

# Helping Grade Schoolers Manage Social Situations in Healthy Ways

## Resource Page

### Brain Development in School-Aged Children:

Curious Kids:



### Emotion Regulation:

University of Maryland:



They Are The Future:



Raising Independent Kids:



### Social Problem Solving:

Twin Science:



Lerner Child Development:



### Reducing Social Anxiety:

Mayo Clinic's "Anxiety Coach" Website:



### Healthy Screen Time Use and Social Interactions:

American Academy of Pediatrics:



London School of Economics:



Raisingchildren:

