### Self-Reflection Watercolor Journal







#### Watercolor Journal Covers, Backs, & insides: Fabrics, Collage Materials, Construction Paper, etc...



















#### Techniques Used

#### 2 Required Techniques

- Wet on Dry
- Wet on Wet
- Graded/Gradient Wash
- Wax resist (missing)

#### 2 Choice Techniques

- Choice 1: Sgraffito or Negative
- Choice 2: Rubbing Alcohol or Color Lift
- Choice 3: Straw or Splatter
- Choice 4: Dry Brush or Blooming

#### 1 Additional Techniques

- Plastic Wrap
- Salt
- Plastic Wrap
- Bubbles

#### Additional Criteria

- 5 different Colors
- 2 Self-Reflection Images/details



#### Tools

Watercolor Pigments

Watercolor Paper

Paintbrushes

Pipette Eye-dropper

Crayon

Cups and Trays



#### Tools

Rubbing Alcohol
Salt
Bubble-wrap

Plastic-wrap

Paper Towels

#### Video: Watercolor Techniques



#### The Self-Reflection Watercolor Painting



This Watercolor Painting will become part of your Journal Cover

#### **Techniques Used**

#### 2 Required Techniques

- Wet on Dry
- Wet on Wet
- Graded/Gradient Wash
- Wax resist (missing)

#### 2 Choice Techniques

- Choice 1: Sgraffito or Negative
- Choice 2: Rubbing Alcohol or Color Lift
- Choice 3: Straw or Splatter
- Choice 4: Dry Brush or Blooming

#### 1 Additional Techniques

- Plastic Wrap
- Salt
- Plastic Wrap
- Bubbles
- Other

#### **Additional Criteria**

- 5 different Colors
- 2 Self-Reflection Images/details

### The Self-Reflection Watercolor Painting will become a part of the cover for your Journal.

### The painting will be a self-reflection piece. It can represent:

- Who are you? (values, beliefs, morales)
- What are you future goals? (career, family, community)
- How do you take care of yourself? (meditate, hobby, activity)
- How do others see you? (characteristics, traits, personality)
- How do you see yourself, self-portrait (Impressionism,

#### Self-Reflection Watercolor Painting

#### **Watercolor Painting**

- 1. Students will create a final watercolor project using a 6" x 9" (horizontal) or 7.5 x 8 (vertical) Paper
- 1. Theme: Self-Reflection
- 1. Students will be creating a painting representing themselves
  - a. Who you are. (values, beliefs, morales)
  - b. What your future goal(s) is? (career, family, community)
  - c. How you take care of yourself? (meditate, hobby, activity)
  - d. How others see you? (characteristics, traits, personality)
- 2. Students will pick their watercolor style based on one of the 8 award winning artists from this article: https://www.artistsnetwork.com/art-mediums/watercolor/8-award-

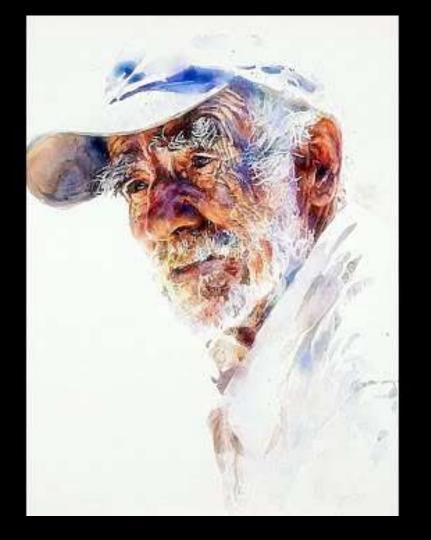
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#### Self-Reflection Watercolor Painting

#### ... Continued Watercolor Painting

- 5. Students will create a composition with a foreground, mid-ground, and background with overlapping objects to create depth.
- 6. The composition should break out in 3 or more areas from the background.
- 7. Students will develop a strong composition using:
  - 2 Assigned Watercolor Techniques
  - 2 Choice Watercolor Techniques
  - 1 Additional Technique
  - 5 Different Colors
  - 2 Images and details that are Self-Reflective

#### Video: Stephen Zhang





#### Video: Alisa Shea

## Link: Jian Wu

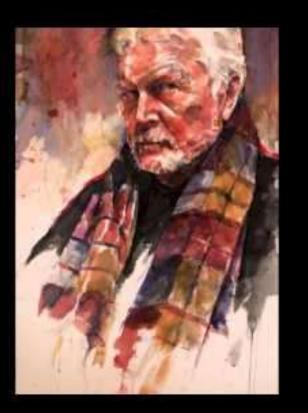


**Sailing on San Francisco Bey** by Jian Wu 16" X 20" Oil on Canvas



Video:
Thomas
W.
Schaller

# Video: Christine MisencikBunn



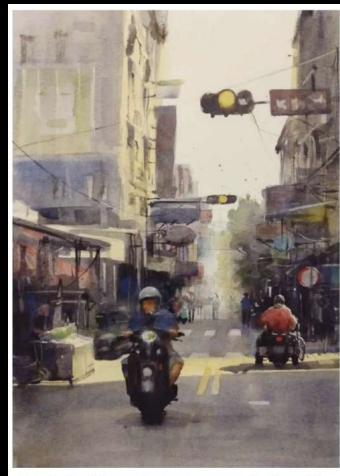


## Video: Pam Wegner

## Link: Francis Marte



*Thyme for Tomato Sauce* (watercolor on paper, 16×16) by Francis Marte



*Market in the Afternoon* (watercolor on paper) by Cheng Hsien Hsieh

## Image: Cheng Hsien Hsieh



### Video: Splash Art Competition

#### Self-Reflection Essay

#### **Inside Front Cover Essay/Writing**Self-Reflection:

- Introduction: Attention Grabber
- Body I: Discuss the meaning behind your watercolor painting as it relates to Self-Reflection
- Body II: Describe why you picked/used the colors, techniques, imagery, fabrics, and layout/orientation
- Conclusion: Summarize

# Watercolor Painting Examples



\*before it is attached to the journal

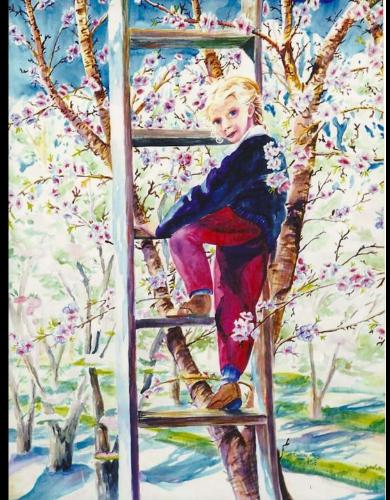




















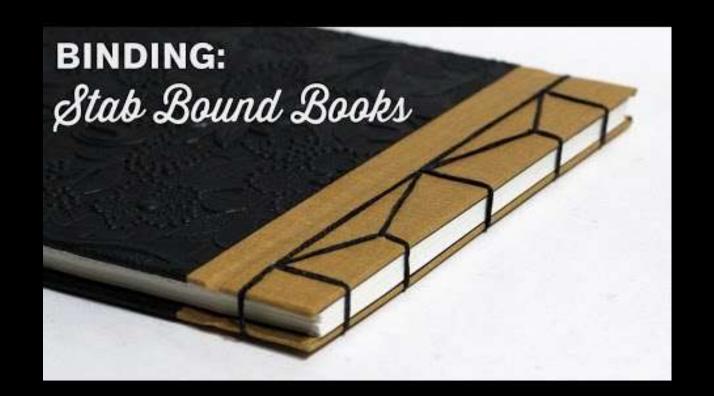




#### Book Binding Videos



Video: DIY Japanese Stab Bound Sketchbook



Video: Binding Stab Bound Books

### Fabric Covered Journal Covers without Watercolor Painting





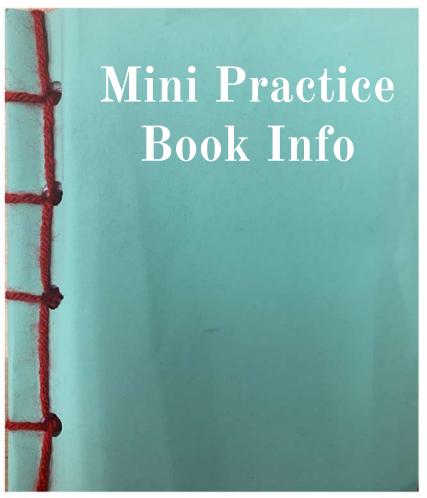


### Fabric Covered Journal Covers with Watercolor Painting











We will watch the *Watercolor Technique* video together in class.

I will demo 3 to 4 Techniques in the next few days.

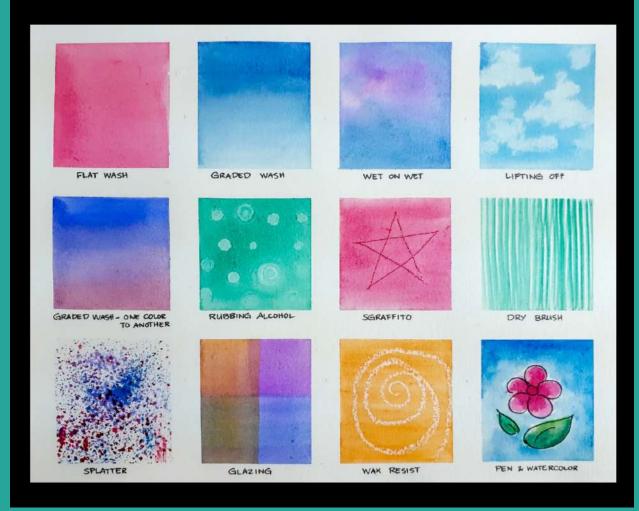
You will be doing at least 8 of these techniques for your Watercolor Technique along with me and 4 on your own for the Assignment.

There will be 8 Techniques that are assigned, you will have 4 Techniques of your choice to practice

#### Video: Watercolor Techniques



# 12 Watercolor Techniques



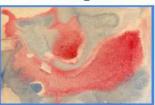
Criteria	Advanced Technique was completed perfectly	Meeting Technique achieved, but with minor errors	Beginning Technique attempted, but needs improvement	Emerging Attempted, but cannot distinguish technique	Missing
Standard Score	4	3	2	1	0
Grade %	90% - 100%	80% - 89%	70% - 79%	60% - 69%	50%
Wet on Dry					
Wet on Wet					
Gradient Wash					
Wax Resist					
Choice 1 Color Lift -Dry					
Choice 2 Color Lift -Wet					
Choice 3 Dry Brush					
Choice 4 Sgraffito					
Practice 1					
Practice 2					

#### Assign: Watercolor Technique

#### **4 Required Techniques:**



Wet on Dry



Wet on Wet



**Gradient Wash** 



**Wax Resist** 

#### **4 Choice Techniques:**



Color Lift Wet



Color Lift Dry



**Dry Brush** 

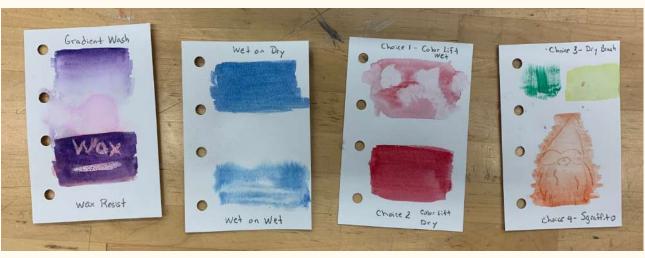


Sgraffito/Scratch

Additional 4 Practices: Bubble Wwp, Plastic Wrap, Flat Wash, Isopropyl Alcohol, Drip, Blow, Splatter, Ink & Watercolor, Stencil, Sponge, Negative, Blooming, Glue,

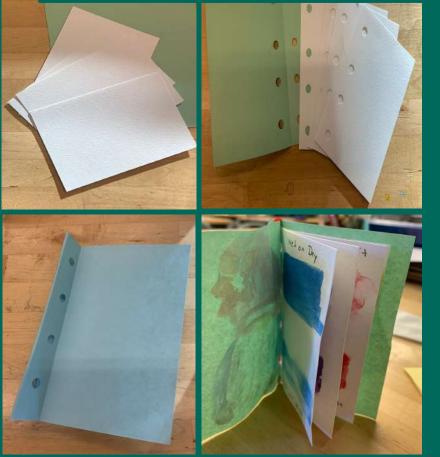








Watercolor Technique Practice Book





## Watercolor Techniques Mini Lessons



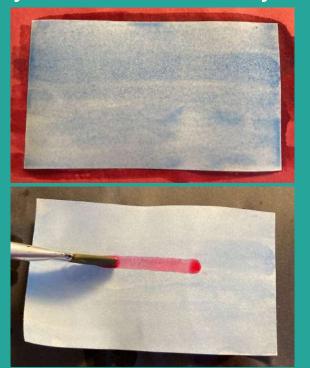
## Self-Reflection Watercolor using 6 Techniques

### **Watercolor Techniques**

- 1. Wet on Dry: Using the paintbrush pick up water and pigment and apply it to the paper.
- 2. Wet on Wet: Using a paintbrush wet an area of paper with water, and then apply pigment
- **3. Graded/Gradient Wash**: Using a paintbrush wet paper with water, then apply pigment on one side and use the brush to pull the pigment across the area.
- **4. Wax Resist: Wax Resist:** Apply wax to paper, then paint over the top of it.

## Wet on Dry:

Paint first however you want on your paper. Let it fully dry. Then paint again. You will notice the colors will now mix at all with the bottom layer, because it is dry.

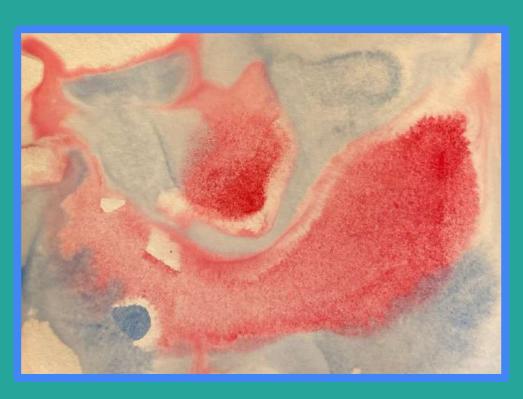




#### Wet on Wet:

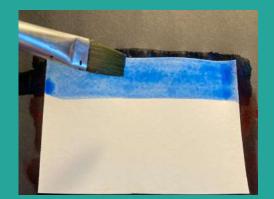
With no water on your brush, paint with only water. Make a nice big puddle on your paper, with just water. Dab different colors in your water puddle. They will start to spread and mix. This makes great clouds.





#### **Gradient Wash (One Color):**

Start with a row or two of one color, nice and dark. Dip your brush in water just a bit, then paint another couple rows. Keep dipping in water (no more paint), until your brush runs almost clean by the end.

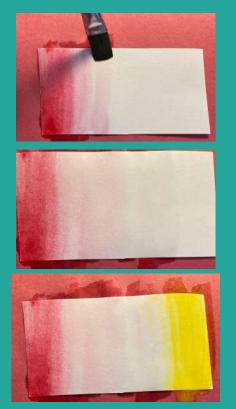






### Gradient Wash (2 Colors):

Start with a gradient wash on one side. Go most of the way across. From the other side, use a different color. They will mix in between.





#### **Wax Resist:**

Using a crayon, sall wax candle, or oil pastels, draw a design on your paper. Paint over it. You will see that your design resists the paint and shows through.







## Self-Reflection Watercolor using 6 Techniques

#### **Watercolor Techniques**

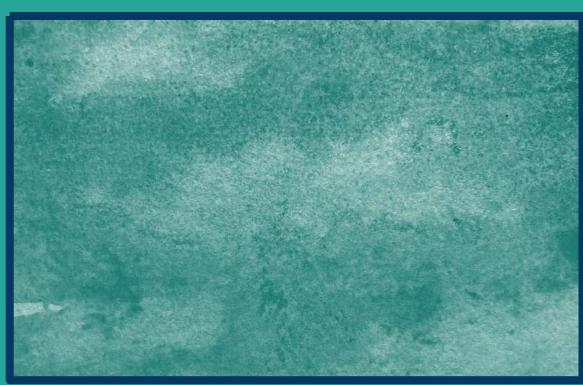
- 1. Color Lift (wet): Apply pigment and water to paper, then use a dry crumpled paper towel/napkin/tissue/sponge to lift the pigment off the paper.
- 2. Color Lift (dry): When your paint has fully dried, you can use a wet brush (only water-no paint), and go back and forth in an area to lift some of the dry color off. This works best on more expensive watercolor paper.
- 3. Dry Brush: Using a dry brush, pick up pigment and apply it to dry paper.
- **4. Sgraffito/Scratch:** With something sharp (a safety pin or push pin), scratch a design into your paper before painting. Make sure to scratch fairly deep. Paint over it. You will see that the paint is darker inside the scratches. This works good for grass or fur.

### **Color Lift (wet):**

After you have painted a layer, and it is still wet, take a paper towel, cotton ball, etc. and dab onto the paint. It will lift off some color, creating a very cloud-like look.

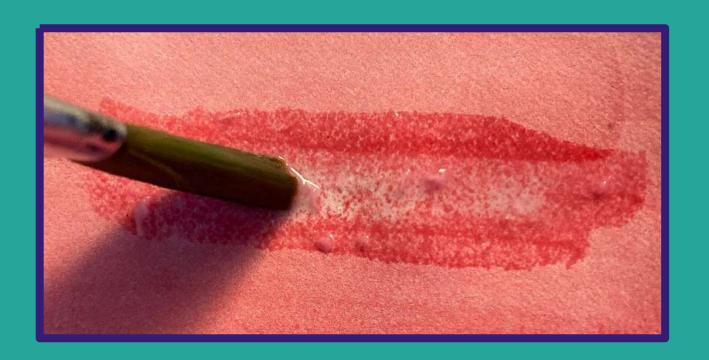






## Color Lift (dry):

When your paint has fully dried, you can use a wet brush (only water-no paint), and go back and forth in an area to lift some of the dry color off. This works best on more expensive watercolor paper.



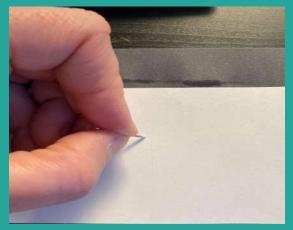
#### **Dry Brush:**

Get your brush nice and dry. Dip on the very tip of your brush into some paint. You will notice that your brush strokes make lots of lines. This also works great for grass or fur.

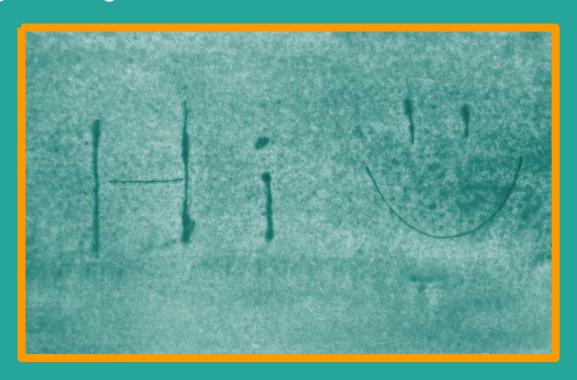




**Sgraffito/Scratch:** With something sharp (a safety pin or push pin), scratch a design into your paper before painting. Make sure to scratch fairly deep. Paint over it. You will see that the paint is darker inside the scratches. This works good for grass or fur.







## Self-Reflection Watercolor using 6 Techniques

## **Watercolor Techniques**

- 1. Salt: Apply pigment to the paper, then sprinkle it with salt.
- 2. Flat Wash: Pick one color. Paint slowly in rows all the way down, getting more paint when needed. You want a nice even coat of paint.
- **3. Plastic Wrap:** Create another wet on wet painting using multiple colors. Crinkle or pull a piece of plastic wrap, and lay it on top of your painting when wet. Let it fully dry before taking the plastic wrap off.
- **4. Isopropyl Alcohol:** While your painting is wet, use a dropper or the end of your paintbrush to drip a drop of isopropyl alcohol onto your painting. This dries immediately and creates a circle or bubble.

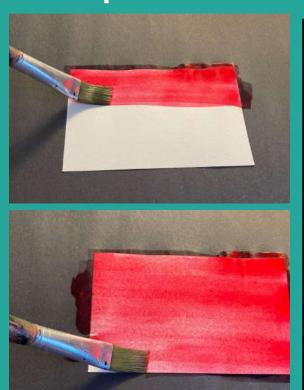
\*\*Choice: Research additional Watercolor Techniques and pick one to try

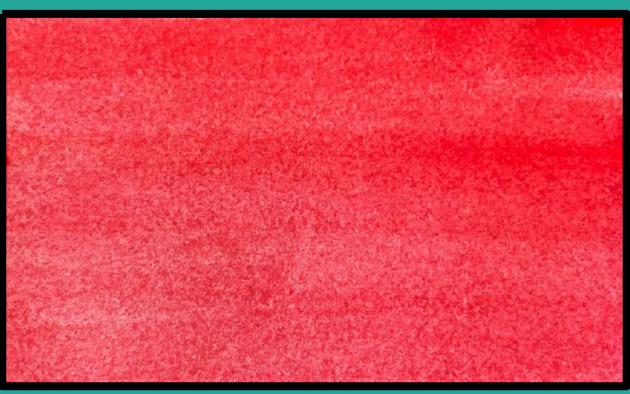
**Salt:** Do some wet on wet painting with multiple colors. While it is still wet, sprinkle some table salt onto your painting. Let this fully dry, then brush off the salt. This gives a very speckled, interesting effect.



#### Flat Wash:

Pick one color. Paint slowly in rows all the way down, getting more paint when needed. You want a nice even coat of paint.

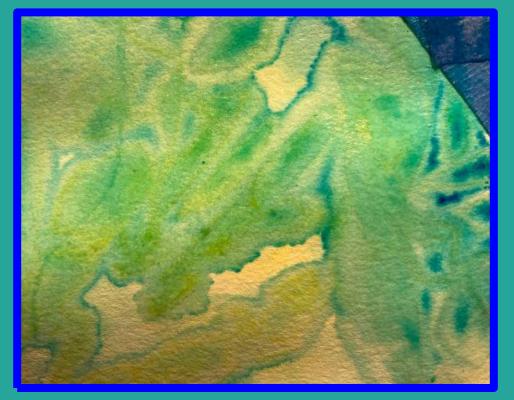




**Plastic Wrap:** 

Create another wet on wet painting using multiple colors. Crinkle or pull a piece of plastic wrap, and lay it on top of your painting when wet. Let it fully dry before taking the plastic wrap off.





**Isopropyl Alcohol:** 

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