

# Sewing Safety

1. Being safe and using equipment safely is of the utmost importance in the lab.
2. Report all accidents and injuries to your teacher no matter how small they appear to be.
3. Report all broken or damaged equipment, tools, or machines to the teacher right away.

## Equipment

1. Keep pins in the cushion or magnet. Never in mouth or clothes.
2. Be careful not to drop pins.
3. Needles must be used for sewing purposes only and are to be given back to the teacher at the end of every class.
4. Keep shears and scissors closed when not using.
5. Pass a sharp object, handle first, to another person.
6. All equipment must be carried. We do not throw, slide, or toss equipment in the room.

## Iron

1. Don't touch a hot iron except on the handle.
2. Keep your fingers and face away from steam.
3. Locate the iron cord so that the iron will not be accidentally pulled off the ironing board.
4. Rest the iron on its heel when not in use.

Everything must be cleaned up before leaving class (all equipment put away, nothing on the floor)

I have read the above rules and will obey them or risk being moved from using the sewing equipment.

---

Students signature

---

Date

# Sewing Safety- Rules for the sewing machine

The procedures and rules for using the sewing machines are:

1. Before beginning to sew, pull threads UNDER and BACK behind the presser foot about 3 to 4 inches.
2. The hand wheel always turns toward you, even when stitching in reverse.
3. Keep fingers several stitches away from stitching line; keep them flat on the machine to the sides of the presser foot
4. The presser foot must always be in the “down” position for sewing.
5. Don’t force or pull the fabric- the machine will feed automatically.
6. Use the thread cutter to cut thread tails or trim threads with scissors as you work
7. The take up lever should always be at the “top” when beginning and ending line of sewing.
8. Report any repairs needed.
9. Maintain a slow and even speed with the foot control.
10. Watch the seam guide as you sew (NOT THE NEEDLE) to produce an even sewing line.
11. When stopping in the middle of a line of sewing put the needle down into the fabric to prevent thread loops.
12. Keep the bulk of the fabric to the left of the needle when sewing so you can see the seam guides on the needle plate.
13. Do not sew over pins.
14. No power driven machine may be started or used when the teacher is not in the room.
15. The operator is the only person at the machine. You may not carry on conversations when you are sewing at the machine.
16. All machines and sewing equipment must be put away at the end of the class.

I understand the sewing machine is a very powerful and expensive piece of machinery. I will use the machine as instructed. By not following these directions I may risk bodily injury and will forfeit the privileges of working on the machine. I will be given worksheets to make up for projects that I have not completed.

STUDENT SIGNATURE \_\_\_\_\_ DATE : \_\_\_\_\_