



Welcome to P.E.!!

Mrs. Redfern



Mrs. Redfern's Zoom P.E. Rules:

1. If the teacher's talking, you are listening.
2. If you have a question, raise your hand.
3. Water at the end of class, not at your chromebook



Safe Space



Always check to make sure that you have SAFE SPACE. If you can touch something or someone, MOVE AWAY!!



Earth Day: 4/22/21

The earth is like our body, we only have ONE!

We must take care of our earth by treating it with respect.

We can treat the earth with respect by:

Recycling, planting trees, limiting our trips in the car.



EARTH



DAY

QUIZ GAME



H2O Break!



Cool Down: Bubble Breathing

