

# September 2024

## North Bolivar Consolidated School District Lunch Menu – Grades 9<sup>th</sup> thru 12<sup>th</sup> Child Nutrition Department

### Monday



2

### Tuesday

3

### Wednesday

4

### Thursday

5

### Friday

6

Chicken Strips  
Chef Salad w/Crackers  
Mashed Potatoes & Gravy  
Seasoned Green Beans  
Buttered Sweet Rolls  
Fresh Fruit, Canned Fruit  
Fruit Juice  
Choice of Milk  
Variety Dipping Sauce  
Variety Salad Dressings

9

Hamburger Steak W/Gravy  
Tuna Salad W/Crackers  
Buttered Rice  
Sweet Potato Pattie  
Sweet Peas  
Sweet Rolls  
Fresh Grapes & Strawberries  
Chilled Sliced Peaches  
Assorted Fruit Juice  
Variety of Milk  
Variety Salad Dressings

10

Baked Chicken W/Gravy  
Tuna or Chef Salad  
w/Crackers  
Buttered Rice  
Mac & Cheese  
Yams, Pinto Beans  
Corn Bread  
Fresh Fruit, Fruit Juice  
Choice of Milk  
Hot Sauce

11

Cheesy Beef Lasagna  
Chef Salad W/Crackers  
Sweet Peas  
Corn On The Cob  
Carrots W/Ranch Dip  
Corn Bread  
Fresh Bananas  
Tropical Fruit  
Variety of Low-Fat Milk  
Chocolate or Vanilla Pudding

12

Stuffed Crust Pizza  
Meat Lovers Pizza  
Chef Salad W/Crackers  
Whole Kernel Corn  
Potato Wedges  
Fresh Fruit  
Fruit Freezes, Fruit Juice  
Choice of Milk  
Ketchup  
Cake & Ice Cream

13

Baked Pork Chops  
Tuna Salad W/Crackers  
Rice W/Gravy  
Baked Sweet Potato  
Mixed Vegetables  
Sweet Buttered Rolls  
Fresh Fruit, Canned Fruit  
Assorted Fruit Juice  
Choice of Milk  
Variety Salad Dressings

16

Spicy Chicken Sandwich  
Crispy Chicken Sandwich  
Lettuce, Tomato & Pickles  
Tuna Salad W/Crackers  
Potato Wedges  
Corn on The Cob  
Fresh Fruit  
Assorted Fruit Freeze  
Ketchup, Mustard, Mayo,  
Variety Milk  
Oatmeal & Raisin Cookies

17

Spaghetti Meat Sauce  
Chef or Tuna Salad  
Saltine Crackers  
Corn on the Cob, Sweet Peas  
Carrots W/Dip  
Buttered Rolls  
Fresh Fruit  
Pineapple Tidbits  
Variety Milk  
Variety of Salad Dressings

18

Chicken Tetrzzini  
Chef Salad W/Crackers  
Green Beans  
Mixed Vegetables  
Carrots with Dip  
Buttered Rolls  
Assorted Fresh Fruit  
Choice of Milk

19

Bacon Cheeseburger  
With Trimmings, Pickle Spears  
Chef Salad W/Crackers  
Seasoned Fries  
BBQ Baked Beans  
Carrots with Ranch Dip  
Blushing Pears, Fresh Fruit  
Mandarin Oranges  
Ketchup, Mustard, Mayo  
Variety Milk  
Chocolate Chip Cookies

20

Mandarin Chicken  
Chef Salad W/ Crackers  
Fiesta Rice  
Egg Rolls  
Mixed Vegetables  
Steamed Broccoli & Cheese  
Buttered Roll  
Tropical Fruit  
Fresh Apple or Banana  
Variety Milk  
Sweet & Sour Sauce

23

Barbecue Chicken  
Tuna Salad W/Crackers  
Broccoli & Cheese  
Corn-On-The-Cob  
Lima Beans  
Corn Bread  
Fresh Orange , Bananas  
Assorted Fruit Juice  
Variety Milk  
Hot Sauce  
Variety Salad Dressings

24

Beef Taco w/Crispy Shells  
Chips, Tortilla, WG,  
Chef Salad  
Saltine Crackers  
Crispy Sweet Potato Cubes  
Whole Kernel Corn  
Fresh Banana  
Assorted Fruit Cup  
Taco Sauce or Salsa  
Variety Milk

25

Chili Cheesy Hot Dogs  
Chicken Tender Salad W/Crackers  
Sweet Peas  
Baked Potato Wedges  
Carrots With Dip  
Assorted Fruit Freeze  
Fresh Apple, Assorted Fruit Juice  
Variety of Milk  
Ketchup, Mustard  
Variety Salad Dressings

26

Buffalo Hot Wings  
Chef Salad W/Saltine Crackers  
Potato Wedges  
Corn On The Cob  
Fresh Fruit,  
WW Garlic Toast  
Choice of Milk  
Ketchup, Ranch Dipping Sauce  
Oatmeal & Raisin Cookies

27

Roasted Bone-In Wings  
Chef Salad W/Crackers  
Saltine Crackers  
Corn On The Cob  
Broccoli & Cheese  
Buttered Rolls  
Fresh Fruit  
Choice of Milk  
Variety of Dipping Sauce

30

### Did you know?

September in the Northern Hemisphere  
is similar to March in the Southern  
Hemisphere.

### Choices Daily

- \*Low-fat Milk
- \*Chocolate Milk
- Strawberry Milk
- \*Vanilla Fat-Free Milk
- \* Lactose-free Milk
- \*Soy Milk

### Offered Weekly

- \* Chef, Tuna, Chicken Salad
- Or Chicken Fajitas Salad

All menus are subject  
to change.

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### Meal Pattern Offer Verses Serve

### What Makes a Lunch

Select 3-5 Components



One must be a

