Shakopee Girls Tennis

tall 2014 eason



Eligibility Ticket

• If you haven't already, please read through the "Policies and Procedures" and fill out the eligibility ticket at the end to turn in.

• Schedules for all three teams can be found on the activities/athletics page on the Shakopee website.

Coaching Staff

- Varsity Head Coach Jenny Arnfelt
- Junior Varsity Coach Rob Wagener
- East Junior High Coach -
- West Junior High Coach Mara Sonday

- •6th graders:
 - •6th graders MUST play on the Junior High team (MSHSL rule)
 - The coaches do a nice job matching up players with similar ability levels as often as possible (practices and matches)
 - 6th Graders will be bussed to West Junior High for both practices and home matches. They will also be bussed to away matches and back.

- •7th and 8th graders:
 - •7th and 8th graders will play on the Junior High team unless they make Varsity.
 - 7th and 8th graders from East will be bussed to West Junior High for practices and home matches. Also, all Junior High team members will be bussed to away matches and back.
 - 7th and 8th graders who make Varsity will be bussed from the Junior Highs to the High School for practices and matches.

- 9th 12th graders:
 - •9th 12th graders will play on the Junior Varsity team unless they make the Varsity team.
 - •9th graders will be bussed from their Junior High to the High School for practices and home matches. Also, all Varsity and JV players will be bussed to away matches and back.

- 9th 12th graders:
 - The Varsity team is made up of the 12-14 girls in grades 7-12 who give the team the best change at winning.
 - We will utilize challenge matches to help determine the Varsity team. However, the final decision lies within the coaching staff.

Lettering Requirements

- In order for a player to earn a varsity letter, she must accomplish one of the following:
 - •Play in at least 75% of the varsity matches.
 - Appear on Official Post-Season Tournament line-up.
 - Complete four or more seasons on the team and complete her senior season in good standing.

Riding Home With Parents After An Away Match

- It is required that all players must return on the bus unless cleared by the coaching staff before or at the match.
 - There needs to be a <u>handwritten note</u> <u>from a player's parent(s)</u> in order for that player to ride home with her parents.
- No players will be allowed to return with another player's parents.

Class, Team, Effort

Class

- Each team should represent Shakopee Public Schools and the Shakopee Tennis Program in a positive way.
- Show sportsmanship and leadership at every level.

Team

- There is a strong emphasis on "team" when playing for Shakopee Tennis.
- Coaches, players and families should keep a "play as a team" mentality throughout the season.

Effort

 Players will show full effort and preparedness at each practice and match.

Practices and Matches

- Junior High Team
 - Practices will be at the Junior High from 3:00-4:30pm Monday-Friday on non-match days.
 - All practices and matches are mandatory. However, we are lenient when it comes to excusing absences on the Junior High Team. Please communicate with the coaches in advance if you have conflicts.
 - Home matches are scheduled to begin at 4:00pm. However, once both teams are ready, we usually begin the match. Sometimes we start at 3:30pm or earlier. The coaches will talk before the match to decide on the format.

Practices and Matches

- Junior Varsity Team
 - Junior Varsity practice is at the High School from 3:45-5:30pm on non-match days.
 - All practices and matches are mandatory. However, we are lenient when it comes to excusing absences on the Junior Varsity Team. Please communicate with the coach in advance if you have any conflicts.
 - Home matches are normally split between the High School and West Junior High. The coaches will talk the day of the match to decide on the format.

Practices and Matches

Varsity Team

- Varsity has practice at the High School from 3:45-5:30pm.
 However, players tend to stay past that time.
- All practices and matches are mandatory. Because we have a focus on winning with the Varsity team, a high level of commitment is expected. One unexcused absence is a minimum of a one-match suspension. A second unexcused absence will lead to removal from the Varsity team.
- Unexcused vs. Excused Absences: If you are on Varsity, tennis should be #4 in your life for the season. Guidelines for excused absences (in no particular order):
 - Family
 - School
 - Religion

Varsity Match Format

- The Varsity format is 4 singles players and 3 doubles teams. Those 7 matches decide who wins each Varsity match. We will also usually have one or two exhibition matches.
- Every Varsity player is expected to stay at each competition until <u>ALL</u> matches are complete and have been told from the coaches they may leave.
- Showing support for teammates through good sportsmanship is expected from each player.

First Week

- August 11-14
 - Varsity Tryouts: Any players in grades 7-12 interested in trying out for Varsity.
 - Monday-Thursday: 9:00am-12:00pm at the Shakopee High School Courts.
 - We are planning to have players on their teams by Friday, August 15th.
 - The Varsity and JV teams have a tournament in Mankato on Friday, August 15th.
 - The first JV practice will be Wednesday, August 13.
- All 9th and 11th graders will need to complete concussion testing on Wednesday, August 13 at Shakopee High School at 7:45am before tryouts.
- Junior High's first practice Tuesday, August 26th
 - Pre-season Junior High Sports Meeting: Tuesday, August 19th at 6:00pm at Shakopee High School.

Parental Involvement

- Support the decisions of the coaching staff.
- During match play:
 - Cheering and showing support through good sportsmanship is encouraged.
 - Coaching is not allowed from anyone other than the coaches.
- How to communicate with the coaching staff:
 - Telephone calls will only be accepted to schedule an inperson appointment to talk.
 - Discussions will be conducted in person, at a time that is agreeable to both parties.
 - Discussions between parents and coaches will not occur immediately after matches.
 - Discussions will not be confrontational and will not be held against players.

Uniforms

- We have the same uniforms this season as last season.
- Varsity will need to have: Red Shirt, Black Long Sleeve and Black Skirt.
- JV/Junior High will need: Red Shirt, Black Skirt
- **These will be distributed to the girls during the first week of practice for each team.

Questions?