## **Research Opt-Out Form**

Dear Parents/Guardians,

Please take the time to review the attached informed consent regarding research that will be taking place at your child's school, D.H. Conley High School. After reading the informed consent, detailing the purpose of the research project and the information that will be collected from the participants/students, if you decide that you do not wish for your child to participate in the research project, you will need to fill out the form at the bottom of this page and return it to the school. If we do not have a copy of this form on file for you by May 27, 2019, then we will assume that you give your permission for your child to participate in the study. We only need a form returned if you do NOT wish for your student to participate in the study.

Please call Ms. Kelly Wynne at D. H. Conley High School if you have any questions related to the research study. You can reach her at 252-756-3440, extension 5913.

I,, parent/guardian of	
would like to opt my child out of this	research study at D. H. Conley High School.
Student Name (Printed)	Parent/Guardian Signature
	<del></del>
Date	

# **Informed Consent to Participate in Research Study**

Regent University School of Psychology and Counseling 1000 Regent University Dr. Virginia Beach, VA 23464

The Relationship between Adverse Childhood Experiences, High School Suspension Rates and ADHD Kelly Wynne, M.S., LPCA, NCC 252,756,3440

### A. PURPOSE AND BACKGROUND

Ms. Kelly Wynne, a Regent University graduate student, is conducting research on the relationship between childhood trauma, ADHD, and how they affect high school suspension rates. The purpose of your participation in this research is to help the researcher determine if there is a connection between childhood trauma, ADHD and high school suspension rates. All D.H. Conley high school students have been selected as possible participants in this research study because that is where the principal researcher, Ms. Kelly Wynne, works as a school counselor.

#### B. PROCEDURES

If you agree to participate in this research study, the following will occur: you will be emailed a questionnaire to your Pitt County Schools email address and asked to complete it. One part of the questionnaire is called the ACE measurement. This measurement asks questions about possible traumatic experiences that occurred during your childhood (within the first 18 years of your life). We will not ask for you to tell us which traumatic experiences you experienced, only how many of the ones listed that you experienced. The second part of the questionnaire relates to your demographic information (age, gender, ethnicity, grade and student ID number) and whether or not you have ever been diagnosed with ADHD. If you are unsure if you have ever been diagnosed with ADHD before, it may be a good idea to ask your parent/guardian prior to completing the survey. The entire amount of time that you should expect to spend with regards to this research project, if you agree to participate, should be no more than 10-15 minutes. Time will be provided at your school to allow you access to a chromebook or to use your cell phone to access your email and fill out the survey.

We will only be asking for your student I.D. number so that we can match your responses with your disciplinary data that will be found in Power School, specifically looking at suspension rates. Once we have matched the data, student I.D. numbers will be replaced with random number assignments, so that your identity may never be revealed. As an additional safeguard measure, once the data has been matched, all questionnaires that you completed will be destroyed. This is so that, once again, we can ensure complete anonymity when the results of this study are published. The only person that will have access to your survey responses will be the principal researcher, Ms. Kelly Wynne, so as to ensure complete confidentiality of your responses.

#### C. RISKS

Risks associated with your participation in this research project are very minimal. Due to the sensitive nature of the questions on the ACE measurement inquiring about past childhood trauma, the questions may trigger an emotional reaction from you. If this happens, we would like to provide you with resources for which you can call and/or text to speak with a counselor about your feelings and thoughts. Please call the following number to reach the Integrated Family Services Mobile Crisis Team 24 hours a day, 7 days a week: 1-866-437-1821. You can call and speak with a counselor at any time, and remain anonymous. If you prefer to chat online anonymously with a counselor, please visit: www.integratedfamilyservices.net and enter the chat room in the top right corner of the web page. This service is available 24 hours a day, 7 days a week as well.

#### D. CONFIDENTIALITY

The records from this study will be kept confidential. No individual identities will be used in any reports or publications resulting from this study. All questionnaires and surveys will be given codes and stored separately from any names or other direct identification of participants. Research information will be kept in locked files at all times. Only research personnel will have access to the files and electronic survey responses and only the principal researcher will have access to files with identifying information. After the study is completed, it will be stored and analyzed for approximately three months and then destroyed. All hard copies will be shredded and all digital files will be deleted.

#### E. BENEFITS OF PARTICIPATION

To thank you for your participation in this research study, you will be entered to win one of three \$25.00 gas gift cards upon completion of the measurement/questionnaire. Another anticipated benefit of this research study is to determine what the relationship looks like between adverse childhood experiences, a diagnosis of ADHD, and suspension rates for high school students.

# F. VOLUNTARY PARTICIPATION

Your decision whether or not to participate in this study is voluntary and will not affect your relationship with D. H. Conley High School or any of it's faculty or staff members in any way. If you choose to participate in this study, you can withdraw your consent and discontinue participation at anytime without prejudice.

#### G. QUESTIONS

If you have any questions about the study, please contact Ms. Kelly Wynne by calling 252-756-3440. You can also contact Dr. Mark Newmeyer, the IRB contact for Regent University's School of Psychology and Counseling, at 757-352-4828, with any questions about the rights of research participants or research related concerns.