

# Physical Education

## PHYSICAL EDUCATION AT LIBBEY

The philosophy of Libbey's Physical Education program is to develop both the mind and body through movement. Physical Education is an integral part of your child's education that contributes to his/her growth and development. It is my goal to give your child a positive P.E. experience and to help him/her gain an appreciation of the importance of staying healthy through lifetime fitness and skill development.

We use the SPARK curriculum with supplemental materials throughout the year which supports our philosophy of PE. Students will be assessed throughout the year on their proficiency of the three Wyoming PE Standards that focus on Movement, Fitness, and Personal Social Behavior.

Students attend PE two times a week for 30 minutes each session. Our lessons typically have a greeting, warm-up, fitness activity, lesson focus, and a game. Yes, we are awesome and can get that all done within 30 minutes!

I invite you to come and actively participate with your student and see how exciting PE actually is!

September 23rd-27th:

**"Take Your Super Hero to PE Week"**

Please be on the lookout for more information regarding this event.

### Bulldog Walking Club

Each week students will be able to come out and walk during lunch recess. We will keep track of their laps walked and students will be able to earn walking tokens throughout the year. We will have special walks as well where they can earn special themed tokens!



YES!



YES!

## What days does your child have PE Class?

Teacher	Days of the Week
Goertz	Monday and Friday
McDaniel	Monday and Wednesday
McKain	Wednesday and Friday
Vaughn	Tuesday and Thursday
Wilhelm	Tuesday and Thursday
Dean	Monday and Wednesday
Lucas	Monday and Friday
McKee	Tuesday and Friday
Preuit	Tuesday and Thursday
Cartwright	Monday and Wednesday
Hendren	Tuesday and Thursday
Jeffries	Tuesday and Wednesday
Tatro	Monday and Thursday

## Who is Mrs. Fitzwater???

My name is Jodie Fitzwater and I'm the Physical Education teacher at Libbey. I am originally from Arizona and moved to Wyoming in 2011. I graduated from Arizona State University and taught in AZ for 10 years prior to staying at home with my kiddos. After our move, I have been teaching for 7 years now here in Wheatland.

I thoroughly enjoy my job and love watching students have fun learning through movement. If you ever have any questions or concerns, please contact me at:

[Jodie.fitzwater@platte1.org](mailto:Jodie.fitzwater@platte1.org) or 307-322-3836

