



Answer Key

1. When your body reaches a certain age, your brain releases a special hormone that starts the changes of puberty, called:
 - ☒ a. gonadotropin-releasing hormone
 - b. luteinizing hormone
 - c. follicle-stimulating hormone
2. The pituitary gland is a pea-shaped gland that sits just under the brain and releases puberty hormones.
3. True or false: Estrogen is the hormone that causes most of the changes in a guy's body during puberty. T ☒ F
4. Acne is a condition of the skin that shows up as different types of bumps.
5. Why do teens develop body odor when they enter puberty?
As you enter puberty, the puberty hormones affect glands in your skin, and the glands make chemicals that smell bad.
6. List four changes that occur during puberty:
Any four of the following: production of testosterone and sperm, production of estrogen, growth spurt, weight gain, guys become more muscular, guys' voices get deeper, lengthening and widening of penis, enlargement of testes, girls become curvier, girls gain weight on hips, breasts develop, menstruation starts, hair growth, acne, body odor, vaginal discharge, erections, nocturnal emissions
7. During the menstrual cycle, an egg comes out of an ovary and begins a trip through the fallopian tube to the uterus.
8. An erection is when the penis fills with blood and becomes hard.
9. True or false: Growth during puberty is the last time your body grows taller. ☒ T ☐ F
10. Which part of a guy's body produces sperm?
 - a. penis
 - ☒ b. testes
 - c. epididymis
 - d. vas deferens