

REDWOOD ELEMENTARY SCHOOL

4th ANNUAL COMMUNITY BUILDING DAY

9:00 AM **K-5 STUDENTS, TEACHERS AND ALL STAFF WILL LINE-UP OUTSIDE THE SCHOOL ON THE BUS LOOP. (SALUTE TO THE FLAG AND PEACE PLEDGE)**

9:15-11:15 **K-5 WILL PARTICIPATE IN THE 14 STATIONS SET UP AROUND THE SCHOOL CAMPUS. (PLEASE DON'T ROTATE UNTIL YOU HEAR THE WHISTLE AND ROTATE IN NUMBER ORDER)**

- **PLEASE DIVIDE YOUR CLASS INTO TWO TEAMS.**
- **REGULAR LUNCH PERIODS FOR CLASSES.**
- **REGULAR CLASS SCHEDULE AFTER LUNCH.**
- **SPECIAL AREA TEACHERS WILL BE WITH THEIR CLASS DURING THEIR SCHEDULED CLASS TIME TO ALLOW FOR TEACHER'S PREP.**

STATION LOCATION	
STATIONS 1-3	UPPER FIELD
STATION 4	PLAYGROUND
STATIONS 5-8	LOWER FIELD
STATION 9	MULTI-PURPOSE ROOM
STATIONS 10-11	BUS LOOP
STATIONS 12-13	NEW GYM
STATION 14	UPPER FIELD (DIRT AREA NEAR NEW GYM)

STATIONS 13-15

FRONT GRASS AREA

TOSS THE CHICKEN

KB & 4LJ

1

PAILS & SHOVELS

2P & 5MA

10

BEA N BAG TOSS

2L/L & 5PO

11

RUNNING RACE

KS/D & 4FO + LIPKIN

2

BASKETBALL

1C & 3-5 LAMBERT

12

SCOOTER

2J & 5N

13

FOOTBALL TOSS

2H & 5Y

14

OBSTACLE COURSE

KF & 4DIG

3

X-BOX

1D/M & 3FR

9

PLAYGROUND

KL & 4ME

4

BIG FOOTBALL

1DO & 3S

8

SPOON/EGG

1HEC & 3Z

7

BIG SOCCER BALL

1 HEG & 3MO

6

GAGA PIT

KR & 4LA

5

Community-Building Day Stations:

STATION 1:

TOSS THE CHICKEN

Partners must be on the same team. All chickens begin on the same side. Students will line up with the cones. On the signal, one student tosses the chicken to their partner. If caught they remain standing. Everyone standing takes one big step back. Repeat until one group of partner's remains standing.

STATION 2:

RUNNING RACE

The first student holds the donut, runs in and out of the flags, goes around the cone and returns the same way (zigzag). Hand donut to waiting teammate. When complete the team sits legs crossed/hands folded in a straight line.

STATION 3:

OBSTACLE COURSE

The first student from each team moves through every obstacle to the end. Then the students run back to tag the next player. When complete the team sits legs crossed/hands folded in a straight line. (Run through each hula hoop, over the two padded hurdles, go up the stairs and down the slide, go in and out of the donut, run around the cone and run in a straight line back to the beginning.)

STATION 4:

PLAYGROUND

The students will have the opportunity to play on the equipment. Students are expected to demonstrate fairness, sharing, following playground rules (going down the slide/not up it, two hands on the equipment, etc...) and work well together.

STATION 5:

GAGA PIT

The students will have the opportunity to play in the gaga pit. All students will enter the gaga pit. There will be one ball placed inside. Students will be up against the wall. After the ball bounces 3 times (students say “Ga, Ga, Ga”) the game begins. Students must use their hands to hit the ball. If the ball hits a student below the knee, they are out and must exit the gaga pit. Students are not allowed to hit the ball two times in a row (unless it hits the wall in between hits). If a ball is caught in the air, the student who hit the ball is out. If a student hits the ball out of the pit, the student is also out.

STATION 6:

BIG SOCCERBALL RELAY

The students will kick the big soccer ball down to the cone, around the cone, and back to their team. The next student in-line must stay behind the cone. When complete the team sits legs crossed/hands folded in a straight line.

STATION 7:

SPOON/EGG RELAY

First student carries the egg on the spoon down and around the cone. If the egg drops, pick it up and place it on the spoon. Both hands must stay on the spoon and you are not to touch the egg as you walk. When complete the team sits legs crossed/hands folded in a straight line.

STATION 8:

BIG FOOTBALL RELAY

The students will run down to the cone, around the cone, back to their team holding onto the football and handing the ball to the next student waiting behind the cone. When complete the team sits legs crossed/hands folded in a straight line.

STATION 9:

X-BOX

The students will enter the gym, spread out and participate in Just Dance.

STATION 10:

PAILS & SHOVELS

On the signal, the first student runs, carrying a shovel, to a pile of animal beanbags. Only using the shovel, they scoop up one beanbag and quickly drop it into the pail. If the beanbag drops, they must scoop up the beanbag again and continue to the pail. Exchange the shovel with the next student. When there are no more beanbags to get the teams will sit legs folded in a straight line.

STATION 11:

BEAN BAG TOSS

The students will toss the beanbag underhand towards the target. The students will get two chances then will retrieve the bean bags, hand it to the next student and then will go to the back of the line.

STATION 12:

BASKETBALL SHOOTING

First student on each team will shoot from the poly spot in front of their team's basket. If they make it or miss, they bring the basketballs back to their team for the next two students to shoot.

STATION 13:

SCOOTER RELAY

With time permitting, the students will have three races. The first race the students will sit on the scooter facing forward. Second, students will sit on the scooter facing backwards and the third race the students can lay on their stomachs. On the signal, the students will go around the

cone and come back to the next student waiting behind the start cone. When complete the team sits legs crossed/hands folded in a straight line.

STATION 14:

FOOTBALL TOSS

Students will line up behind the cone. First student in line will step up to the blue or yellow cone (depending on what team they are on) and throw the football to the hula-hoop. Student will pick up the ball and bring it back their team and then the next student will go.