

A person stands on dark, wet rocks at the edge of a calm sea during a sunset. The sun is a bright orange orb on the horizon, with its light reflecting as a shimmering path across the water. The sky is filled with dramatic, dark clouds tinged with orange and yellow from the low sun. To the left, a steep, dark cliff rises from the shore. The overall mood is contemplative and serene.

Residents Rights And Independence

UNIT 6 – RESIDENT RIGHTS AND INDEPENDENCE

A. CONSIDERATIONS FOR CARE

1. Effects of aging and institutionalization on resident rights and independence.
2. Effects of cognitive impairment on resident rights and independence.
3. Empathy and how we all value our rights
4. Respect resident rights and promote resident independence in all aspects of the care you give

RIGHTS OF RESIDENTS

Right to be fully informed

Right to Participate in their own care

Right to make independent choices

Right to dignity and respect

Right to security of possessions

Right to complain



SEXUALITY AND INTIMACY

1. Intimacy and physical sexual expression is a basic human right and need throughout the lifespan.
2. Intimacy is defined as an expression of the natural desire of human persons for connection; a state of reciprocated physical closeness to, and emotional honesty with another.
3. Sexual Activity includes sexual contact and other activities intended to cause sexual arousal.



There are many myths that are associated with the sexuality and the older adult. These include:

- a. Older people do not have any sexual desires or healthy sexual relationships;
- b. Older people are unable to engage in sexual activities;
- c. Any sexual activity among the elderly is perverse and embarrassing;
- d. Older people are fragile physically and might harm themselves;
- e. Older people are grateful for sexual contact;
- f. Elderly people who claim to be sexually active are fantasizing; and
- g. Sex is only for the young.



5. The reality is older adults may still enjoy and be able to engage in sexual activity.

6. In order to respect the rights of the resident, residents that have the capacity must be allowed to have intimate relationships/engage in sexual activity.



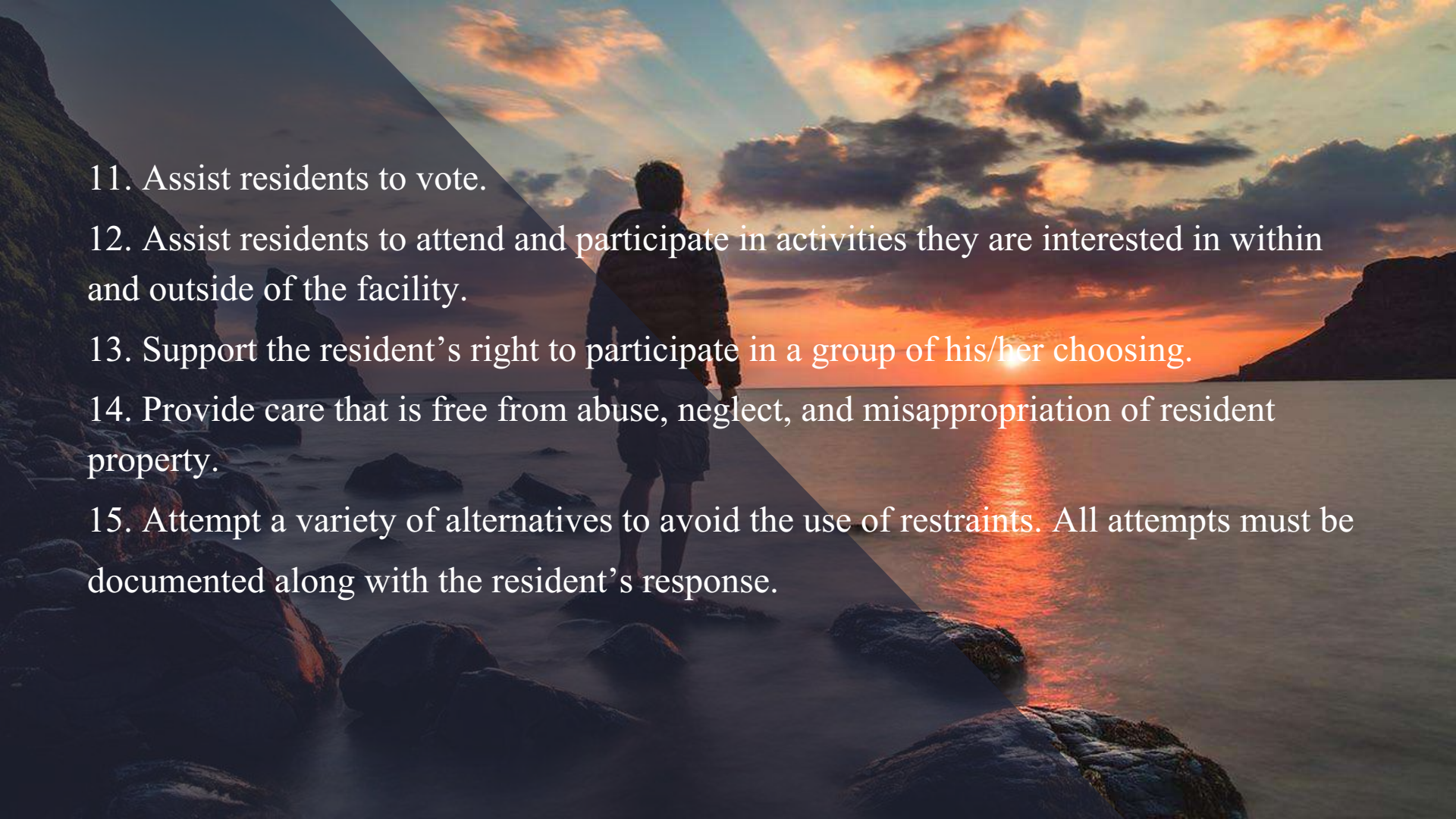
ROLE OF THE NURSE AIDE IN RESPECTING AND PROMOTING RESIDENT RIGHTS AND INDEPENDENCE.

1. Ensure person-centered care is provided in all instances.
2. Provide privacy.
3. Maintain confidentiality.
4. Communicate appropriately and allow resident to have personal choice whenever possible.
5. Accommodate individual needs and preferences.
6. Encourage residents to participate in care as much as possible.
7. Provide care and security of residents' personal possessions.
8. Maintain safety.
9. Report residents' complaints of grievances and disputes to nurse.
10. Proper use of technical devices.

ROLE OF THE NURSE AIDE...

In respecting and promoting resident rights and independence:

1. Provide privacy.
2. Maintain confidentiality.
3. Communicate appropriately and allow resident to make decisions when possible.
4. Accommodate individual needs and preferences.
5. Encourage residents to participate in care as much as possible.
6. Provide care and security of residents' personal possessions.
7. Maintain safety.
8. Report residents' complaints of grievances and disputes to nurse.
9. Proper use of technical devices.
10. Assist residents to vote.
11. Assist residents to attend and participate in activities within and outside of the facility.
12. Provide care that is free from abuse, neglect and misappropriation of resident property.

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- A person is standing on dark, wet rocks at the edge of a body of water, looking out at a sunset. The sky is filled with colorful clouds in shades of orange, yellow, and blue. The sun is low on the horizon, creating a bright reflection on the water. The person is silhouetted against the bright sky. The overall mood is peaceful and contemplative.
11. Assist residents to vote.
 12. Assist residents to attend and participate in activities they are interested in within and outside of the facility.
 13. Support the resident's right to participate in a group of his/her choosing.
 14. Provide care that is free from abuse, neglect, and misappropriation of resident property.
 15. Attempt a variety of alternatives to avoid the use of restraints. All attempts must be documented along with the resident's response.

ABUSE, NEGLECT, AND MISAPPROPRIATION OF RESIDENT PROPERTY

(EXPLOITATION)

Abuse – the willful infliction of injury, unreasonable confinement, intimidation or punishment with resulting physical harm, pain, or mental anguish.”

Physical Abuse: non-accidental force against an individual that results in physical pain, injury, or impairment.

Emotional Abuse: speaking to an individual in ways that cause emotional pain or distress



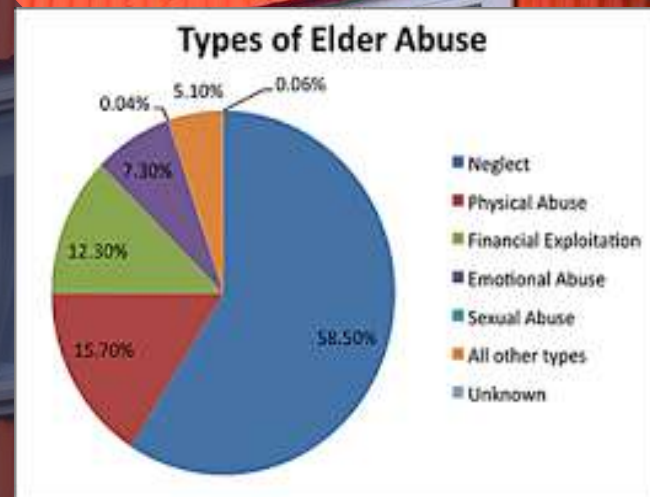
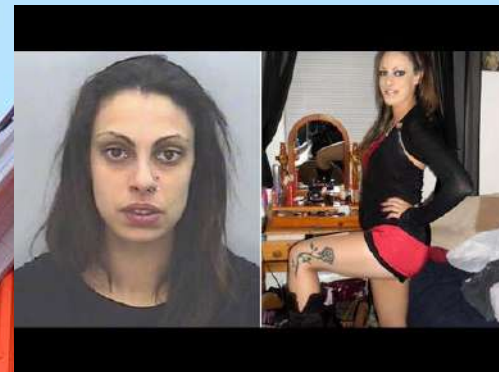
Elder Abuse



Sexual Abuse: engaging in sexual contact with an individual without his/her consent.

Neglect – the failure to provide goods and services necessary to avoid physical harm, mental anguish, or mental illness.”

Misappropriation of Resident Property – the deliberate misplacement, exploitation, or wrongful, temporary or permanent use of a resident’s belongings or money without the resident’s consent.”



Recognizing potential signs of abuse:

a. Unexplained bruising, swellings, pain or other unexplained injuries. b. Sudden changes in resident's personality or behavior. c. Fear and anxiety.

3. Reporting abuse, neglect, or misappropriation of resident property:

- a. As members of the health team, nurse aides are legally and ethically responsible for reporting actual or suspected abuse, neglect, or misappropriation or resident property.
- b. Report suspected findings to the nurse and provide factual information requested for filing reports.
- c. The Complaint Hotline at DADS is (800) 458-9858.



ROLE OF THE NURSE AIDE IN UTILIZING ABUSE PREVENTION STRATEGIES IN RESPONSE TO ABUSIVE BEHAVIOR DIRECTED TOWARD STAFF BY RESIDENTS AND FAMILIES.

- 1. Demonstrate personal restraint and control when dealing with an abusive resident or family member.**
- 2. Recognize the underlying reason for the behavior as well as potential triggers.**
- 3. Implement guidelines for dealing with angry residents and families.**
- 4. Implement guidelines for dealing with combative residents.**



Advanced Directives:

legal documents that allow people to choose what medical care they wish to have if they are unable to make those decisions themselves

Living Will: a written statement detailing a person's desires regarding their medical treatment in circumstances in which they are no longer able to express informed consent,

Durable Power of Attorney: Who will make medical decisions

DNR: Do not resuscitate



Advance Directives

- Health Care Power of Attorney
 - ✓ Someone who can make health care decisions for you if you are unable