

## 4-Year-Old Kindergarten

Label the following with your child's name

- 1 Box/bag of healthy snacks (\*\*see snack break ideas)
- 1 Backpack large enough to fit a standard folder and snow pants-no wheels
- 1 Change of clothing (underwear, socks, pants and shirt) in a labeled Ziploc bag to be kept at school



*Snacks will be asked for throughout the school year, we can only store so many at a time.*

### Optional

- Shaving cream, stickers, baking soda, food coloring, clothes pins, vinegar, cooking oil, salt, saline solution, colored garage sale stickers, stamper markers, gallon and sandwich ziploc bags (we will ask for these things throughout the school year, but you are welcome to send any items at the start of the school year).

## Kindergarten

Mark your child's name on the following:

- 1 Change of clothing (underwear, socks, pants and shirt) in a labeled Ziploc bag to be kept at school.
- 1 Large, sturdy backpack (No wheels). Needs to hold folders, library books, snow pants from home, etc. Make sure your child can open (zip, snap, etc.) the backpack.
- 1 Average-sized beach towel to be used for daily rest time
- 1 Pair of inexpensive tennis shoes (prefer Velcro) to be left at school. Purchase with growing feet in mind.-\*SEE NOTE BELOW



### Optional

- Paper plates, coffee filters, clorox wipes, gel hand sanitizer, snack and quart size ziploc bags and cotton balls

## Grade 1

- 1 School bag/backpack (no wheels)
- 1 Box/bag of healthy snacks (individually, prepackaged) \*\*see snack break ideas



*Grade 1 continues on the next column*

- 1 Change of clothing in a labeled Ziploc bag to be kept at school.
- 1 Pair of inexpensive tennis shoes.- \*SEE NOTE BELOW

## Grade 2

- 1 Box of healthy snacks (\*\*see snack break ideas)
- 1 School bag or backpack (No wheels)
- 1 Pair of inexpensive tennis shoes- \*SEE NOTE BELOW



## Grade 3

- 1 School bag or backpack
- 1 Pair of non-bluetooth headphones or earbuds
- 1 Pair inexpensive tennis shoes-\*SEE NOTE BELOW



## Grade 4

- 1 Pair non-bluetooth over the ear Headphones
- 1 School bag or backpack
- 1 Pair of inexpensive tennis shoes-kept at school \*SEE NOTE BELOW



### **\*\*Snack Break Ideas**

Grains – Look for the Whole Grain (WG) stamps on foods  
 Box of your child's favorite WG cereal (Kix, Cheerios, Fruit Loops)  
 Animal Crackers (not chocolate or frosted)  
 WG crackers (ex. Goldfish, Cheez-its, Wheat Thins)  
 Pre-made Popcorn (lightly salted & buttered)  
 Fat-free pretzels  
 Honey wheat pretzels  
 Rice cakes  
 Rice Krispie Treats made with WG  
 Crisp flat breads  
 WG Bagel/Pita Chips  
 Chex Mix  
 Granola or Granola bars (avoid those made with tree nuts & peanuts)