

# Referrals and Resources:

## **Cardinal Innovations Healthcare Solutions**

245 Le Philip Court NE  
Concord, NC 28025  
(704) 721-7065  
(800) 939-5911- 24 Hour Crisis Line  
[www.Cardinalinnovations.org](http://www.Cardinalinnovations.org)

## **Carolina Parenting Solutions**

2329 Wedgewood Dr  
Matthews, NC 28104  
(704) 718-8657

## **Creative Counseling**

**Joy Robbins, LPC**  
2661 W. Roosevelt Blvd. #110  
Monroe, NC 28110  
(704) 591-2704  
[www.creativecounseling.info](http://www.creativecounseling.info)

## **Carolina's Therapy Solutions, PA**

124 Unionville-Indian Trail Rd.,  
Suite A-1  
Indian Trail, NC 28079  
(704) 608-0445  
[www.carolinastherapysolutions.com](http://www.carolinastherapysolutions.com)

## **Creative Counseling & Learning Solutions**

Provide In-Home and/or Counseling in Schools  
(704) 422-5964  
[www.creativecounselingandlearningsolutions.com](http://www.creativecounselingandlearningsolutions.com)

## **Child and Family Development**

*Offer rich expertise in many clinical areas including speech therapy, physical therapy, occupational therapy and educational and psychological counseling and assessments.*

10516 Park Road  
Charlotte, NC 28210  
704.541.9080  
<http://www.childandfamilydevelopment.com/>

## **Cameron Valley Psychotherapy & Counseling Associates**

6845 Fairview Road, Charlotte, NC  
(704) 364-2572  
<http://www.camvalley.com/>

## **Daymark**

1190 W Roosevelt Blvd.  
Monroe, NC 28110  
(704) 296-6200  
Part of the Piedmont Behavioral Health Network Providers  
<http://www.daymarkrecovery.org/>

## **El Rophe Counseling Center**

Waxhaw (Faith Based)

## **Eastover Psychiatric and Psychological Group**

3303 Latrobe Drive  
Charlotte, NC 28211  
Phone: 704-362-2663  
Fax: 704-362-2836  
Website: <http://www.eastoverpsych.com>

## **Matthews Family Counseling**

1238 Mann Dr  
Matthews, NC 28105  
(704) 771-1714

## **Methodist Counseling & Consultation**

**Dr. Todd Matson**—grief counselor  
Monroe  
<http://www.mccsvs.org/toddmatson.html>

**Oasis Clinical Care Management**

7512 E. Independence Blvd  
Suite 110  
Monroe, NC 28110  
(704) 536-8381

**Outlook Behavioral Health**

3046-B Senna Dr.  
Matthews, NC 28105  
(704) 841-3886  
<http://www.outlookbehavioral.com>

**Piedmont Behavioral Health**

\*24-Hour Access Line: 1-800-939-5911

**Presbyterian Hospital**

200 Hawthorne Lane  
Charlotte, NC 28204  
\*24-Hour Access Line: 800-786-1585 or (704) 384-4255

**The Respite, A Centre for Grief & Hope**

4919 Monroe Rd.  
Charlotte, NC 28205  
<http://therespite.org>

**Safe Alliance (formerly United Family Services)**

604 Lancaster Avenue  
Monroe, NC 28112  
(704) 226-1352  
[www.safealliance.org](http://www.safealliance.org)

**Silver Psychiatric Services**

**Dr. Randie Schacter**  
212 W. Matthews Street #106  
Matthews, NC 28105  
(704) 847-0424  
Website: <http://www.silverpsychiatric.com>

**Stonecrest Psychiatric Associates**

5113 Piper Station Dr., Suite 207  
Charlotte, NC 28277  
(704) 541-4242  
Website: [www.stonecrestpsychological.com/index.htm](http://www.stonecrestpsychological.com/index.htm)

**Southeast Psychological Services**

8840 Blakeney Professional Dr.  
Suite 200  
Charlotte, NC 28277  
(704) 970-4741  
[www.southeastpsych.com](http://www.southeastpsych.com)

**SteppingStones Counseling**

*Dedicated to providing professional counseling to children, adolescents, adults, and families.*

4950 Park Road  
Charlotte, NC 28209  
Phone: (704) 523-4881  
Website: <http://thestonecenternc.com>

**Southeast Psychological Services**

**Heidi Limbrunner, Psy.D.**  
6115 Park South Dr., Suite 130  
Charlotte, NC 28210  
(704) 552-0116  
[www.southeastpsych.com](http://www.southeastpsych.com)

**Teen Health Connection**

3541 Randolph Road, Suite 206  
Charlotte, NC 28211  
(704) 444-2400  
(704) 381-8336  
[www.teenhealthconnection.org](http://www.teenhealthconnection.org)

**The Therapy Place**

Lee Hasty & Gretchen Laporta  
2649 Breckonridge Centre Dr.,  
Suite 112  
Monroe, NC 28110  
(704) 283-2900

# Private Therapists:

**Steffie Beard-Clark**

(704) 621-3300

[steffiebeardclark@gmail.com](mailto:steffiebeardclark@gmail.com)

**Ashley Elsaesser**

(704) 999-9462

The Crown Centre

2101 Sardis Road North, Suite 220

Charlotte, NC 28227

[www.aeprofessionalcounselingservices.com](http://www.aeprofessionalcounselingservices.com)

**Dana B. Foster**

150 Ray Kennedy Dr,

Locust, NC 28097

(704) 888-1616

**Lee Hasty, LCSW**

2649 Breckonridge Centre Dr.

Monroe, NC 28110

(704) 283-2900

**Janice Helms, LPC**

604 Lancaster

Monroe, NC 28112

(704) 635-8927

**Jude Johnson, LMFT**

105 E. Franklin St

Monroe, NC 28110

(704) 282-5006

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Monroe, NC 28110

(704) 282-5006

**Mary Ann McGannon**

1122 Sam Newell Rd

Suite 103

Matthews, NC 28105

(803) 431-6103

[mmcgannon@yahoo.com](mailto:mmcgannon@yahoo.com)

\*art therapy

**Althia McLaughlin-grief counselor**

(704) 763-8025

**Mary Ann Nelson**

ELEOS Counseling Center

124 UNIONVILLE INDIAN TRAIL RD W STE B1

Indian Trail, North Carolina 28079

(704) 869-2031

[www.therapists.psychologytoday.com](http://www.therapists.psychologytoday.com)

**Duane Thompson****Life Counseling**

704-650-7910

2661 W. Roosevelt Blv. Suite 113

Monroe, NC 28111

[dtlifecounseling@gmail.com](mailto:dtlifecounseling@gmail.com)

**Carolyn Vanderhall, LPC**

10550 Independence Pointe Pkwy

Suite 200

Matthews, NC 28105

(704) 995-6279

**Gretchen Woosley, MSW, LCSW**

*Psychotherapist w/special focus on work with families and children.*

2315 Randolph Road

Charlotte, NC

704-365-1113

<http://gretchenwoosley.com/>