# September 2024

North Bolivar Consolidated School District
Breakfast Menu – Grades Pre-K thru 12<sup>th</sup>
Child Nutrition Department

#### Monday

#### Tuesday

### Wednesday

#### Thursday

#### Offered Daily

\*Low-fat Milk
\*Chocolate Milk
Strawberry Milk
\*Vanilla Fat-Free Milk
\* Lactose-free Milk
\*Soy Milk

## \* HAPPY \*

Crispy Bacon or Sausage Patty
Hot Grits, Buttered Biscuit
Scrambled Eggs, Hash Brown
Cinnamon Toast Crunch
Cocoa Puffs or Pop Tart
Blueberry Loaf
Fresh Fruit, Fruit Juice
Choice of Milk
Assorted Jellies

Sausages
French Toast Sticks
Yogurts and Muffins
Cinnamon Toast Crunch
Cocoa Puffs or Pop Tart
Assorted Fruit Juices
Assorted Fresh Fruit
Variety Milk
Syrup

Mini Pancakes
Bacon
Assorted Cold Cereals
Pop Tarts
Banana Breakfast Bread
Assorted Chilled Fruit
Assorted Fruit Juices
Variety Milk
Syrup

Breakfast Sausage Pizza
Assorted Cold Cereal
Assorted Muffins
Fresh Strawberries
Fresh Grapes
Fresh Apples
Assorted Fruit Juices
Assorted Milk

Friday

All menus are subject to change.

"In accordance with Federal

Law and U.S. Department of Agriculture Policy, this institution is prohibited from

discriminating on the basis of

race, color, national origin,

sex, age, or disability'

Sausage, Scrambled Egg
Hot Buttered Grits
Biscuits
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Assorted Fruit
Variety Milk
Assorted Jellies

Breakfast Burrito
Assorted Cold Cereals
Assorted Breakfast Bread
Pop Tarts
Fresh Apples
Fresh Bananas
Assorted Fruit Juices
Variety Milk
Salsa

Blueberry Waffles Sausage Patty Assorted Cold Cereal Banana Muffin Fresh Fruit Fruit Juice Choice of Milk Pancake Syrup Sausage Patty
Crispy Bacon
Hot Buttered Grits
Scrambled Eggs
Buttered Croissant/Biscuits
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Apple, Fruit Juice
Variety Milk
Assorted Jellies

Breakfast Sausage Pizza
Assorted Cold Cereal
Assorted Muffins
Fresh Strawberries
Fresh Grapes
Fresh Apples
Assorted Fruit Juices
Assorted Milk

Mini Pancakes
Bacon
Assorted Cold Cereals
Assorted Muffins Loves
Fresh Grapes & Strawberries
Assorted Fruit Juices
Variety Milk
Pancake Syrup

Sausage Patty
Hot Grits
Buttered Biscuit
Scrambled Eggs, Hash Brown
Cold Cereal
Blueberry Loaf
Fresh Fruit, Fruit Juice
Choice of Milk
Assorted Jellies

Waffles
Chicken Pattie
Assorted Cold Cereals
Banana Breakfast Bread
Assorted Fresh Fruit
Assorted Fruit Juices
Variety Milk
Syrup

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French Toast Sticks
Crispy Bacon
Assorted Cold Cereal
Banana Muffin
Fruit Juice
Fresh Fruit
Choice of Milk
Syrup

Sausage & Pancake on a Stick Assorted Cold Cereals Banana Breakfast Bread Fresh Orange Assorted Fruit Juices Variety Milk Pancake Syrup

This Institution is an Equal
Opportunity Provider.

Bacon, Scrambled Egg 23
Hot Buttered Grits
Biscuits
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Assorted Fruit
Variety Milk
Assorted Jellies

Sausage & Pancake
on a Stick
Assorted Cold Cereal
Blueberry Loaf
Fresh Fruit
Fruit Juice
Choice of Milk
Pancake Syrup

Crispy Bacon
Sausage Patty
Hot Grits
Buttered Biscuit
Scrambled Eggs, Hash Brown
Cold Cereal
Blueberry Loaf
Fresh Fruit, Fruit Juice
Choice of Milk
Assorted Jellies

Apple Frudel
Assorted Cold Cereal
Breakfast Blueberry Bread
Pop Tarts
Assorted Donuts
Fresh Fruit
Assorted Fruit Juice
Choice of Milk

Cinnamon Rolls
Assorted Cold Cereal
Assorted Muffin Loaves
Strawberry Yogurt
Assorted Fruit Juices
Tropical Fruit
Fresh Banana
Variety of Low Fat Milk

Meal Pattern

Offer Verses Serve

What makes a Great Breakfast Select at least 3 items!



One must be a

Fruit Juice Al

AND/OR Truit

Mini Pancakes
Bacon
Egg Patty
Assorted Cold Cereals
Assorted Muffins Loves
Fresh Grapes & Strawberries
Assorted Fruit Juices
Variety Milk
Pancake Syrup

Did you know?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.