

National Suicide Prevention Lifeline

1 (800) 273-8255

www.suicidepreventionlifeline.org

Lifeline Crisis Chat

www.contact-usa.org/chat.html

Rensselaer County Recovery Helpline

1-833-467-3123 or 1-833-HOPE-123

Receive information, resources or referrals for themselves or anyone else needing help with substance abuse and recovery.

Child and Adolescent Mobile Crisis Team

292-5499

Special Note: M-F: 8am-10pm

Sa-Su: 11am-7pm

<https://www.northernrivers.org/mobile-crisis>

Suicide Prevention Center of New York State

Riverview Center

150 Broadway, Suite 301

Menands, NY 12204

(518) 402-9122 or (518) 402-1156

www.preventsuicideNY.org

Love is Respect

1 (866) 331-9474

www.loveisrespect.org/

Special Notes: Teen dating violence helpline, Teen and Caregiver resources on website

United Way of the Greater Capital Region

1 United Way Albany, NY 12205

(518) 456-2200 or 211

www.unitedwaygcr.org

Mental Health Association in NYS, Inc. 194 Washington Ave.

Albany, NY 12210

1 (800) 766-6177

www.mhanys.org/

Special Notes: Mental Health Information and Referral Line

Medicaid Transportation Management

1 (855) 852-3293

www.medanswering.com/locations/nys/hvri/rensselaer/

The Food Pantries for the Capital Region

d/b/a The Food Pantries

518-458-1167

www.TheFoodPantries.org

Special Notes: Online community resource database for community meals, shelters and assistance related to housing, clothing and furniture obtainment.

Rensselaer County Department of Social Services/ Probation

127 Bloomingrove Dr., 1st Floor, Troy

518-833-6000

Special note: Casework- CPS, Foster Care and Adoption

Or

547 River St., Troy

Special note: Temporary Assistance, Supplemental Nutrition Assistance Program, Medicaid, Home Energy Assistance Program, PINS/JD Unit

518-270-3935

Prevent Child Abuse NY Parent Helpline

1 (800) CHILDREN

www.preventchildabuseny.org/resour/prevention-and-parent-helpline

Special Notes: Parent/Caregiver support line that provides information on programs and services in the community based on needs requested

The Empowerment Exchange

2136 Burdett Ave

Troy, NY 12180

empowerment@aim.com

Office: (518) 235-2173

Peer Support Line: (518) 268-1663

www.facebook.com/the-empowerment-exchange

www.MHEPINC.org

Special Notes: Advocacy/Outreach, Peer Support Line, WRAP plans and many other services offered.

Al-Anon

www.al-anon.org/al-anon-meetings/

Kinship Care Program

Kari Correia

27 North Main Ave., Albany

482-8836 or 1 (877) 454-6463

www.nysnavigator.org/pg/county-resources/rensselaer.php

Special notes: Services for relative caregivers, support groups, case management, and parenting classes

Legal Aid Society of Northeastern New York

95 Central Ave., Albany

518-462-6765

www.lasnny.org/*Special notes*: Free legal assistance and representation in civil, not criminal, cases for low-income New Yorkers
Rensselaer City PD 518-462-7451

Rensselaer County Sheriff's Office

4000 Main St., Troy

518-266-1900

www.rensco.com/departments/sheriff/

Special Notes: Provides Yellow Dot and Operation Safe Child program

OnTrack NY 401 New Kramer Road

Albany, NY 12205

(518) 292-5452

<https://parsonscenter.org/ontrackny>

Special Notes: Northern Rivers, program for individuals between the ages of 16-30 who have experienced unusual thoughts, behaviors, or who have started hearing or seeing things others do not.

Concerns "U"

Rensselaer

463-8571

Special Notes: referral services, goal planning, home visits, parenting classes, food pantry.

Fidelis Care of New York

Ted Porpegia

427-0481 ext. 23549

Or

879-8469

Special Notes: Health insurance enrollment (Medicaid, Child or Family Health Plus)

Circles of Mercy

11 Washington St.

Rensselaer, NY

462-0899

Catherine's Closet, tax prep, referrals