Morning FUN FACT OF THE DAY

Long Island in New York is the 11thlargest island in the United States and the 149th-largest island in the world larger than the smallest U.S. state,

Rhode Island. The total area of Long

Island is 1,401 square miles

JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

HAP PULLED USE

Meeting

THINK ABOUT IT

Personal Space (1:33)



POLL OF THE DAY

Which do you prefer?









MAY 2, 2022

SHARE OUT

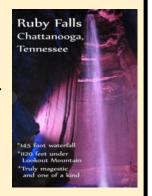


What do you think is meant by personal space and how can you honor other people's?

"To me, personal space means......." OR "I can honor other people's personal space by....."

FUN FACT OF THE DAY

Ruby Falls is the deepest and tallest underground waterfall in the US. It is located in Chattanooga, Tennessee and is 145 feet tall.



Meeting

THINK ABOUT IT

Having Confidence: (1:16)



SHARE OUT

MAY 3, 2022



What is a reason someone might lack confidence?

"A person might lack confidence because....."

"Having confidence means...."

JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

FA LAY MEIN HOTCH EAT OOOHS

POLL OF THE DAY









FUN FACT OF THE DAY

The Silver Bullet roller coaster in California climbs 146 feet high.



JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

BEP PER OH KNEE PEAS UH

Meeting

THINK ABOUT IT

Resilience: (2:27)



POLL OF THE DAY

Which do you prefer?







MAY 4, 2022

SHARE OUT



How do you plan to build your resilience?

"I can build my resilience by......"

FUN FACT OF THE DAY

In Lahti, Finland, a total of 130 people fastened themselves onto one giant pair of skis – which were about 460 feet long – and marched together across the snow. This was the most people ever on a single pair of skis.



JOKE OR PUZZLE OF THE DAY

BOGGLE

How many words can you find?

| D | G | Qu | I |
|---|---|----|---|
| Т | Р | У | Т |
| I | F | Ε | Н |
| Н | s | В | D |

Meeting

THINK ABOUT IT

Thinking About Your Thinking (3:14)



POLL OF THE DAY

Which do you prefer?









MAY 5, 2022

SHARE OUT



When is it helpful to have a plan or strategy? What might you be doing? How can thinking things through before you do something help you succeed?

"It's helpful to have a plan/strategy when ____."

"When you are _____, it's important to think it through because ____."

FUN FACT OF THE DAY

1 4 3 is often referred to as "I Love You".



JOKE OR PUZZLE OF THE DAY

How do you cut a wave in the ocean in half?

Meeting

THINK ABOUT IT

Listen to, I am Peace: A Book of Mindfulness (2:34)



POLL OF THE DAY

Which do you prefer?







MAY 9, 2022

SHARE OUT



Name one thing you could do every day to be mindful. Draw a picture of yourself doing this mindful practice.

"One thing I could do everyday to be mindful is ..."

"In my picture, I am ..."

FUN FACT OF THE DAY

If you buy 12 dozen eggs, you would have 144 eggs!



JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words

sound like?

JOCK LIT JIP GOO KEYS

Meeting

THINK ABOUT IT

How to Increase Motivation: (3:21)



POLL OF THE DAY

Which do you prefer?







MAY 10, 2022

SHARE OUT



How do you increase your motivation?

"I can increase my motivation by....."

"I can help motivate others by......"

FUN FACT OF THE DAY

The White House has 147 windows.



JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

MY CAR OWN KNEE AUNT SHES

Meeting

THINK ABOUT IT

Relationship: (1:22)



POLL OF THE DAY

Which do you prefer?









MAY 11, 2022

SHARE OUT



What do you think is the most important quality for a successful friendship?

"Being a good friend is....."

"The important quality for a successful friendship is...."

FUN FACT OF THE DAY

Americans eat 150 million hot dogs on the 4th of July, enough to stretch from D.C. to L.A. more than five times.



JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

RISE KER HIS PEAS

Meeting

THINK ABOUT IT

Being A Good Friend (1:24)



SHARE OUT

MAY 12, 2022



What do you think makes someone a good friend?

"A good friend is someone who......"

POLL OF THE DAY







From the base to the torch, the Statue of Liberty is 151 feet tall.



Meeting

THINK ABOUT IT

A Little Spot of Flexible Thinking (6:36)



Which do you prefer?

POLL OF THE DAY









MAY 13, 2022

SHARE OUT



What are rigid thoughts? What are flexible thoughts? How can a back up plan help you prepare for change?

"A rigid thought is..."

"A flexible thought is..."

"A back up plan can..."

JOKE OR PUZZLE OF THE DAY

Funny Talk

What food do these words sound like?

FUR ROSE IN YOKE HURT

FUN FACT OF THE DAY

The Cessna 152 is an American twoseat, airplane, used mostly for flight training and personal use.



JOKE OR PUZZLE OF THE DAY

What food do these words

sound like?

Funny Talk
HIGHS CREEK

OWN

Meeting

THINK ABOUT IT

Buddy Bench (1:20)



SHARE OUT

MAY 16, 2022



What do you think about the buddy bench? Why do you feel this way?

"I think the buddy bench is a idea because......"

POLL OF THE DAY









FUN FACT OF THE DAY

JOKE OR PUZZLE OF THE DAY

What could this mean?



Meeting

MAY 17, 2022

THINK ABOUT IT

Self-Management (1:11)



POLL OF THE DAY

Which do you prefer?









SHARE OUT



When is a time you have felt unmotivated? What can you do to motivate yourself?

"I have felt unmotivated......because....." OR "I motivated myself by......"

FUN FACT OF THE DAY

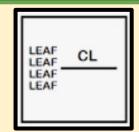
The tallest stand-up roller coaster is Riddler's Revenge at Six Flags Magic Mountain in California and is 156 feet tall.



POV video

JOKE OR PUZZLE OF THE DAY

What could this mean?



Meeting

THINK ABOUT IT

Operation Ouch (2:34)



POLL OF THE DAY

Which do you prefer?









MAY 18, 2022

SHARE OUT



Did you think the big magnet would affect his and when he was drinking the tea or eating the donut?

"I thought..."

"I did not think..."

FUN FACT OF THE DAY

In France a man named Ivan
Origone skied at 158 mph, breaking
the world record for the fastest
speed ever on skis.



JOKE OR PUZZLE OF THE DAY

You and 2 friends are on an elevator. On the 2nd floor, 1 person gets out and 6 get on. On the 3rd floor, 5 get out and 9 get on. On the 4th floor, 3 people get out and 8 get on. How many people are on the elevator?

Meeting

THINK ABOUT IT

A Little Spot of Belonging (5:38)



POLL OF THE DAY

Which do you prefer?







MAY 19, 2022

SHARE OUT



What are some places that make you feel like you belong? What can you do to help others feel like they belong?

"I feel like I belong when I am at..."

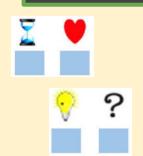
"Something I can do to help someone to feel like they belong is..."

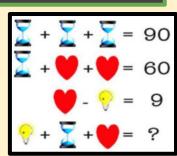
FUN FACT OF THE DAY

Tom and Jerry had 161 original episodes between 1940-1967. They were called animated shorts.



JOKE OR PUZZLE OF THE DAY





Meeting

THINK ABOUT IT

A Little Spot of Happiness (4:53)



POLL OF THE DAY

Which do you prefer?









MAY 20, 2022

SHARE OUT



What is something you can do to help your happiness spot to grow?

"I can help grow my happiness spot by..."

FUN FACT OF THE DAY

Major League Baseball Teams play 162 games during a regular season.



JOKE OR PUZZLE OF THE DAY

What do you call a witch on a beach?

Meeting

THINK ABOUT IT

Why Do We Laugh? (4:45)



POLL OF THE DAY

Which do you prefer (if you could take a trip)?









MAY 23, 2022

SHARE OUT



What is something that makes you laugh? How do you feel after a good laugh?

"When I laugh, I feel..."

FUN FACT OF THE DAY

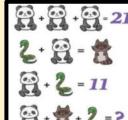
In San Francisco, CA there is a mosaic staircase that has 163 steps.



JOKE OR PUZZLE OF THE DAY







Meeting

THINK ABOUT IT

Think Before You Act (1:54)



SHARE OUT



What does it mean to "Think Before You Act"?

"To think before you act means..."

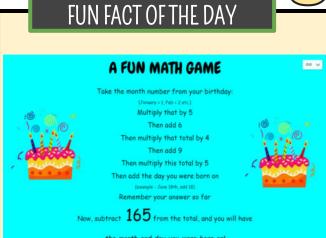
POLL OF THE DAY

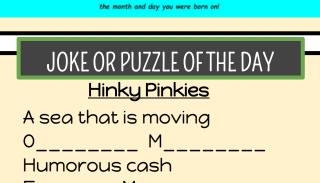












Meeting

THINK ABOUT IT

Small Talk (2:33)



SHARE OUT

MAY 25, 2022



What is a goal you can set for yourself as you grow older?

"A goal I can set for myself as I grow older is..."

POLL OF THE DAY









FUN FACT OF THE DAY

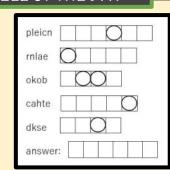
There were 166 total episodes of The Flintstones.



Opening Theme Song

JOKE OR PUZZLE OF THE DAY

Unscramble the words. Write the letters down that are in the circles. Unscramble those letters for the answer to the themed puzzle.



Meeting

THINK ABOUT IT

Self-Care Tips (4:13)



POLL OF THE DAY

Which do you prefer?







SHARE OUT

MAY 26, 2022



How can you make sure you have self-care?

"I can make sure I have selfcare by..."

"One way I have make sure to have self-care is..."

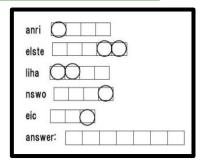
FUN FACT OF THE DAY

Horseshoe Falls, one of the 3 waterfalls that make up Niagara is 167 feet high and 2,700 feet wide.



Aerial View

JOKE OR PUZZLE OF THE DAY



Meeting

THINK ABOUT IT

Kids Explain Mindfulness (3:06)



SHARE OUT

DAY 167



What are 3 things mindfulness can help you achieve?

"Mindfulness can help me to achieve ____, and ____."

"Three things mindfulness can help me to achieve are..."

POLL OF THE DAY







FUN FACT OF THE DAY

There are 168 hours in a week. 7 days a week x 24 hours.



JOKE OR PUZZLE OF THE DAY

Hink Pinks

Quick Explosion

F_____B___

A cloudy 24 hours

G_____D__

THINK ABOUT IT

leeting

What is Trust? (1:01)



POLL OF THE DAY

Which do you prefer?







SHARE OUT



What does trust mean to you? What are some things you can do to earn someone's trust?

"Trust means..."

I can earn someone's trust by..."

FUN FACT OF THE DAY

The world's tallest obelisk (a tapered foursided column with a pointed top) is the Washington Monument in Washington DC, USA. It stands 169 m (555 ft) tall and was completed in 1884 to honour George Washington, the first president of the US..



leetin

THINK ABOUT IT

Accepting Responsibility (1:28)



SHARE OUT

DAY 169



What does it mean to accept responsibility?

Answer the reflection questions from the video.

JOKE OR PUZZLE OF THE DAY

Hink Pinks

A Twisted Penny

Greatest Bird Home

POLL OF THE DAY









https://voutu.be/so9nUEFNH00

FUN FACT OF THE DAY

Tonga, a country in the South Pacific, has about 170 islands - but people only live on 36 of them.



JOKE OR PUZZLE OF THE DAY

Hink Pinks

An Intelligent Body Organ

Н

Final Explosion

leetin

THINK ABOUT IT

A Little Spot of Boredom (6:30)



POLL OF THE DAY

Which do you prefer?









JUNE 1, 2022

SHARE OUT



What is No Task Boredom? What is Task Boredom? What can boredom bubbles help create?

"No Task Boredom is..."

"Task Boredom is..."

"Boredom bubbles can help create..."

FUN FACT OF THE DAY

The largest crocodile living is Cassius who is estimated to be at least 110 years old. He is 17 feet 11

inches long.



Meeting

DAY 171

THINK ABOUT IT

Watch Your Feelings (3:06)



SHARE OUT



Why should the little girl have watched her feelings? What happened when she had such negative thoughts?

"She should have watched her feelings because..."

"When she had negative thoughts..."

JOKE OR PUZZLE OF THE DAY



List 7 things you may see while driving down the ROAD that start with the letter R.

POLL OF THE DAY





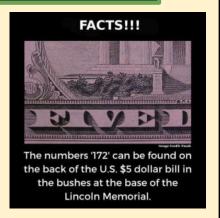




FUN FACT OF THE DAY

The number 172 can be found on the back of a \$5.00 bill.

Look carefully!



JOKE OR PUZZLE OF THE DAY



List ELEVEN things you could do in an ELEVATOR if you were stuck for 3 hours.

Meeting

THINK ABOUT IT

A Little Spot of Empathy (6:27)



POLL OF THE DAY

Which do you prefer while learning at school?







JUNE 3, 2022

SHARE OUT



What are some questions you could ask yourself to practice showing empathy?

"What..."

"Why..."

"How..."

FUN FACT OF THE DAY

On average, 173,000 pounds of Kit Kat bars are sold every Halloween.



JOKE OR PUZZLE OF THE DAY



Write a sentence with exactly 5 words, each of which start with the letter "D".

Meeting

THINK ABOUT IT

Not Judging Others (1:26)



POLL OF THE DAY

Which do you prefer?



SHARE OUT

JUNE 6, 2022



In what way did the little girl's dad judge her? What was the girl actually doing?

"The little girl's dad judged her when he..."

"The little girl was really..."

FUN FACT OF THE DAY

About 174 different species of mosquitoes can be found in North America, with over 3000 species in the world.



JOKE OR PUZZLE OF THE DAY

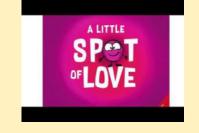


Name Six Signs of Summer.

Meeting

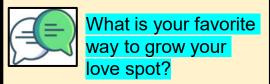
THINK ABOUT IT

A Little Spot of Love (5:19)



SHARE OUT

JUNE 7, 2022



"My favorite way to grow my love spot is..."

POLL OF THE DAY









FUN FACT OF THE DAY

The Titanic was 175 feet tall, 92 feet wide, and more than 882 feet long.



JOKE OR PUZZLE OF THE DAY

What do you call a dog on the beach on a hot summer day?

Meeting

THINK ABOUT IT

Compassion in Action (2:55)



POLL OF THE DAY

Which do you prefer?









DAY 175

SHARE OUT



What is one way you have shown someone Compassion in Action? What can you do to practice Compassion in Action?

"I have shown someone Compassion in Action by..."

"I can practice Compassion in Action by..."

FUN FACT OF THE DAY

176 hours = 7 days and 8 hours

THINK ABOUT IT

What is a Friend? (:59)

SHARE OUT



What is something that you can do today on the last day of school to show your friends how special they are?

"I can...'

"I will..."

"I will show my friends they are special by..."

JOKE OR PUZZLE OF THE DAY

What do sheep do on a hot summer's day?

POLL OF THE DAY





