

Dear Ramapo Ridge Parents/Guardians,

We are looking forward to the upcoming middle school soccer season!

Ramapo Ridge Middle School will field Boys Soccer and Girls Soccer teams this Fall. The two teams will compete in the Northern Bergen Middle School Athletic League in which they will compete against other middle schools in the area.

Please see the attached respective schedules.

IMPORTANT: Registration AND physical forms for **middle school soccer** are due by **September 1st**.

All students are encouraged to try-out!

Please visit our school [website](#) and the related middle school athletics [headline feature](#) for registration information.

The [registration form](#) must be printed and filled out completely.

Parents/Guardians and students are required to review and acknowledge several documents to complete the registration process.

The registration form can be:

- Dropped off at the RRMS Main Office
- Mailed USPS to Ramapo Ridge Middle School, Attn: K. Jaffe – 150 Ridge Road, Mahwah, NJ 07430
- Emailed as an attachment to Ms. Jaffe kjaffe@mahwah.k12.nj.us (please do not send as a photo); or,
- Faxed to Ms. Jaffe at 201-529-6790

A physical examination form must also be submitted. A physical examination will be considered valid if it is 365 days old or less on the first day of participation.

Physical Exam Link: [RRMS Athletics Physical Exam Form 2022-23](#)

The physical exam form can be:

- Dropped off at the RRMS Main Office
- Mailed USPS to Ramapo Ridge Middle School, Attn: S. Parker – 150 Ridge Road, Mahwah, NJ 07430
- Emailed as an attachment to Ms. Parker sparker@mahwah.k12.nj.us (Please do NOT send as a photo)
- Faxed to 201-529-6790

Try-Outs for the Middle School teams will begin on September 6, 2022 at 3 PM.

Participation in try-outs will require two items:

1. Registration form submitted by Sept. 1, 2022
2. Physical Exam form submitted by Sept. 1, 2022

General Information & Frequently Asked Questions:

- There will be one boys' team and one girls' team. There will not be separate teams for grade levels.
- Soccer Teams will be expected to have about 20 participants at the coaches' discretion following try-outs.
- Middle School teams will have scheduled practices and games, Monday through Friday, from September 6th through the end of the season in early November.
 - Practices will be between 3 PM – 5 PM daily
 - Games will be scheduled at 4 PM or 4:15 PM
- Transportation will be provided and required for Away contests
- There will be a mandatory preseason meeting for all prospective soccer participants. Each prospective student-athlete must be accompanied to the meeting with at least one parent.
 - September 6, 2022, 6 PM at Ramapo Ridge Middle School

Please reach out to Athletic Director, Mr. Pelletier – rpelletier@mahwah.k12.nj.us with any questions regarding Middle school Athletics.

Sincerely,

Roger Pelletier – rpelletier@mahwah.k12.nj.us
Director of Athletics
Ramapo Ridge Middle School

Brian Cory
Principal
Ramapo Ridge Middle School

