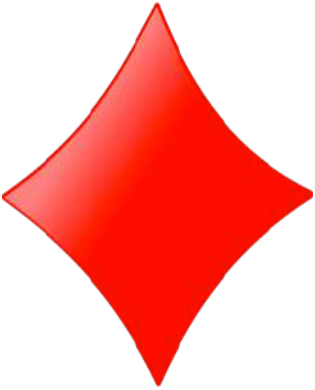


Shuffle the Deck



Jump Squats



Star Jumps



Jumping Jacks



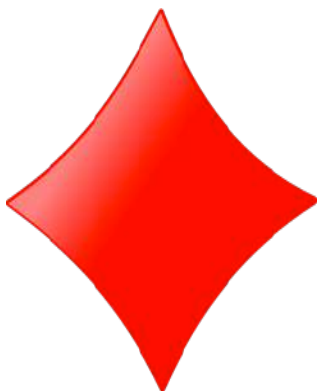
Burpees

Ace= 11, Jack,
Queen, King=12

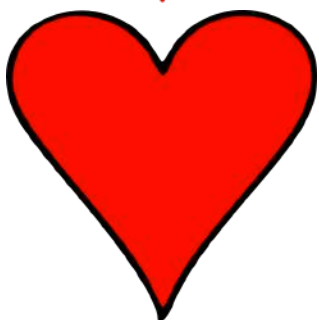
Card Sharks Basketball Passing



Bounce Pass



Chest Pass



Overhead Pass



Make A Basket

Ace= 11, Jack, Queen, King=12

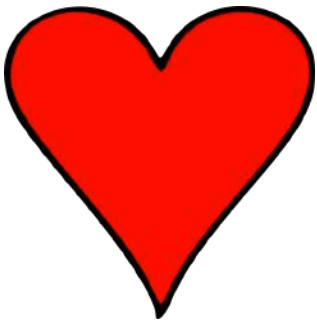
Card Shark Soccer



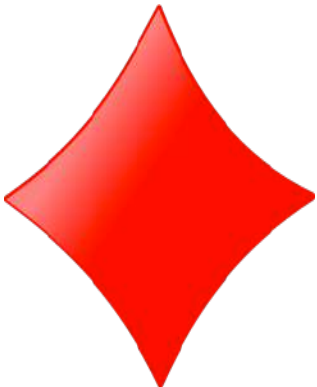
Toe Taps



Traps with a
Partner

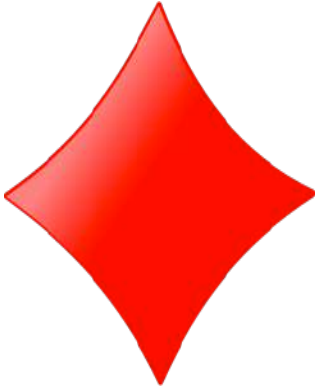


Kicks to Wall

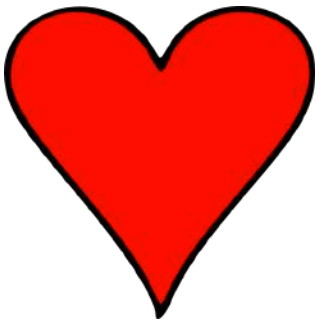


Dribble Around
a Cone

Basketball Card Sharks K-1



Bounce Pass 10 times



Dribble 10 times



Try to make a 10 baskets

