September 2024

North Bolivar Consolidated School District Lunch Menu – Grades Pre-K thru 8th **Child Nutrition Department**

Bacon Cheeseburger

Chef Salad W/Crackers

Seasoned Fries

BBQ Baked Beans

Carrots with Ranch Dip

Blushing Pears, Fresh Fruit

Mandarin Oranges

Ketchup, Mustard, Mavo

Variety Milk

Chocolate Chip Cookies

Stuffed Crust Pizza

Meat Lovers Pizza

Chef Salad W/Crackers

Whole Kernel Corn

Potato Wedges

Fresh Fruit

Fruit Freezes. Fruit Juice

Choice of Milk

Ketchup

Cake & Ice Cream

With Trimmings, Pickle Spear

Monday

Tuesday

Wednesday

Baked Pork Chops

Tuna Salad Salad W/Crackers

Thursday Friday

Choices Daily

*Low-fat Milk *Chocolate Milk Strawberry Milk *Vanilla Fat-Free Milk * Lactose-free Milk *Soy Milk

Offered Weekly

Chef, Tuna, Chicken Salad

Or Chicken Fajitas Salad

All menus are subject to change.

"In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability

This Institution is an Equal Opportunity Provider.

Meal Pattern Offer Verses Serve

What Makes a Lunch





One must be a



AND/OR Veggies



Chicken Strips Chef Salad w/Crackers Mashed Potatoes & Gravv Seasoned Green Beans **Buttered Sweet Rolls** Fresh Fruit, Canned Fruit Fruit Juice Choice of Milk Variety Dipping Sauce Variety Salad Dressings

Baked Pork Chops Tuna Salad Salad W/Crackers Rice W/Gravy Baked Sweet Potato Mixed Vegetables Sweet Buttered Rolls Fresh Fruit, Canned Fruit Assorted Fruit Juice Choice of Milk Variety Salad Dressings

Mandarin Chicken Chef Salad W/ Crackers Fiesta Rice Eaa Rolls Mixed Vegetables Steamed Broccoli & Cheese **Buttered Roll** Tropical Fruit Fresh Apple or Banana Variety Milk Sweet & Sour Sauce

Roasted Bone-In Wings 30 Chef Salad W/Crackers Saltine Crackers Corn On The Cob Broccoli & Cheese **Buttered Rolls** Fresh Fruit Choice of Milk Variety of Dipping Sauce

BBQ Rib Sandwich Mexican Pizza Chef Salad W/Crackers Potato Wedges BBQ Baked Beans Confetti Coleslaw Carrots & Dip Fresh Plums, Fruit Cup Variety Low Fat Milk Ketchup Variety of Salad Dressings

Rice W/Gravv Baked Sweet Potato Mixed Vegetables Sweet Buttered Rolls Fresh Fruit, Canned Fruit Assorted Fruit Juice Choice of Milk Variety Salad Dressings

Tuna or Chef Salad w/Crackers **Buttered Rice** Mac & Cheese Yams, Pinto Beans Corn Bread Fresh Fruit. Fruit Juice Choice of Milk Hot Sauce

Spaghetti Meat Sauce Chef or Tuna Salad Saltine Crackers

Corn on the Cob, Sweet Peas Carrots W/Dip Buttered Rolls Fresh Fruit Pineapple Tidbits Variety Milk Variety of Salad Dressings

Chicken Tetrazzini Green Beans Mixed Vegetables Carrots with Dip Buttered Rolls Assorted Fresh Fruit Choice of Milk

> Chili Cheesy Hot Dogs 26 Chicken Tender Salad W/Crackers Sweet Peas **Baked Potato Wedges** Carrots With Dip Assorted Fruit Freeze Fresh Apple, Assorted Fruit Juice Variety of Milk Ketchup, Mustard Variety Salad Dressings

Buffalo Hot Wings Chef Salad W/Saltine Cracket Potato Wedges Corn On The Cob Fresh Fruit. WW Garlic Toast Choice of Milk

Chef Salad W/Crackers

Buffalo Hot Wings

Chef Salad W/Saltine Crackers

Baked Fries

Tossed Green Salad

Corn On The Cob

Fresh Red/Green Grapes,

Apples or Bananas

Assorted Fruit Juice

WW Garlic Toast

Variety Milk

Ketchup, Ranch Dipping Sauce

Cheesy Beef Lasagna

Chef Salad W/Crackers

Sweet Peas

Corn On The Cob

Carrots W/Ranch Dip

Corn Bread

Fresh Bananas

Tropical Fruit

Variety of Low-Fat Milk

Bacon Cheeseburger With Trimmings, Pickle Spear Chef Salad W/Crackers Seasoned Fries **BBQ Baked Beans** Carrots with Ranch Dip Blushing Pears, Fresh Fruit Mandarin Oranges Ketchup, Mustard, Mavo

Variety Milk Chocolate Chip Cookies

Ketchup, Ranch Dipping Sauce

Hamburger Steak W/Gravy

Tuna Salad Salad W/Crackers

Buttered Rice

Sweet Potato Pattie

Sweet Peas

Sweet Rolls

Fresh Grapes & Strawberries

Chilled Sliced Peaches

Assorted Fruit Juice

Variety of Milk

Variety Salad Dressings

Spicy Chicken Sandwich

Crispy Chicken Sandwich

Lettuce, Tomato & Pickles

Tuna Salad Salad W/Crackers

Potato Wedges

Corn on The Cob

Fresh Fruit

Assorted Fruit Freeze

Ketchup, Mustard, Mayo.

Variety Milk

Barbecue Chicken

Broccoli & Cheese

Corn-On-The-Cob

Lima Beans

Corn Bread

Fresh Orange, Bananas

Assorted Fruit Juice

Variety Milk

Variety Salad Dressings

Hot Sauce

Tuna Salad Salad W/Crack

Baked Chicken W/Gravv

Beef Taco w/Crispy Shells Chips. Tortilla, WG. Chef Salad

Saltine Crackers Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Banana Assorted Fruit Cup Taco Sauce or Salsa Variety Milk

Did you know?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

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