4-Year-Old Kindergarten

Label the following with your child's name

- 1 Box/bag of healthy snacks (**see snack break ideas)
- 1 Backpack large enough to fit a standard folder and snow pants-no wheels
- 1 Change of clothing (underwear, socks, pants and shirt) in a labeled Ziploc bag to be kept at school

Snacks will be asked for throughout the school year, we can only store so many at a time.

Optional

• Shaving cream, stickers, baking soda, food coloring, clothes pins, vinegar, cooking oil, salt, saline solution, colored garage sale stickers, stamper markers, gallon and sandwich ziploc bags (we will ask for these things throughout the school year, but you are welcome to send any items at the start of the school year).

Kindergarten

Mark your child's name on the following:

- 1 Change of clothing (underwear, socks, pants and shirt) in a labeled Ziploc bag to be kept at school.
- 1 Large, sturdy backpack (No wheels). Needs to hold folders, library books, snow pants from home, etc. Make sure your child can open (zip, snap, etc.) the backpack.
- 1 Average-sized beach towel to be used for daily rest time
- 1 Pair of inexpensive tennis shoes (prefer Velcro) to be left at school. Purchase with growing feet in mind.-*SEE NOTE BELOW

Optional

• Paper plates, coffee filters, clorox wipes, gel hand sanitizer, snack and quart size ziploc bags and cotton balls

Grade 1

- 1 Box/bag of healthy snacks (individually, prepackaged) **see snack break ideas



Grade 1 continues on the next column

- 1 Change of clothing in a labeled Ziploc bag to be kept at school.
- 1 Pair of inexpensive tennis shoes.- *SEE NOTE **BFI OW**

Grade 2

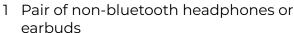
1 Box of healthy snacks (**see snack break ideas)



1 Pair of inexpensive tennis shoes- *SEE NOTE **BFI OW**

Grade 3

1 School bag or backpack



1 Pair inexpensive tennis shoes-*SEE NOTE BELOW

Grade 4

- 1 Pair non-bluetooth over the ear Headphones
- 1 School bag or backpack
- 1 Pair of inexpensive tennis shoes-kept at school *SEE NOTE BELOW

**Snack Break Ideas

Grains – Look for the Whole Grain (WG) stamps on foods

Box of your child's favorite WG cereal (Kix, Cheerios, Fruit Loops)

Animal Crackers (not chocolate or frosted)

WG crackers (ex. Goldfish, Cheez-its, Wheat Thins)

Pre-made Popcorn (lightly salted & buttered)

Fat-free pretzels

Honey wheat pretzels

Rice cakes

Rice Krispie Treats made with WG

Chex Mix

Granola or Granola bars (avoid those made with tree nuts & peanuts)



