



Snowboard Workout



Yoga Warm-Up







Fun Fact:

Why Leaves Change Color





Batman
Warm Up

THE BATMAN WORKOUT

#GETKIDSMOVING



MINECRAFT FITNESS CHALLENGE



Minecraft Warm Up





RSD ONLINE

PUMPKIN PUNCH 2

Pumpkin
Punch

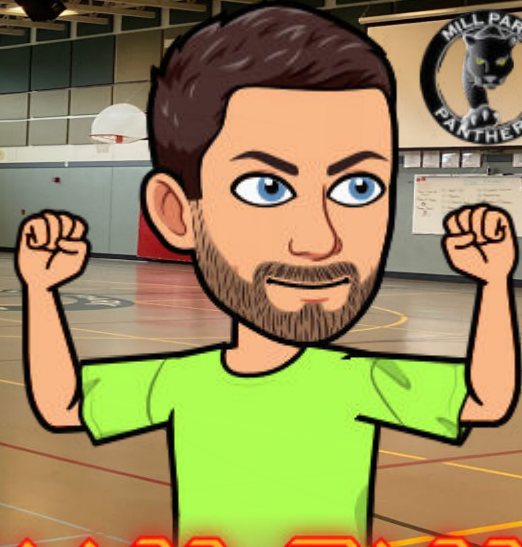


Next Slide

Winter Fitness Wheel



Movement Wheel

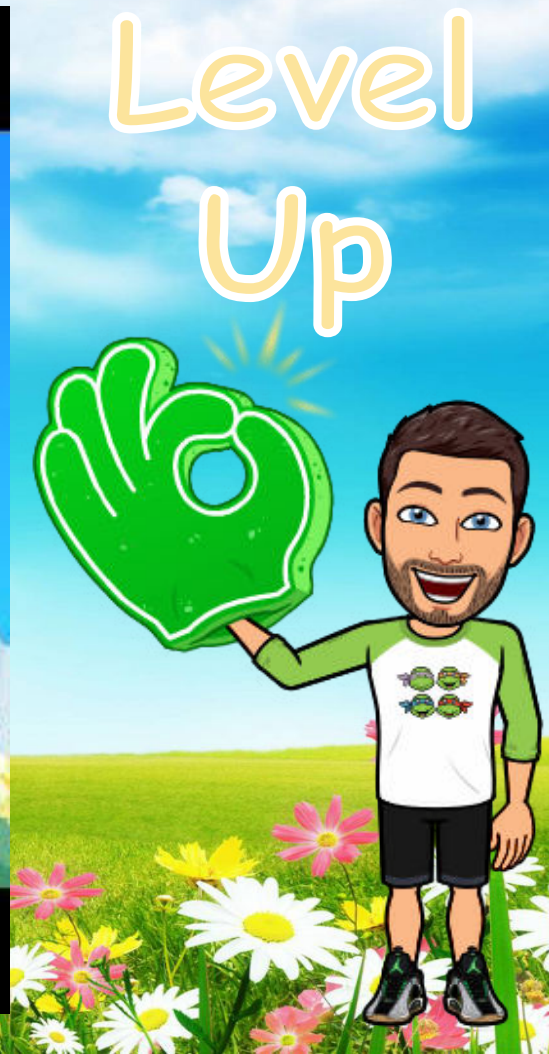
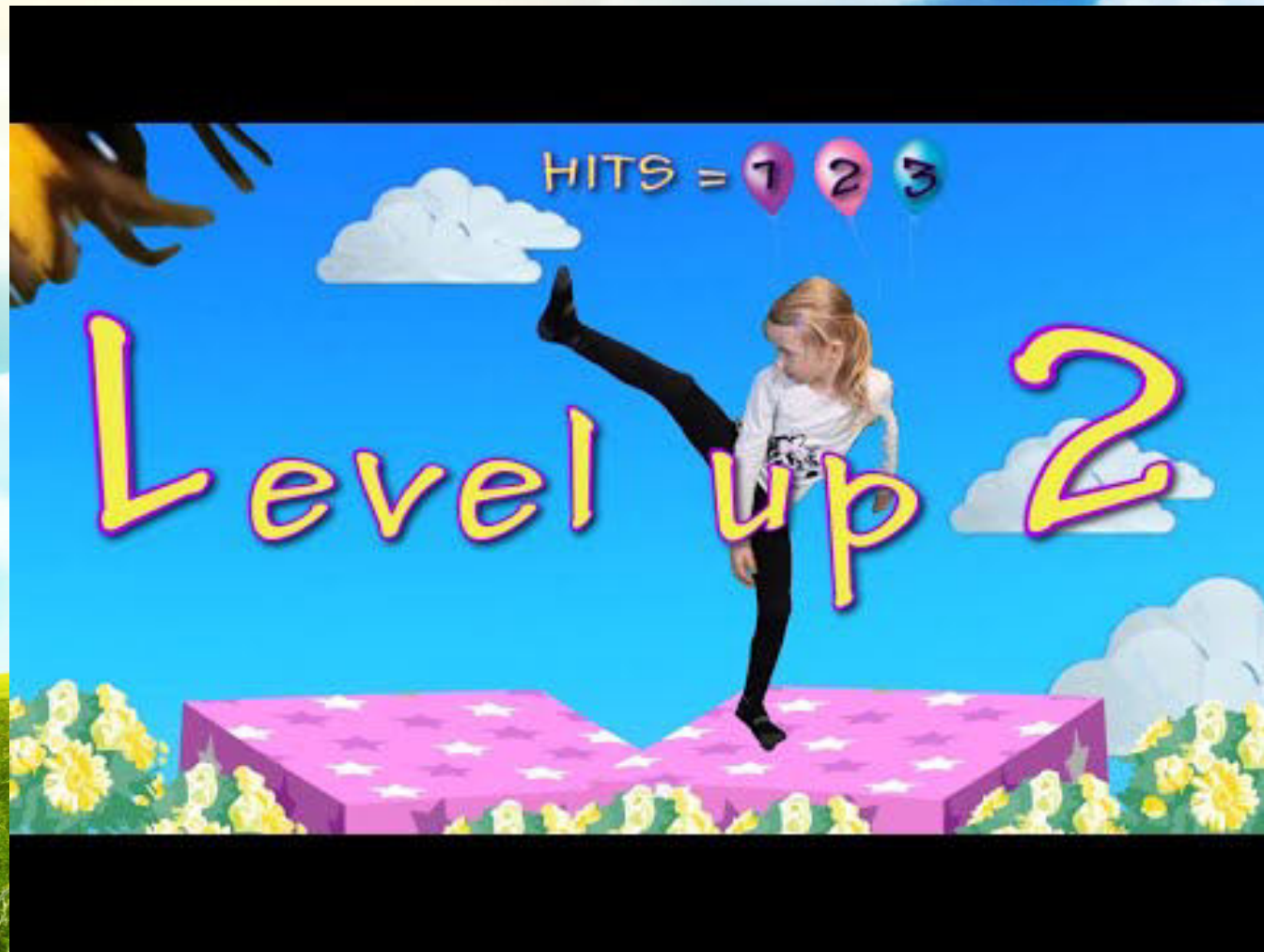


GYM:TIME

Movement Wheel



WORKIN' IT



Rhyme Time

?



Would You Rather



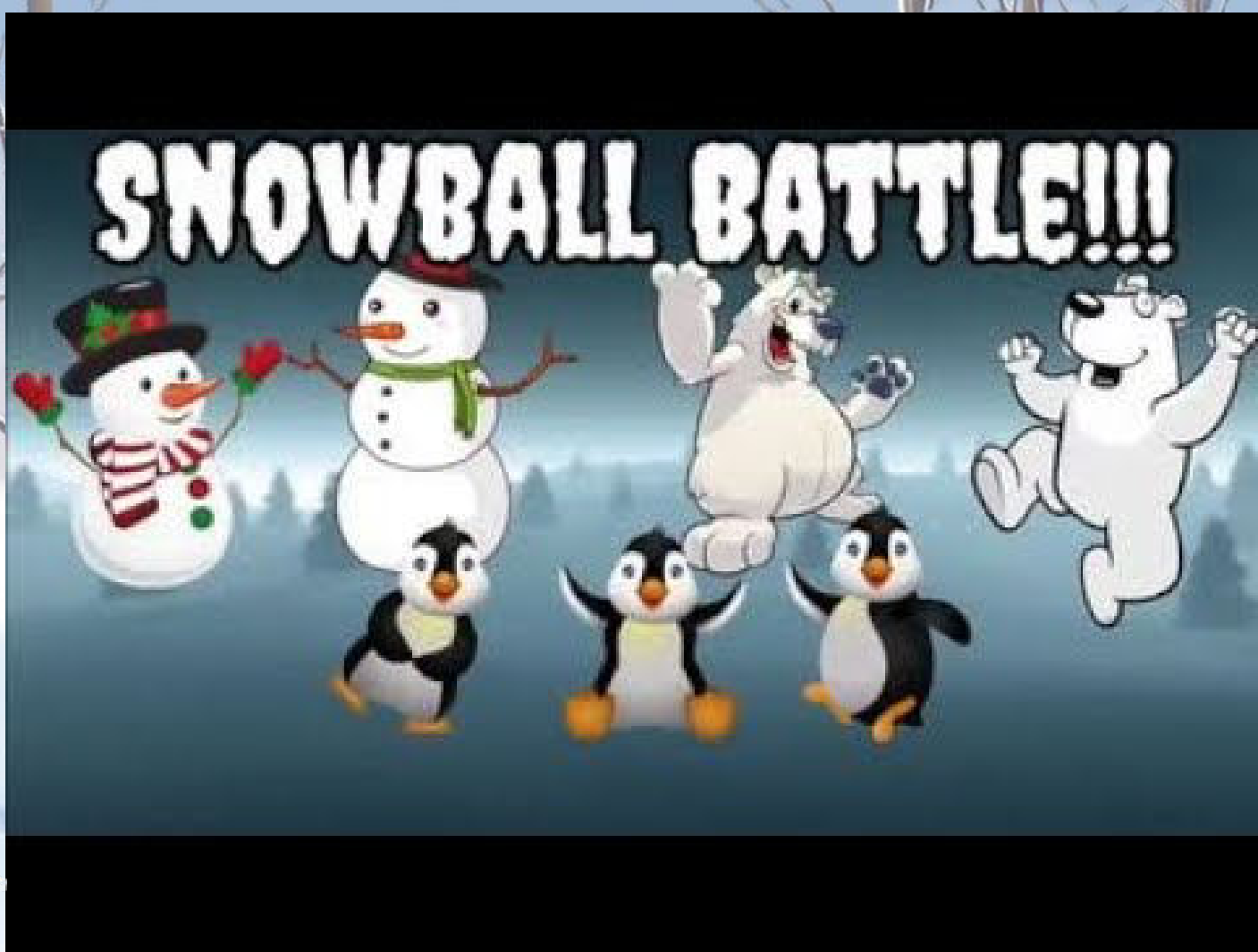
Mother's Day 5/9/2021



Rabbits on the Run



Snowball Battle





Balloon Pop



Ninja Run



This or
That

PE WITH COACH SMITH



?



SPIDER- VERSE WORKOUT



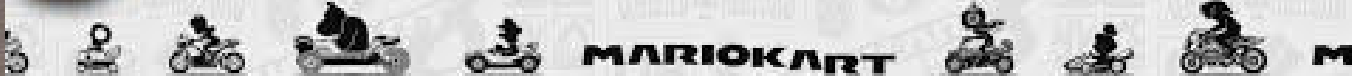
#GETKIDSMOVING You Tube

Spider-verse workout

MARIOKART DELUXE

FITNESS

WHO WILL WIN?

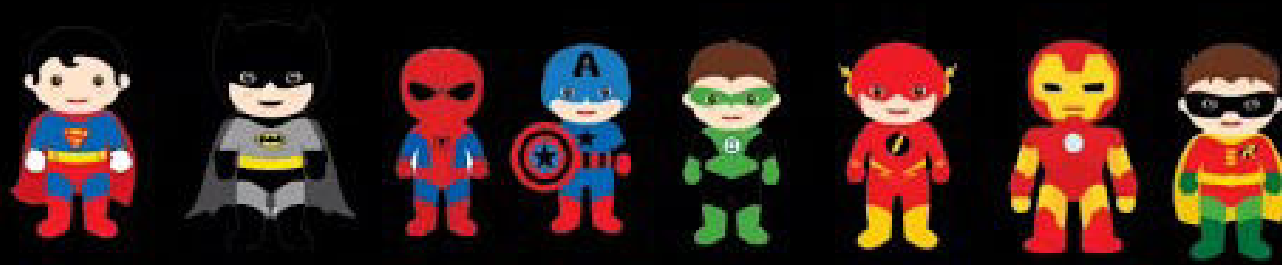


Mario Cart Fitness



Gingerbread Mountain





SUPERHERO RACES

Fitness Activity

**Superhero
Races!**



Ninja Warm Up

These moves
are for
fitness only!





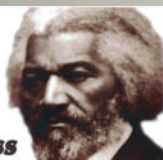
Zookeeper Fitness



BLACK HISTORY MONTH

It's easier to build strong children than repair broken men.

-Frederick Douglass



Frederick Douglass

- In his lifetime:
- Runaway Slave
 - Self-Educated Man
 - Best-Selling Author
 - Notable Speaker
 - World Traveler
 - Human Rights Advocate
 - Consultant to Presidents

"Right is of no sex,
Truth is of no color..."



"COURAGE IS
AN INNER
RESOLUTION
TO GO
FORWARD
DESPITE
OBSTACLES."

-MARTIN LUTHER KING JR.

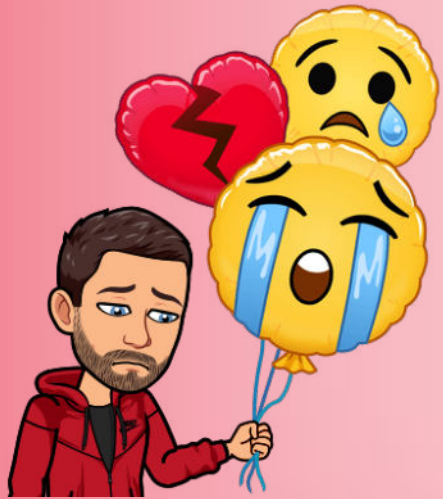
REST
&
RESET

00:03



Black History
Month Workout

Heartbreak Challenge



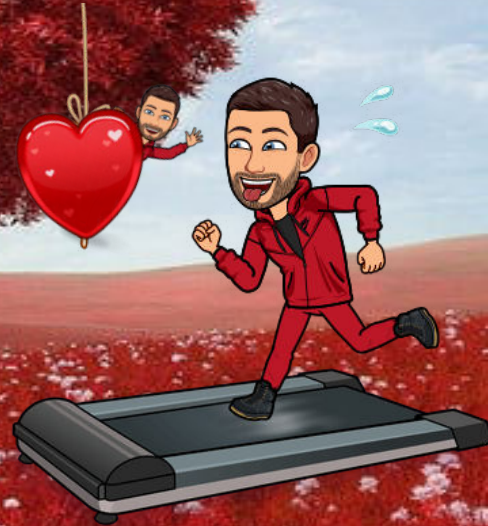
Heartbreak Challenge



RSD ONLINE



Cupid on the Run





Snow Fright



A detailed illustration of a large, blue and white ice dragon with sharp horns and wings, breathing fire. It is positioned on the left side of the image, with its head and front paws visible. The background is dark and snowy.

Adventure Workout

SNOW FRIGHT

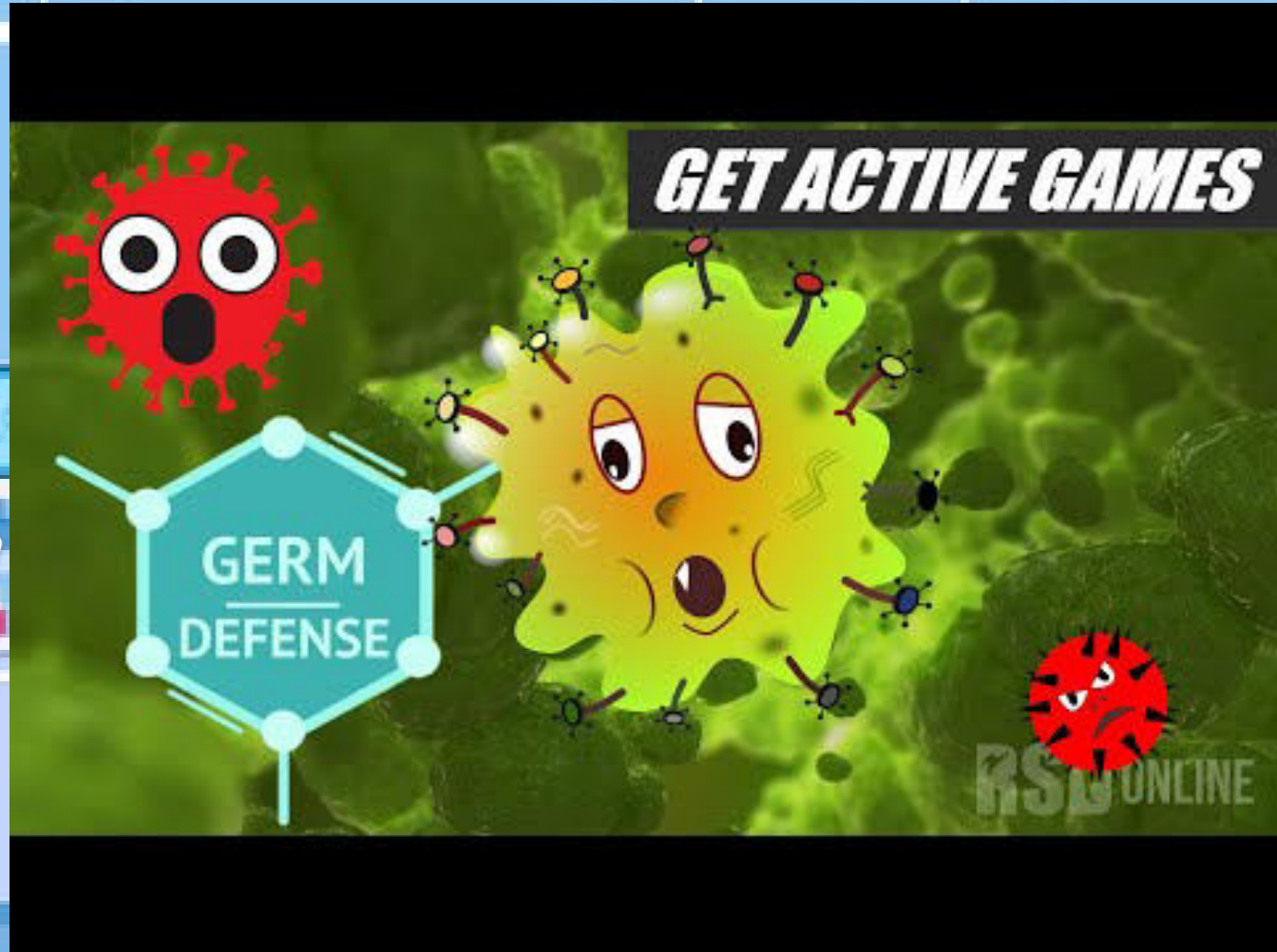
LEVELS 3-5

Snow Fright 2



Germ Defense

DON'T TOUCH





SNOW MOTION 2



Snow Motion





Shark
Challenge



#Healthy
LIVING

HEALTHY EATING



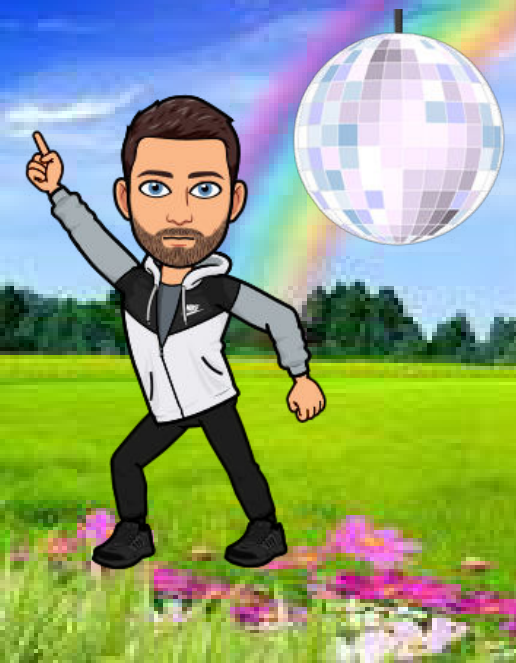




Leprechauns on the Run



St. Patrick's Freeze Dance



Brain
Breaks

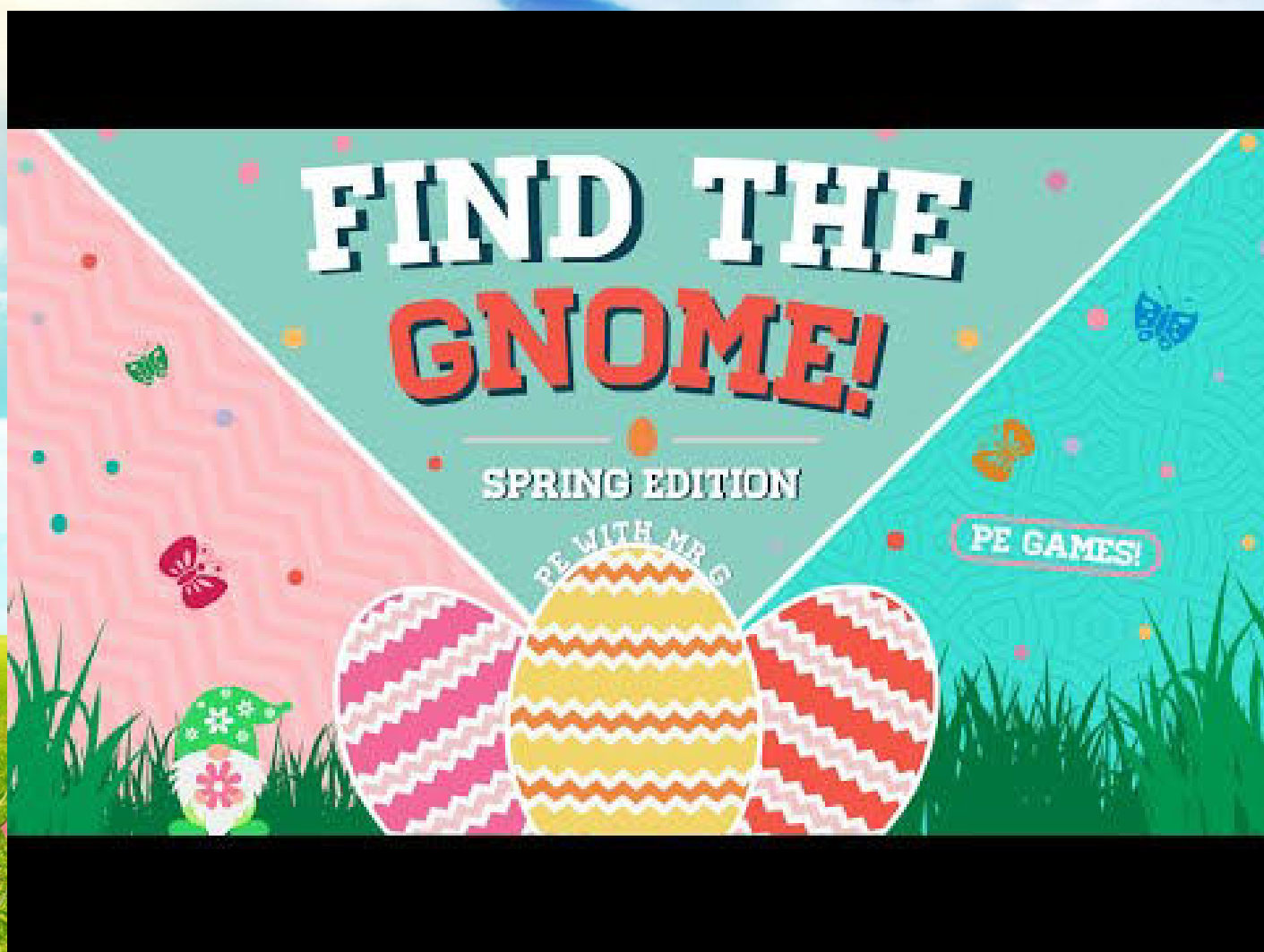


This or That

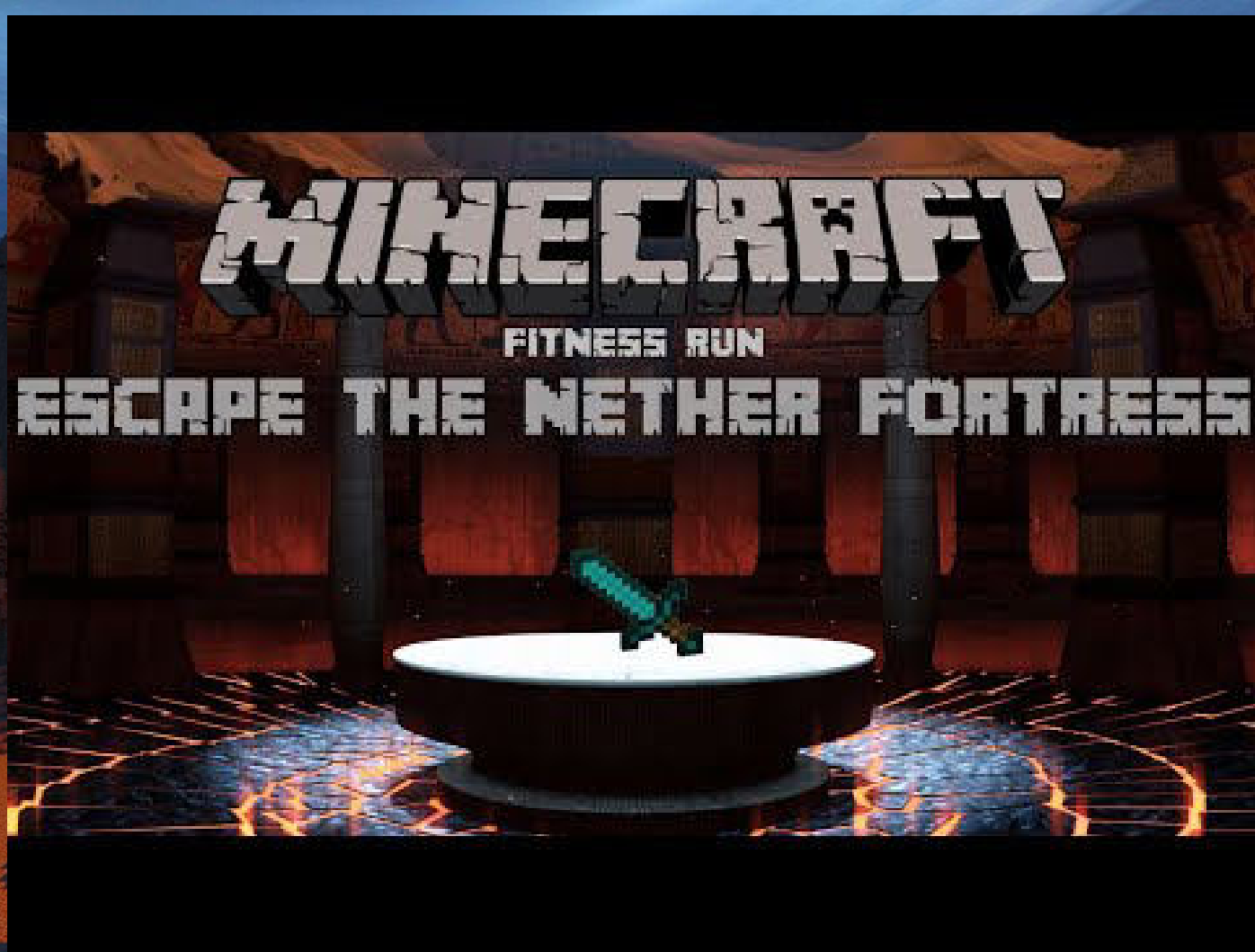
Try not to laugh!



Find the
Gnome!



Fitness Run





FLOP

Close the gate



TikTok



BOP

Open the gate



Fire Dodge



GET ACTIVE GAMES
RSD ONLINE

FIRE DODGE CHALLENGE



Fire Ninja Challenge



ESCAPE INTO SUMMER!

FITNESS RUN



Escape Into Summer



Summer Beach Battle

