

# School Mental Health Erase the Stigma Creative Art Contest



The Northwell School Mental Health Erase the Stigma Creative Art Contest is accepting entries across all age groups for original artwork and photography to be featured on inspirational cards.

The contest aims to bring attention to **Mental Health Awareness Month in May** and help fight mental health stigma. This year's theme is **"Be Kind to Your Mind."** Through this art contest, we hope to highlight mental health as an essential part of overall health and provide a creative space in which students may share their voice.

The artwork will be judged on originality, creativity and how well it expresses the contest theme. Winners from each age group will receive prizes and have their work displayed and produced for utilization by the schools and Cohen Children's Medical Center.

**The submission deadline is May 15<sup>th</sup>, 2023**

To submit an entry and read contest guidelines, scan the QR code below or visit <https://redcap.link/ETS2023>



APPROVED FOR DISTRIBUTION  
APR 28 2023  
DR. PATRICK HARRIGAN  
SUPERINTENDENT OF SCHOOLS

This is not a Half Hollow Hills School District sponsored or endorsed activity.

**ORIGINAL Artwork and Photos**  
**MUST** be an original artwork that combines drawing, pictures, photography (and words if you wish) to express the contest theme.

- Materials used may include pencil, ink, charcoal, crayon, markers, pastel, paint, mixed media, collage, graphic design or similar 2D media.
- Scanning your physical artwork (a painting, drawing, etc.) will give us the best image quality. If you don't have access to a scanner, it's okay to take a picture of it (just make sure the room is well lit and the photo is not blurry).
- Please submit your photo in a high-resolution format.
- Please include a description with your artwork.
- Artwork cannot show depictions of nudity, blood, or violence.
- Photos cannot show a person's face and/or a depiction of nudity or violence.

**Age Groups:**

- Elementary School (PK–5)
- Middle School (6–8)
- High School (9–12)

**Prizes:**

Amazon Gift Cards and other surprises  
3 winners from each age group



**Cohen Children's  
Medical Center**  
Northwell Health