

Get to know your Counseling Department



Row one: Mrs. Fradi, Mrs. Woods (Registrar), Ms. Shoemaker (A-F), Mrs. Cranford (Judges IX)

Row two: Ms. Jones (G-O), Mrs. Evans (Administrative Assistant), Mrs. Brewster (P-Z)



- Packets to order caps/gowns/announcement packages will be distributed to seniors on Wednesday, October 2nd.
- Jostens will be back during lunches on **Friday**, **October 11th** to collect orders.





CLASS OF 2022 John Handley High School

JOHN HANDLEY HIGH SCHOOL

2025 HANDLIAN - SENIOR ADS

Purchase an ad to be displayed in a special section of the yearbook honoring seniors.



Bella_Oh, the paths you'll wander, our you watched you grow. It's true. You're conquere go embracing life's grand call. Through bedli grown, my dear, through the laughter and 1 taking flight, Our baby, our joy, you're rea journey, both near and far, Know that you' wings, the world awaits your cue. Oh, the inc "Love, Mom, Di ONLINE – Go to our school store @ yearbookforever.com to purchase. Either upload your photos or send hard copies in to Mrs. Campbell in an envelope with the student's name. These will be scanned and returned to the student. Type in the message you'd like to appear with the photos. Mrs. Campbell will email a proof for your approval once the ad is complete.

IN PERSON – Pick up a form from the front office. Send this form, your photos, and your payment in cash or a check made payable to John Handley High School (senior ad written on memo line) in an envelope directed to Mrs. Campbell. Mrs. Campbell will email a receipt to show proof of purchase and a proof for your approval once the ad is complete.

Choose an Ad Size:

- Full Page (7 photos max and 75 word max) \$300
- 1/2 Page (5 photos max and 50 word max) \$150
- 1/4 page (3 photos max and 40 word max) \$100
- 1/8 page (1 photo max and 30 word max) \$75

Mrs. Rhonda Campbell Yearbook Advisor campbellr@wps.k12.va.us

The 2025 Handlian

@yearbookforever.com Pre-order for the reduced price of \$70 until December 31st, 2024.

Did you take a great pic at one of our school events? Share it with us and it just might end up in the Handlian!

YEARBOOK SNAP

You take great photos every day. Send us your best photos for consideration in the 2025 Handlian



Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code: Handley2025 Go to yearbookforever.com, enter our school name, click on Yearbook Snap and enter our access code: Handley2025

It's your life. Share your photos of it!

OR

Walsworth yearbooks

Sites to be familiar with: JHHS Events http://jhhs.wps.k12.va.us/

School Counseling Website (Senior Newsletter/Scholarships) https://www.wps.k12.va.us/domain/1526

Senior Class 2024 Canvas - announcements will be made here (including scholarship information)

Judges' Docket - sent to families every Sunday @ 4:00pm



Who To Contact

Class Sponsors:

- Valerie O'Keeffe (okeeffev@wps.k12.va.us)
- Shane Campbell (campbells@wps.k12.va.us)

Yearbook Sponsor:

Rhonda Campbell (campbellr@wps.k12.va.us)

Cap and Gown Packets:

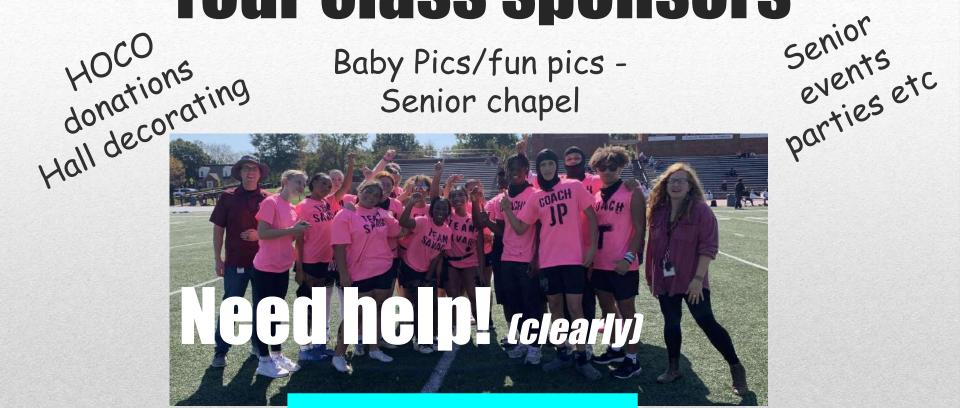
Ingrid Bousquet (<u>bousqueti@wps.k12.va.us</u>)

Cap/Gown/Announcement Packages Questions:

Jostens website

Your class sponsors

Baby Pics/fun pics -Senior chapel



Watch the CANVAS PAGE

Important Dates

- Sept. 17 Senior Parent Information Night Patsy Cline Theatre, 6:00 p.m. College Application Process
- Sept 25 VACRAO College Fair, Apple Blossom Mall, 6:00 p.m.
- Oct. 9 Financial Aid Information Night, Main Cafeteria, 6:30 p.m.
- Oct. 21-25 Virginia College Application Week
- Nov. 15 ASVAB Test (Will be administered in the Media Lab)

Graduation Requirements

Advanced Diploma

- 4 Math
- 4 Science
- 4 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 1 Fine Art or CTE
- 1 Economics and Personal Finance
- 3 World Languages or 2 years each of 2 different
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
- 3 Electives Including a Sequential Elective
- 5 Verified Credits (SOL)

26 Total Credits

Standard Diploma

- 3 Math
- 3 Science
- 3 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 2 Language, Fine Art, or CTE
- 1 Economics and Personal Finance
- 4 Electives Including a Sequential Elective
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
- 5 Verified Credits (SOL)

22 Total Credits

What Happens Next?

- Workforce
- Technical School Training and/ or Apprenticeship
- Military ASVAB test
- Associate Degree (2 year)
 - Applied Studies: 2 year and work
 - Transfer: 2 year and continue at a 4 year college
- Bachelor's Degree (4 year)

Pros and Cons of Community College First

<u>Pros</u>

- Starting in a smaller setting can make a big difference.
- Lowers cost
- Increased flexibility (i.e. more night classes) and smaller class sizes
- Work opportunities with a 2 year associate's degree
- Chance to improve your grades
- No SAT/ACT required

<u>Cons</u>

- Limited curriculum (there may be more general education course offerings you're interested in at a 4 year university)
- You might have to retake some classes or test out of them (if going out of state)
- Clubs, extracurricular activities, and forming bonds with your cohort might not happen as easily.

Laurel Ridge Community College Transfer Programs (2 + 2)

Assoc of Arts & Sciences

- Business Administration
- Education
- General Studies: Admin of Justice, Human Services, Rec & Outdoor Leadership
- Liberal Arts: Communication, Fine Arts,
 - Philosophy & Religion

Associate of Science

- Agricultural Science
 Specialization
- Computer Science
 Specialization
- Engineering Specialization
- Forensic Science Specialization
- Health Professions Specialization
- Science (General)

What is...



TransferVirginia.org

Transfer Virginia is an initiative to provide transparency and access throughout the college transfer process.

Through the Transfer Virginia portal, we strive to provide you consistent and current information from all partner institutions.

You can research, plan and organize your transfer journey using the information and resources available within this portal from Virginia's institutions.

Laurel Ridge CC Workforce Solutions

- Business and Professional
 Development
- Computers and Technology
- Healthcare and Wellness
 - Clinical Medical Assistant
 - Phlebotomy Technician
 - Ophthalmic Assistant
 - Dental Assistant
 - Pharmacy Technician
 - Patient Service Representative: Certified Medical Administrative Assistant

- Industry, Manufacturing and Construction Trades
 - Electrical
 - HVAC
 - Plumbing
 - \circ Welding
 - Multi Craft
 - Small Engine Repair
 - Mechatronics
 - Manufacturing Specialist Certification
 - Construction
 - Blueprint, AutoCad
- Transportation
 - CDL
 - Auto Dealer



Laurel Ridge's Updated EXPLORE website



Laurel Ridge CC Workforce Solutions



CONTEN	S
	0
	1100
COMPUTERS AND TECHNOLOGY	5
Getting Started Business Applications	6
Boanna Appacations IT Certifications	6
CompTIA	6
Web/Computer Programming	7
HEALTHCARE AND WELLNESS	the second
Start or Enhance Your Hesithoure Coney	9
Healthcare/Allied Health	9
Dental	10
Medical Office	10
CPR and First Aid	10
Food Safety	10
INDUSTRY AND MANUFACTURING	
Mechatronics Program	12
Industrial Technology	13
Occupational Safety	13
TRADES AND APPRENTICESHIPS	
Start or Enhance Your Trades Casees	14
Heavy Equipment Operator	16
Construction	17
Electrical	17
Apprenticeship Programs	18
Heating, Ventilation, and Cooling (HVAC)	19
Planting / Gas Fitting	20
Welcing	21
TRANSPORTATION	- 19 m
Connected Drivers License BUSINESS AND PROFESSIONAL DEVE	LOPMENT
Career Enhancement	23
Marketing Online	25
Human Resources	25
Project Management	26
CORPORATE TRAINING	1
Warkplace Weliness	27
Corporate Training Weblinan Workplace Wellness	28
Leadership Basecamp	29
Leadership institute	29
FUNDING, STAFF, AND REGISTRATIO	
(i)	13
FastForward Grant	20
Sulf	30
	31

TADICOL

 Paris-Track Carver Training Programs Curster Field
 Internation Training Programs Curster Field
 Internation Training
 Internation Training
 Internation Training
 Internation Training
 Internation Training
 Internation Training
 Internation
 Internatin
 Internation
 Internation
 Internatin
 Internation

Laurel Ridge WORKFORCE

Continuing Education Opportunities • Businessant • Produity and Ada. Professional • Produity and Ada. Professional • Producting and Ada. • Computing and • Transportation • Corporate Transport

To learn more, visit LaurelRidgeWorkforce.com or call 540-868-7021. #LaurelRidgeWorkforce 🍯 💆 in 📴 🥮

G3 Program through Laurel Ridge

Who is eligible for the G3 Program?

- Any Virginia resident who:
- Qualifies for in-state tuition
- Has a total household income of less than or equal to 400% of the Federal Poverty Level (roughly an income of \$100,000 for a family of four)
- Is enrolled for a minimum of six credit hours in a Virginia community college
- Is enrolled in a designated G3 program
- Has applied for federal and/or state financial aid programs.

What are the designated programs?

- Healthcare
- Information Technology
- Manufacturing and Skilled Trades
- Early Childhood Education
- Public Safety

How does tuition assistance work? G3 Program funds make up the difference between what federal or state financial aid pays for and the cost of tuition, fees, and books for the program.

Apprentice Programs

Newport News Apprentice School •AS.edu Norfolk Naval Shipyard USAjobs.gov Laurel Ridge Workforce Solutions

Examples of Jobs:

Electrician, Welder, Marine Machinery Mechanic, Pipefitter, Painter, Rigger, Metals Inspector, Heavy Mobile Equipment Mechanic, Fabric Worker, Insulator...

Newport News Apprentice School To be a competitive applicant you should have 5 or 6 of the following:

- Algebra 1
- Geometry
- Algebra 2/Trig.
- Pre-calculus and/or Calculus
- Chemistry
- Physics
- CTE classes such as: Carpentry & Welding

Good grades in English

An average GPA of 2.8-3.0 *There are more options listed on the Apprentice

School website

4 Year College Track



What do 4 year colleges look for?

- GRADES!! (mainly in core classes)
- Strength of curriculum (look at <u>all</u> courses offered at JHHS)
- SAT or ACT scores (many schools are still test optional)
- Essay or Writing Sample
- Extracurricular involvement
 - School & Community
 - Consistency & Commitment vs. Numbers
- Student Demonstrated Interest

The Tests: SAT and ACT

Test Scores:

- Sent directly from the testing agency to college you must request it.
 - SAT/ACT gives you four free score reports

(can request up to 7 days after test) USE THESE FREE REPORTS

- Schools Superscore (mix and match highest score)
- Subject test were discontinued by College Board in Jan. 2021
- Remember good test taking habits: full night of sleep, breakfast, etc.

College Search

- US News World Report Best Colleges
- www.bigfuture.org
- Things to consider:

 $\circ \ \text{Size}$

- Very Small fewer than 1000 students
- Small 1000-3000
- Medium 3000-10,000
- Large: More than 10,000
- Majors/Minors
- Distance from home
- In State vs Out of State
- Public vs Private
- Cost of attendance

Applying to College

• Types of Deadlines

- Early Action Non binding (Taking action)
- Early Decision Binding (Making a decision)
- Regular Decision
 - (usually notified Early April) Respond by May 1
- Rolling Admission

• DEADLINES, DEADLINES, DEADLINES

- Early Action/Early Decision deadlines: Are typically October and November
- Regular Decision: December/January

EVERY SCHOOL IS DIFFERENT Start organizing deadlines & requirements

Application Portals

- Directly to schools
- Common App
- Coalition App
- Common Black College App
- SENDEdu App

Applying to College

Common Application

- Fill it out once and then use it for multiple schools
- Each school has the option to add their own specific questions
- VA schools have you fill out an extra section to determine residency
- Use your counselor's email address!!!
- School Application on the college website
- Do not use your phone! Use a PC or laptop

High school information

High school n	ame:	John Handley High School	
High school a	ddress:	425 Handley Blvd. Winchester, VA 22655	
CEEB code:	472435	5	
Graduation da	ate: Ma	ay 29, 2025	

Counselor information

Counselor name:	Ms. Shoemaker, A-F; Ms. Jones, G-O; Mrs. Brewster, P-Z					
Counselor job title:	School Counselor					
Counselor email:	Shoemaker@wps.k12.va.us, JonesC@wps.k12.va.us, BrewsterV@wps.k12.va.us					
Counselor phone:	540-662-3471					

Grades and current courses

Graduating class size (approx.): 325			GPA scale: 4.0 (4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15,		16.17.18.19.20.100. None)		
Class rank reporting:	Exact	□ Decile □ C ☑ None	Quintile	GPA weighting:			
Class rank weighting:	🗷 Weighted	Unweighte	be	Course scheduli	ng system:	Semester	Trimester

Items on the Application

- Demographic Data you can start filling this out now on the Common App
- Activities and Sports: in and outside of school
- Leadership
- Coursework
- Essay If it is optional, DO IT! Customize essay to each school, some allow video essays
- Short Answer Questions

Other Items Needed

- Recommendations Counselor/Teacher/Coach/Club Advisor -
 - Ask and allow 3 weeks
 - Give a brief resume of involvement and accomplishments
 - Provide a stamped /addressed envelope
 - \circ Emailed recommendation \rightarrow make sure you tell the teacher

• High School Transcript

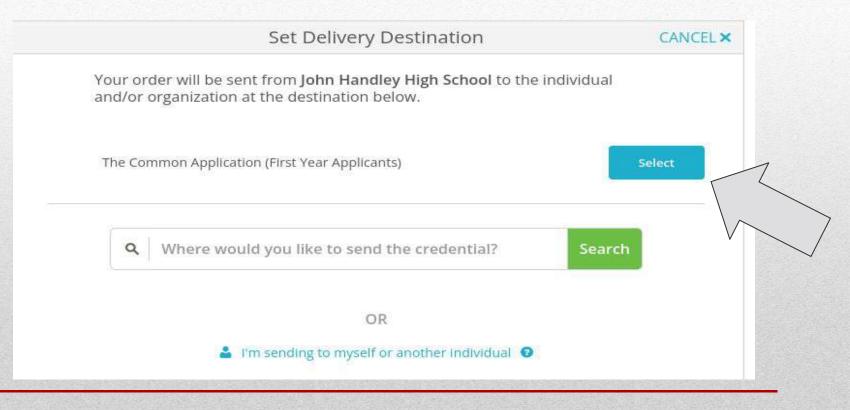
- Students now request their transcript electronically through Parchment
 *It is FREE
- Allow 2 work weeks before deadline

Request a Transcript

PARCHMENT

- Parchment is used for <u>ALL</u> transcript requests, including the Common App, as well as, sending transcripts to individual schools.
- Laurel Ridge CC (Transcript Request) should be done AFTER you've committed to a college and your Spring grades are final.
- For final transcript requests select "Hold for final grades" on Parchment

Parchment Requests



Virginian College Application Week

October 21-25

- Fee waiver codes for schools across the state of VA and some surrounding states.
- Time to work together on your individual college applications and/or Common App.
- College and Universities will be visiting in person
 - On-the-spot admission decisions
 - Informational sessions to learn more about their campus and programs.
- More information to come!

Prepare for VCAW by:

- Create your Common App account
- Add the schools you want to apply to
- Complete college essays
- Gather your Letters of Recommendation
- Send your transcripts & your SAT/ACT scores

Financial Aid

- Types of Aid:
 - Grants, Scholarships, Work-Study or Loans
- Free Application for Federal Student Aid
 - fafsa.ed.gov
 - Estimated to open December 2024
 - Pell Grant Free Money
 - Required by schools for all types of aid
- Institutional Financial Aid
 - Merit based scholarships require that your application be turned in around the November/December time frame (varies depending on the school).
 - require FAFSA to be considered for institutional aid
- Financial Aid Night October 9, 6:30pm



Scholarships

Senior Canvas page

TONS of information posted here, from scholarships to cap and gown ordering reminders, etc.

¹ Ensure your student has joined our Canvas page

- Local Scholarship Application will be due in January
- Parent/Guardian employer
- Social Service Organizations
- *Never pay* for a scholarship search
- Merit Scholarships and Honors programs have earlier deadlines

SCHOLARSHIPS



LOCAL SCHOLARSHIP APPLICATION DUE: Friday, January 10, 2025

***Please note: if an application is received without an accompanying resume/activity supporting document, the application will be considered incomplete and will not be reviewed by the Scholarship Committee.

SIX GREAT OPTIONS FOR

FINDING SCHOLARSHIPS

Going Merry THE NEW, COOL KID

- \$20 billion database of scholarships and aid
- · Lots of local scholarships
- · Bundled scholarships One
- application applies you to multiple opportunities!
- Apply directly on site, with auto-filled forms
- Filter, favorite, or ignore scholarships.
- No advertisements
- · IOS and Android apps

Fastweb

- Founded in 1995
- \$3 billion in scholarships
- Clean interface with basic filters & favoriting.
 - · Internship and part-time job search
 - Android and iOS apps

Chegg Scholarships THE ALL-ROUNDER

- \$1 billion in scholarships
- Clean interface with basic filters
 & favoriting
- Additional student tools to: Research colleges, Buy/sell textbooks, Find tutors

College Board BigFuture THE PLANNER

- \$6 billion in scholarships
- College search and planning tools.
- Many sweepstakes-style scholarships

Scholarships.com

\$19 billion in scholarships

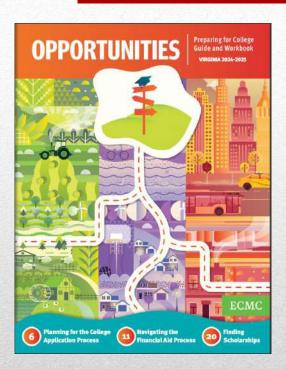
- Social comments section to get advice from peers
- Quick signup process
- Some advertisements (sponsored content)
- Android and iO5 apps

College website

Once you've gotten admitted and/or decided on a college, check out their financial aid page, which often has information on scholarships available to their students.

Click Here for link to flier

4000 LICK HITS YOOK STROLATERS ATES.



Click here for the link to this book

Virginia College Profiler

There are many important factors in choosing a college. How you fit in academically and the cost of attendance (COA) are important considerations. The charts in this section provide some of the information you need to compare colleges on these factors.

MANY COLLEGES HAVE ELIMINATED ACE/SAT EST REQUIREMENTS. CHECK INTER-17 TEST OPTIONAL COLLEGES. ALWAYS VERIFY TEST REQUIREMENTS WITH THE COLLEGE'S ADMISSION'S OFFICE.

VIRGNIA COLLEGE PROFILER

Public Universities	Test scores and lo scores compare to modents had lown	Estimated 2004-2025 COMbettern Flounchil And Cost Russes an estimated and your				
	3MI 1500 Percentia	3AT ryth Decontile			actual conta coule way.	
ChristopherNewport University	1020	1790	3.14	412	\$36,200	
College of William & Mary	1360	1510	4,18	4.43	541,915	
George Mason University	1150	1330	3.45	q .00	\$79,935	
James Madison University	1180	1320	3.65	4.II	\$26,685	
Longwood Entversity	1030	1190	3.34	4.95	\$33,168	
Ranfolk State University	800	1195	e.hq	3.49	\$10,77	
Old Dominion University	1120	1250	1.65	2.88	\$22.058	
Raditord University	960	115a	3.18	3.88	519.427	
flictual Bland College	Not available	Not mailable	Not available	Notavailable	\$20,632	
University of Mary Washington	1160	1320	3.45	4 o#	\$28,405	
liniversity of Virginia	tito	1530	4.20	4.58	\$34,222	
University of Vilginia S College at Wise	940	1335	3.10	4.00	\$24,140	
Virginia Commenwealth University	Tester	1250	3.19	4.06	\$35,327	
Virginia Community College System	Not available	No: available	Not available	Notavailable	\$4,1061	
virginia Mintary Institute	1110	t350	3.25	á.00	\$32.350	
Virginia State University	Ron	1050	2.71	3.20	\$95,308	
Virginia Tech	1250	1410	3.16	4.33	\$32,498	

writing and math scores,

 Cast of attendance(COR) provided by each college to the Stare Crunel of Higher Education (or Vingmar SORE). Casts are for full time students and include in state fullion, monitory frees and average or carrows housing and food. The casts shown above co-net instude all components of the COR, such as some manifold with thes, program specific fees, transportation. personal expenses, books and scheel supplies.

1 Deos not include average housing and lood costs.

What a student actually pays (not price) can be lower than the cost of attendance due to a variety of factors. Find more information about Virginia colleges tuition, ines and retprice by viewing the 2023 24 Tuition and Fees at Virginia State Supported Colleges and Universities report at www.schev.edu/ research-publications/reports-and-publications.

BANANANANAN

Virginia Tuition Assistance Grant

- Application for financial aid for private universities and colleges in VA ONLY
- Students awarded \$5,000 for Virginia Residency
- For Freshman, it typically is put onto your award letter and then you may have to follow up with additional paperwork with the financial aid office.

Student Athletes: NCAA Clearinghouse

- Division I and Division II College Athletics
 - Must have 10 core courses going into senior year
- Register for Clearinghouse your Junior Year
 - www.eligibilitycenter.org (\$100.00 Fee)
- Send transcripts
 - Using Parchment
- Send official ACT/SAT scores
 - When registering for SAT/ACT include NCAA code 9999
- Make sure student is eligible!
 - See Mr. Reed Prosser (Activities Director)



• Take the ASVAB

- Fall ASVAB Nov. 15 <u>Register Here</u>
- Great career/vocational tool, even if not interested in military
- Talk with a recruiter from every branch, including National Guard, then decide.
- Recruiters regularly visit during lunches in the Student Union

Military Academies

Naval Academy - USNA.EDU

Air Force Academy - USAFA.AF.MIL

Military Academy West Point- USMA.EDU

Coast Guard Academy - CGA.EDU

Merchant Marine Academy - USMMA.EDU

Start the preliminary application process in

- the Spring of Junior Year.
- Go to "Meet and Greet" events set up by
 - State Representatives. • Member of the US House of
 - Member of the OS House a Representatives from your Congressional district
 - Both US State Senators
 - Vice President of the United States
 - Go to websites and look at the application
 - process NOW!

What can your student do right now?

- Visit colleges/universities
- Get involved in extracurricular activities
 - Volunteer
 - Clubs/organizations
 - Work
 - Sports/Band
 - 0
- Register with NCAA Clearinghouse if interested in Division I or II athletics

Who are you? How do you stand out?

- Explore Careers!
 - Interest inventories
 - Job shadow
 - Informational interviewing
 - Talk it out with our Career Coach
 - Naviance.com
- Take the SAT/ACT now, if thinking 4yr
- Talk with Military Recruiters
- Ask teachers for letters of recommendation

Resume

- Work Experience
- Volunteer Experience
- Awards & Honors
- Sports
- Clubs & Organizations
 - *In and out of school*

Availabili

Counselors in the senior cafeteria all 3 lunches:

Monday- Ms. Brewster Tuesday- Mr. Landaverde Wednesday- Ms. Shoemaker Thursday- Mrs. Fradi Friday- Ms. Jones

Book an appointment: (Links to calendar are on the School Counseling website) Counselors at the Innovation Center: Monday- Ms. Fradi Tuesday- Ms. Brewster Wednesday- Ms. Jones Thursday- Ms. Shoemaker Friday- Ms. Cranford

Sara Shoemaker Chyanna Jones Vanessa Brewster Elizabeth Cranford

Natosha Fradillada - Counseling Director

Email Addresses:

Mrs. Fradillada, Director of School Counseling

fradilladan@wps.k12.va.us

Ms. Shoemaker, A-F

shoemaker@wps.k12.va.us

Ms. Jones, G-O

jonesc@wps.k12.va.us

Ms. Brewster P-Z

brewsterv@wps.k12.va.us

Mrs. Cranford, Judges IX cranforde@wps.k12.va.us



Summary

•We are here to help
•Students can make an appointment via the link on the school counseling website.
•Email us
•Webpage/Canvas
•Check your school email!!

DEADLINES!!