

SPRAGUE HIGH SCHOOL

2025-2026 RECOMMENDATION & COURSE REQUEST FORM GRADES 10-12

1. Your teachers have made recommendations in English, Math, Science and Social Science. These recommendations can be added to the worksheet below. If all credits have been completed in a core area, choose an elective course.
2. Fill in **ALL** spaces, including 4 alternates, or you will be assigned electives.
3. 10th graders must enroll in 8 classes each term. All 11th and 12th graders must enroll in 5 or more classes. OSAA requires enrollment in 5 classes to participate in OSAA activities (Band, Choir, Orchestra, Leadership, Speech, Athletics). Release periods may be granted if a student is on track to graduate only with a signed Request for Release From.
4. Sprague encourages **all** juniors to take 8 classes each term.

Student Name: _____ ID: _____

Class of: _____ Counselor: _____

CORE COURSES

	Course Number	Semester 1		Course Number	Semester 2
1	English		1	English	
2	Math		2	Math	
3	Social Sciences		3	Social Sciences	
4	Science		4	Science	

ELECTIVE COURSES

	Course Number	Semester 1		Course Number	Semester 2
5			5		
6			6		
7			7		
8			8		

****Required**** **ALTERNATE REQUESTS – FILL OUT COMPLETELY** ****Required****

	Course Number	Semester 1		Course Number	Semester 2
1			3		
2			4		

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Student Name: _____ ID: _____

1. Complete information is required on BOTH SIDES of this form: front and back.
2. For course descriptions, please see the **Course Catalog** which can be accessed electronically by scanning this QR code or go to the following web address:
<https://sprague.salkeiz.k12.or.us/counseling/course-catalog>



By signing below, you are agreeing to the courses that your child has selected and you understand that while we will attempt to honor all requests, student course selections are not guaranteed.

Student Signature

Parent/Guardian Signature

Phone #

Email address

RELEASE PERIODS

This section **MUST** be filled out if you are requesting to be off campus during the day for **ANY** reason.

General release periods are available to juniors and seniors who are on track to graduate. If you meet these requirements, circle the periods and semester you wish to have general release. **Please also put the releases in your course requests on the back of this form.** Requested classes will be placed on your schedule first and release periods will be placed as your schedule allows. **(Please note that a signed Request for Release form is a required, separate form that must be in place and can be picked up in the Student Center or on the Sprague website.)**

Sophomores, juniors, and seniors who request a release period for Seminary will have "Early Release" on their schedule which will take the place of one of their elective choices. Please write "Seminary" as one of your elective choices for both semesters on the front of this form. Please note that Seminary is not a Sprague-sponsored program and is offered at limited times which may impact elective options.

* Please note that students who are granted releases are expected to be off campus.

I request a release from period(s) _____

1 2 3 4 5 6 7 8
Semester 1

1 2 3 4 5 6 7 8
Semester 2

Reason: _____

Student Signature

Parent Signature