ROBBINSVILLE PUBLIC SCHOOLS

OFFICE OF CURRICULUM AND INSTRUCTION

DEPARTMENT Social Studies

COURSE TITLE Introduction to Psychology

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Course Philosophy

This class delivers an introductuion about basic human mental processes and behaviors. Understanding the theories provides a broad view point that outlines common human actions. The concepts of cognition will reveal how students can connect to everyday factors of life such as sleep, memory, and the pursuit of happiness. Many of the topics will relate back to brain development that reflect maturation occurring throughout the teenage years.

Course Description

Psychology is the scientific study of human behavior and mental processes. By first examining the nature or nurture, students will identify the lobes of the brain aand functions. As the course progresses, the study of mental processes will focus on learning disorders, memory, and sleep. Students will also be introduced to abnormal and positive psychology in order to understand how fields of psychology can focus on the dual aspects of mental health. This elective course introduces students to the terminology and application of the discipline.

Integration of 21st Century Themes and Skills

Educational Technology

Standards: (8.1.12.A.1 & 8.1.12.D.1)

Please review the standards from this link (http://www.state.nj.us/education/cccs/2014/tech/81.pdf) and include relevant ones (with an example) in this box. See the model below:

- <u>Technology Operations and Concepts:</u> Understand and use technology systems. 8.1.12.A.1. Create a personal digital portfolio which reflects personal and academic interests, achievements, and career aspirations by using a variety of digital tools and resources.
- Example: Students can electronically submit a final exam project reflecting personal goals that enchance the positive psychology goals.
- Educational Technology: Advocate and practice safe, legal, and responsible use of information and technology. 8.1.12.D.1 Demonstrate appropriate application of copyright, fair use and/or Creative Commons to an original work.
- Example: Students will conduct research that acknowledges appropriate methods of copyright information and application in relationship to mentalhealth descriptions and symptoms.

Career Ready Practices

Standards: (CRP2, CRP3)

<u>CRP2.</u> Apply appropriate academic and technical skills. Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive. They make connections between abstract concepts with real-world applications, and they make correct insights about when it is appropriate to apply the use of an academic skill in a workplace situation.

Example: Students will bridge concepts of behavior and mental processes in order to explain the human experience. The students will use research, current events, and documentaries in order to explain theories.

CRP3. Attend to personal health and financial well-being. Career-ready individuals understand the relationship between personal health, workplace performance and personal well-being; they act on that understanding to regularly practice healthy diet, exercise and mental health activities. Career-ready individuals also take regular action to contribute to their personal financial wellbeing, understanding that personal financial security provides the peace of mind required to contribute more fully to their own career success.

Example: Students will focus on ascpects that promote life-long wellness. Several topics center around understanding proper development and healthy behaviors, with students reflecting upon personal behaviors by using self-report surveys. Examples include the positive psychology final project and weekly meditation.

Robbinsville Ready 21st Century Skill Integration

The following skills will be embedded throughout the curriculum and instruction of this course.

Collaborative Team Member: Robbinsville students will learn more by working together than in isolation. As educational theorist Lev Vygotsky advocated, learning is a social process. Many workplaces today encourage employees to work in teams to solicit diverse perspectives, brainstorm new ideas and/or products, and solve problems. Further, collaboration fosters interpersonal relationships, self-management skills, cooperation, and a sense of collective responsibility. Collaborative team members are able to work with diverse groups of people who hold a variety of perspectives.

Effective Communicator: Robbinsville students must be able to clearly articulate their ideas orally, in writing, and across various media in order to successfully connect to the world around them. As the world becomes increasingly globalized, communication is more than just sharing one's ideas. Effective communicators are able to communicate their convictions, actively listen and analyze others' work to identify perspective and/or potential bias.

Emotionally Intelligent Learner: Robbinsville students who are emotionally intelligent learn to be empathetic, demonstrate integrity and ethical behavior, are kind, are self-aware, willing to change, and practice self-care. They are better able to cope with the demands of the 21st century digital society and workplace because they are reliable, responsible, form stable and healthy relationships, and seek to grow personally and professionally. Emotionally intelligent people are able to manage their emotions, work effectively on teams and are leaders who can grow and help to develop others.

Informed and Involved Citizen: Robbinsville students need to be digital citizens who are civically and globally aware. The concept of what it means to be "literate" has evolved along with 21st century technological and cultural shifts. Our progressive vision of literacy entails having our students explore real world problems in the classroom. Informed and involved citizens are able to safely and accurately communicate with people all around the world and are financially, environmentally and informationally literate.

Innovative Thinker: Robbinsville students must encompass innovative thinking skills in order be successful lifelong learners in the 21st century world. As stated by Karl Fisch and Scott McLeod in the short film Shift Happens, "We are currently preparing students for jobs that don't yet exist.

... using technologies that haven't been invented ... in order to solve problems we don't even know are problems yet." Innovative thinkers are able to think analytically, solve problems critically, creatively engage in curiosity and tinkering, and demonstrate originality.

Resilient and Self-Directed Learner: Robbinsville students need to take risks and ultimately make independent and informed decisions in an ever-changing world. Author of Life, the Truth, and Being Free, Steve Maraboli stated, "Life doesn't get easier or more forgiving, we get stronger and more resilient." Self-directed scholars of the 21st century are able to set goals, initiate resolutions by seeking creative approaches, and adjust their thinking in light of difficult situations. Resilient students are able to take risks without fear of failure and overcome setbacks by utilizing experiences to confront new challenges. Resilient and self directed scholars will consistently embrace opportunities to initiate solutions and overcome obstacles.

Interdisciplinary Connections

Although Psychology is a social studies elective, it is a science based course. Accordingly, students must accurately interpret terms and phrases from scientific studies but apply its meaning in a social environment. The study of the brain and process of neural communication is an integral part of comprehending human behavior.

CCSS.ELA-LITERACY.RST.11-12.1

Cite specific textual evidence to support analysis of science and technical texts, attending to important distinctions the author makes and to any gaps or inconsistencies in the account.

CCSS.ELA-LITERACY.RST.11-12.2

Determine the central ideas or conclusions of a text; summarize complex concepts, processes, or information presented in a text by paraphrasing them in simpler but still accurate terms.

General Differentiated Instruction Strategies					
Leveled textsChunking texts	Repeat, reword directionsBrain breaks and movement breaks				

Choice board	Brief and concrete directions
Socratic Seminar	 Checklists for tasks
Tiered Instruction	Graphic organizers
Small group instruction	 Assistive technology (spell check, voice to type)
Guided Reading	Study guides
Sentence starters/frames	Tiered learning stations
Writing scaffolds	Tiered questioning
Tangible items/pictures	 Data-driven student partnerships
Adjust length of assignment	• Extra time

Possible Additional Strategies for Special Education Students, At-Risk Students, and English Language Learners (ELLs)

Time/General	Processing	Comprehension	Recall
 Extra time for assigned tasks Adjust length of assignment Timeline with due dates for reports and projects Communication system between home and school Provide lecture notes/outline 	 Extra Response time Have students verbalize steps Repeat, clarify or reword directions Mini-breaks between tasks Provide a warning for transitions Reading partners 	 Precise step-by-step directions Short manageable tasks Brief and concrete directions Provide immediate feedback Small group instruction Emphasize multi-sensory learning 	 Teacher-made checklist Use visual graphic organizers Reference resources to promote independence Visual and verbal reminders Graphic organizers
Assistive Technology	Assessments and Grading	Behavior/Attention	Organization
 Computer/whiteboard Tape recorder Spell-checker Audio-taped books 	 Extended time Study guides Shortened tests Read directions aloud 	 Consistent daily structured routine Simple and clear classroom rules Frequent feedback 	 Individual daily planner Display a written agenda Note-taking assistance Color code materials

Enrichment

The goal of Enrichment is to provide learners with the opportunity to participate in extension activities that are differentiated and enhance the curriculum. All enrichment decisions will be based upon individual student needs.

- Show a high degree of intellectual, creative and/or artistic ability and demonstrate this ability in multiple ways.
- Pose questions and exhibit sincere curiosity about principles and how things work.
- The ability to grasp concepts and make real world and cross-curricular connections.
- Generate theories and hypotheses and pursue methods of inquiry.
- Produce products that express insight, creativity, and excellence.
- Possess exceptional leadership skills.
- Evaluate vocabulary
- Elevate Text Complexity
- Inquiry based assignments and projects
- Independent student options
- Tiered/Multi-level activities
- Purposeful Learning Center
- Open-ended activities and projects
- Form and build on learning communities
- Providing pupils with experiences outside the 'regular' curriculum
- Altering the pace the student uses to cover regular curriculum in order to explore topics of interest in greater depth/breadth within their own grade level
- A higher quality of work than the norm for the given age group.
- The promotion of a higher level of thinking and making connections.
- The inclusion of additional subject areas and/or activities (cross-curricular).
- Using supplementary materials in addition to the normal range of resources.

Curriculum Map

Course Title Introduction to Psychology

Relevant Standards	Standards Unpacked Skill / Concept / Process?	Enduring Understandings / Unit Goals	Essential Questions	Unit Title / Suggested Timeline
Unit #1	Define how a neuron impacts the	Brain development, genetics, and	How does nautre and nurture	Biology &
Biopsychologic	body and brain communication.	the environment influence	shape development?	Development
al Domain:		intelligence and personality.		1
Biological Bases	Interpret how parenting strategies		How does culture influence	10 blocks
of Behavior	can positively or negatively	Critical periods affect	individuals?	
1.2 Identify the	impact development.	developmental achievements.		
parts of the			What factors impact	
neuron and		Culture, parental and peer	development?	
describe the		influences impact childhood	-	
basic process of		development.		
neural transmission.				
1.4 Describe				
lateralization of				
brain functions.				
3.2 Describe the				
interactive				
effects of				
heredity and				
environment.				
4.3 Discuss issues related to				
scientific				
advances in				

	T		
neuroscience and			
genetics.			
<u>Development</u>			
and Learning			
Domain:			
<u>Life Span</u>			
Development			
1.1 Explain the			
interaction of			
environmental			
and biological			
factors in			
development,			
including the			
role of the brain			
in all aspects of			
development.			
1.4 Describe the			
role of sensitive			
and critical			
periods in			
development.			
2.3 Discuss			
theories of social			
development			
.3.2 Describe			
newborns'			
reflexes,			
temperament,			
and abilities.			
4.3 Describe the			
development of			
attachment and			
the role of the			
caregiver.			
6.3 Describe			
identity			
formation.			
Learning			
3.1 Identify the			
brain structures			

associated with language. 3.2 Discuss how damage to the brain may affect language.				
Unit #2 Biopsychologic al Domain: Sensation and Perception 1.1 Discuss processes of sensation and perception and how they interact. 1.2 Explain the concepts of threshold and adaptation. 3.2 Describe binocular and monocular depth cues. 3.3 Describe the importance of perceptual constancies. 3.4 Describe perceptual illusions. 3.5 Describe the nature of attention. 3.6 Explain how experiences and expectations influence	The biological process of sensation is only half of the process. Students must explain how expectations and prior expereinces can alter sensations and impact perception.	Sensation and perception enable us to create a meaningful world. Perception can be impacted by illusions and culture.	What are the implications of having the ability to attend to stimuli? What are some drawbacks of perceptual set? How influnential is context on our sensation and perception?	Sensation & Perception 7 blocks

perception.				
Unit #3 Cognition Domain: Memory 1.1 Identify factors that influence encoding. 1.2 Characterize the difference between shallow (surface) and deep (elaborate) processing. 2.1 Describe the differences between working memory and long-term memory. 3.4. Explain how memories can be malleable.	Use vocabulary to create a diagram that distiguishes the differences between the facets of memory functions.	Memory uses an information-processing model. Memory is not a passive "photographic" picture of the past, but an active, constructive process. Short-term memory contains information of the waking conscious before it is stored more permanently or forgotten. Long-term memory is the relatively permanent and limitless storehouse of the memory system. Context is the environment in which information is encouded or retrieved.	How do humans encode, store, and retrieve information from memory? What factors influence remembering and forgetting?	Cognition & Memory 7 blocks
Unit #4 Biopsychologic al Domain:	Determine why different theories of sleep exist and explain how they compare.	Consciousness is the awareness of ourselves and our environment.	What does it mean to be conscious?	Consciousness 7 blocks
Consciousness 1.1 Identify states of consciousness. 1.2 Distinguish between processing which is conscious (i.e., explicit) and other processing which happens		The study of consciousness includes sleep, hypnosis and the effects of psychoactive drugs. Adequate, daily sleep is a vital part of overall health. N-REM and REM create the sleep cycle.	How do biological rhytms affect everyday life? Why does sleep occur? Are dreams important to everyday life? How does the misuse and abuse of drugs affect daily life?	

		<u></u>	T.	
without		Several theroies of sleeping and		
conscious		dreaming relate to body		
awareness (i.e.,		restoration.		
implicit).				
2.1 Describe the				
circadian rhythm				
and its relation				
to sleep.				
2.2 Describe the				
sleep cycle.				
2.3 Compare				
theories about				
the functions of				
sleep.				
2.4 Describe				
types of sleep				
disorders.				
2.5 Compare				
theories about				
the functions of				
dreams.				
3.3 Evaluate the				
biological and				
psychological				
effects of				
psychoactive				
drugs.				
0				
Unit #5	Explain the basic concepts that	Psychology has traditionally focused	What is normal behavior?	Abnormal and
<u>Individual</u>	determine a mental illness. Use	on dysfunction—people with mental		Positive
Variation	the counterpart of abnormal	illness or other issues—and how to	What is abnormal behavior?	Psychology
Domain:			w trat is addictitial deliavior:	
	psychology and identify the steps	treat it.	, , , , , , , , , , , , , , , , , , ,	7 blocks
<u>Psychological</u>	that improve mental health.		What is an anxiety disorder?	
<u>Disorders</u>		Positive psychology, in contrast, is a		
2.1 Describe the		field that examines how ordinary	How can mental wellness be	
classification of		people can become happier and more	improved?	
psychological		fulfilled.	*	
disorders				
2.3 Describe				
symptoms and				

	·	·	·	
causes of major				
categories of				
psychological				
disorders				
(including				
schizophrenic,				
mood, anxiety,				
and personality				
disorders).				

Robbinsville Public Schools Scope, Sequence, Pacing, and Assessment Introduction to Psychology

		Recommended	Be	nchmark Assessm	nents
Unit Title	Unit Understandings and Goals	Duration/ Pacing	Diagnostic (before)	Formative (during)	Summative (after)
Biology & Development	Brain development, genetics, and the environment influence intelligence and personality. Critical periods affect developmental achievements. Culture, parental and peer influences impact childhood development.	10 blocks	Define parts of the brain. Identify differences between individualistic and collectivist cultures.	Label a diagram of the brain. Journals and posters depicting Erikson's theory.	Research different case studies about topics related to development, such as brain damage, feral children, and learning disabilities.
Sensation & Perception	Sensation and perception create a world full of meaning.	7 blocks	Describe the differences between sensation and perception.	Explain the five senses and how they interpret the world.	Create scenarios that elaborate on sensations interacting wtih the environment.
Cognition & Memory	Memory uses an infromation-processing model. Memory is not a passive "photographic" picture of the past, but an active, constructive process. Short-term memory contains information of the waking conscious before it is stored more permanently or forgotten. Long-term memory is the relatively permanent and limitless storehouse of the memory system. Context is the environment in which information is encouded or retrieved.	7 blocks	Define parts of the brain associated with memory.	Use memory demonstrations to then explain how memories are fleeting.	Compare and contrast the types of memories in a graphic organizer.

Consciousness	Consciousness is our awareness of ourselves and our environment. The study of consciousness includes sleep, hypnosis and the effects of psychoactive drugs. Adequate, daily sleep is a vital part of overall health. N-REM and REM create the sleep cycle. Several theroies of sleeping and dreaming relate to body restoration.	7 blocks	Read theories of sleeping and compare and contrast concepts.	Complete graphic organizer on the sleep cycle.	Identify when sleep disorders occur in the sleep cycle.
Abnormal and Positive Psychology	Psychology has traditionally focused on dysfunction—people with mental illness or other issues—and how to treat it. Positive psychology, in contrast, is a field that examines how ordinary people can become happier and more fulfilled.	7 blocks	Define aspects of dysfunction, abnormality, and normality.	Identify symptoms of mental health disorder and describe how the behaviors meet criteria for a disorder.	Create a portfolio that identifies factors of personal wellness.

Unit #1: Biology & Development

Enduring Understandings:	Essential Questions:	
Brain development, genetics, and the environment influence	How do nature and nurture shape development?	
intelligence and personality.	How does culture influence individuals?	
Critical periods affect developmental achievements.	What factors impact development?	
Culture, parental and peer influences impact childhood development.		

	ng / Topical Questions th Specific Standards	Content, Themes, Concepts, and Skills	Teaching Strategies	Instructional Resources and Materials	Assessment Strategies
	Biopsychological Domain: Biological Bases	Identify the communication process between neurons, and the purpose of neurotransmitters.	Think, pair, share	The Brain Book	Label a neuron
1.2	of Behavior Identify the parts of the neuron and describe the basic process of neural transmission.	Identify the areas associated with the cerebral cortex and functions of lobes.	Demonstration: Brain puzzles to describe function of lobes Demonstration: The Right Brain movement	6-2 Building vocabulary- Graphic organzier: The Neuron 7-2 Graphic Orgnaizer	Research presentations on brain disorders

3.2	Describe lateralization of brain functions. Describe the interactive effects of heredity and environment.			7-4 Application Activity: The Wagner Preference Inventory	
3.1	Development and Learning Domain: Learning Identify the brain structures associated with language. Discuss how damage to the brain may affect language.				
1.1	Development and Learning Domain: Life Span Development Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development. Describe the role of sensitive and critical periods in development.	Determine genetic influence on behavior using research about twins. Twin studies Fereal children and critical periods Genie Case Study	Compare and contrast using a venn diagram	Genie Case study DVD	Written response: comparing research on feral children and the impact of ciritical periods on speech.
2.3	Development and Learning Domain: Life Span Development Discuss theories of social development.	Define developmental landmarks. Explain how parenting styles influence development. Discuss Erikson's theory of adolescent development into adulthood in order to reflect upon personal growth and obstacles. Temperament Parenting styles: authoritarian, permissive, authoritative, neglectful Adolescence	Self-reflection survey Creation of a poster	14-4 Cooperative learning activity: Identifying Developmental Landmarks 14-7 Critical thinking activity: The water-level task	Reflection

	Describe the development of	Erik Erikson	15-5 Analysis Activity:	
6.3	attachment and the role of	Ego Identity Status	The Objective Measure	
	the caregiver.		of Ego Identity Status	
			(OM-EIS)	
	Describe identity formation.			
			Piaget's theory of	
			cognitive development	
			on youtube.com	

Unit #2: Sensation & Perception

Enduring Understandings:		Essential Questions:	
Sensation and perception enable us to create a meaningful world.	•	What are the implications of having the ability to attend to stimuli?	
Perception can be impacted by illusions and culture.	•	What are some drawbacks of perceptual set?	
	•	How influnential is context on our sesnation and perception?	

Guiding / Topical Questions with Specific Standards		Content, Themes, Concepts, and Skills	Teaching Strategies	Instructional Resources and Materials	Assessment Strategies	
1.1	Biopsychological Domain: Sensation and Perception Discuss processes of sensation and perception and how they interact. Explain the concepts of threshold and adaptation.	Students will use vocabulary about sensation to interpret how the brain has limited ability to focus on multiple stimuli. Sensation Selective Attention Selective Inattention Thresholds	Lecture through Prezi or powerpoint with notes Stop and jot Building vocabulary: creating flashcards	Selective Attention test Simons and Chabris (1999) on youtube.com Neurosciene for kids: https://faculty.washington.edu/chudler/neurok.html	Cooperative Learning Portfolio Porject: Visual Illusions on the World Wide Web	
3.5	Describe the nature of attention.	Sensory Adaptation Parallel processing Sensory disorders	Creation of a poster Critical thinking:fact or falsehood	Brain Games DVD Optical Illusions: sandlotscience.com illusionworks.com worldofescher.com		
3.2	Describe binocular and monocular depth cues.	Identify how perception influences interpretation of the envioronment.	Lecture through Prezi or powerpoint with notes	9-2 Application Activity: Sensation	Cooperative Learning Portfolio Porject: Visual Illusions on the	
3.3	Describe the importance of perceptual constancies. Describe perceptual illusions.	Perception Depth perception Binocular cues Monocular cues	Stop and jot Building vocabulary: creating	9-3 Application Activity: Perceptual	World Wide Web	
3.6	Explain how experiences and	Retinal disparity Perceptual constancy	flashcards	Organization		
3.0	expectations influence perception.	Perceptual constancy Perceptual set Perceptual contrast Stroop effect Bottom up processing Poggendorf illusion		9-4 Critical thinking activity: Object recognition		

Context Effect	9-5 Application Activity: The Gestalt Law of Prgnanz
	Tennis balls for Cooperative learning activity: 9-6 Binocular vision versus monocular vision 9-11 Application activity- The Wundt-Jastrow Illusion
	9-12 Application activity: Poggendorf Illusion

Unit #3: Cognition and Memory

Enduring Understandings:

- Memory uses an information-processing model.
- Memory is not a passive "photographic" picture of the past, but an active, constructive process.
- Short-term memory contains information of the waking conscious before it is stored more permanently or forgotten.
- Long-term memory is the relatively permanent and limiteless storehouse of the memory system.
- Context is the environment in which information is encouded or retrieved.

Essential Questions:

- How do humans encode, store, and retrieve information from memory?
- What factors influence remembering and forgetting?

Guiding / Topical Questions with Specific Standards		Content, Themes, Concepts, and Skills	Teaching Strategies	Instructional Resources and Materials	Assessment Strategies
	Cognition Domain:	Discriminate between the types of memory	fact or false hood	22-1 Critical	Portfolio project or
	Memory	in order to explain how the brain interprets,		thinking: Fact or	journal entries about
1.1	Identify factors that influence encoding.	sorts, and stores daily information.	graphic organizers	Falsehhod	effort, memory, and studying
		The Information-Processing Model of	journal entry	222a Making sense	
1.2	Characterize the difference	Memory		of memory	
	between shallow (surface)	Automatic processing	stop and jot	-encoding	
	and deep (elaborate)	Chucnking		graphic organizer	
	processing.	Context effect	memory demonstrations		
	Describe the differences	Effortful processing		22-2b Making sense	
2.1	between working memory	Encoding	Application activity of serial	of memory-storage	
	and long-term memory.	Explicit memory	position effect, recalling presidents	graphic organizer	
		Flashblulb memory			
3.4	Explain how memories can	Implicit memory	think, pair, share	22-3 Application	
	be malleable.	Long-term memory		Activity: Visually	
		Recall		versus auditorally	
		Recognition		encoded information	
		Rehearsal			
1		Retrieval			

Semantic endcoding	22-4 Application
Sensory memory	Activity:
Short-term memory	Self-referencing
State-dependent memory	scoring sheet
Storage	
	22-6a Application
	Activity:
	Remembering
	sentences
	22-6b Application
	Activity: Recalling,
	using key words
	Improving Memory
	with the Web
	mindtools.com/meo
	ry

Unit #4: Consciousness

Enduring Understandings:		Essential Questions:	
•	Consciousness is our awareness of ourselves and our environment.	•	What does it mean to be conscious?
•	The study of consciousness includes sleep, hypnosis and the effects of	•	How do biological rhythms affect everyday life?
psycl	noactive drugs.	•	Why does sleep occur?
•	Adequate, daily sleep is a vital part of overall health.	•	Are dreams important to everyday life?
•	N-REM and REM create the sleep cycle.	•	How does the misuse and abuse of drugs affect daily life?
•	Several theroies of sleeping and dreaming relate to body restoration.		

Duration of Unit: 4 weeks

Guiding / Topical Questions with Specific Standards				Instructional Resources and Materials	Assessment Strategies
1.1	Identify states of	Define the cycles and stages of sleep.	journal	24-8 Application	Portfolio projec:t
	consciousness.	Compare theories as to why people sleep.		Activity: Larks or	track sleeping habits
			think pair share	Owls?	and dreams
1.2	Distinguish between	Body rhythms: circadian, infradian and			
	processing which is	ultradian	student-answer boards	24-6 Analysis	Research school start
	conscious (i.e., explicit)	REM and NREM sleep		Activity- School Start	times and the
	and other processing	Effects of sleep loss	student interviews & reflection	Times: An	implcations of health
	which happens without	Sleep theories		Information Debate	for teens
	conscious awareness (i.e.,		create an infographic		
	implicit).			24-8 Evaluation	
			literature circles	Activity- Sleep	
2.1	Describe the circadian			deficiency scale	
	rhythm and its relation to		stations/task cards		
	sleep.			Ted Talks:	
			graphic organizers	"Dan Gartenberg:	
2.2	Describe the sleep cycle.			The brain benefits of	
				deep sleep and	
				how to get more of	
2.3	Compare theories about			it" & "Wendy	
	the functions of sleep.			Troxel: Why school	
				should start later for	
				teens"	

2.4	Describe types of sleep disorders.	Explain the causes and treatments for sleep disorders. Insomnia Narcolepsy Sleep apnea Night terrors	think pair share student-answer boards student interviews & reflection create an infographic literature circles stations/task cards graphic organziers	24-9 Evaluation Acvtivity: Sleep Deficiency Scale	
2.5	Compare theories about the functions of dreams.	Identify theories as to why people dream. Describe the importance of REM sleep.	think pair share student-answer boards student interviews & reflection create an infographic literature circles stations/task cards graphic organziers	24-9 Critical thinking activity: remembering night dreams	Journal entry: keep a dream journal
3.3	Evaluate the biological and psychological effects of psychoactive drugs.	Students will describe the effects of drugs on consciousness by viewing appropriate documentaries in order to recognize symptoms and the cycle of addiction.	think pair share student-answer boards	26-8 Alternative Assessment Portfolio A&E Intervention DVD	portfolio projet: public awareness campaigns
		Stimulants, Depressants, Narcotics Tolerance, withdrawal, physical dependence and psychological dependence	student interviews & reflection create an infographic		

A A	ddiction literature circles	
	stations/task cards	
	graphic organziers	

Robbinsville Public Schools Unit #5: Abnormal and Positive Psychology

Enduring Understandings: Psychology has traditionally focused on dysfunction—people with mental illness or other issues—and how to treat it. Positive psychology, in contrast, is a field that examines how ordinary people can become happier and more fulfilled. Essential Questions: What is normal behavior? What is an anxiety disorder? How can mental wellness be improved?

Guiding / Topical Questions with Specific Standards		Content, Themes, Concepts, and Skills	Teaching Strategies	Instructional Resources and Materials	Assessment Strategies
2.1	Describe the classification of psychological disorders.	Students will understand the symtpoms of a disorder by reading case studies and scanerios. Psychological diseorder Maladative Unjustifiable Distrubing Abnormal	journal think pair share student-answer boards create an infographic	29-3 Critical thinking activity: Normality and the sexes	Identify MUDA factors in case studies.
2.3	Describe symptoms and causes of major categories of psychological disorders (including schizophrenic, mood, anxiety, and personality disorders).	Students will demonstrate their understanding of a disorder by identifying symptoms from various forms of media. Anxiety Post-Traumatic Stress Disorder Phobia Generalized Anxiety Panic Disorder Obsessive-Compulsive Disorder Bipolar Disorder Depression	literature circles stations/task cards graphic organziers whiteboards	30-3 Analysis Activity: Taylor Manifest Anxiety Scale 30-4 Application Activity: Fear Survey 30-7 30-4 Application Activity: The Zung Self-Rating Depression Scale	Write a fractured fairy tale that includes an issue surrounding a mental health disorder.

Students will review research that leads to a	Internet mental health
self-reflection action plan to lead their best lives.	mentalhealth.com
Positive Psychology	
GRIT	John M. Grohol's <i>The</i>
	Insider's Guide to Mental
	Health Resources
	insidemh.com
	The National Institute
	for Neurological
	Disorders and Stroke
	(NINDS)
	ninds.nih.gov

English Language Learner (ELL) Resources

- Learning style quiz for students- http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml
- "Word clouds" from text that you provide-http://www.wordle.net/
- Bilingual website for students, parents and educators: http://www.colorincolorado.org/
- Learn a language for FREE-www.Duolingo.com
- Time on task for students-http://www.online-stopwatch.com/
- Differentiation activities for students based on their Lexile-www.Mobymax.com
- WIDA-http://www.wida.us/
- Everything ESL http://www.everythingESL.net
- ELL Tool Box Suggestion Sitehttp://www.wallwisher.com/wall/elltoolbox
- Hope4Education http://www.hope4education.com
- Learning the Language http://blogs.edweek.org/edweek/learning-the-language/
- FLENJ (Foreign Language Educators of NJ) 'E-Verse' wiki: http://www.flenj.org/Publications/?page=135
- OELA http://www.ed.gov/offices/OBEMLA
- New Jersey Department of Education-Bilingual Education information http://www.state.nj.us/education/bilingual/

Special Education Resources

- Animoto -Animoto provides tools for making videos by using animation to pull together a series of images and combining with audio. Animoto videos or presentations are easy to publish and share. https://animoto.com
- Bookbuilder -Use this site to create, share, publish, and read digital books that engage and support diverse learners according to their individual needs, interests, and skills. http://bookbuilder.cast.org/
- CAST -CAST is a non-profit research and development organization dedicated to Universal Design for Learning (UDL). UDL research demonstrates that the challenge of diversity can and must be met by making curriculum flexible and responsive to learner differences. http://www.cast.org
- CoSketch -CoSketch is a multi-user online whiteboard designed to give you the ability to quickly visualize and share your ideas as images. http://www.cosketch.com/

- Crayon -The Crayon.net site offers an electronic template for students to create their own newspapers. The site allows you to bring multiple sources together, thus creating an individualized and customized newspaper. http://crayon.net/ Education Oasis -Education Oasis offers a collection of graphic organizers to help students organize and retain knowledge cause and effect, character and story, compare and contrast, and more! http://www.educationoasis.com/printables/graphic-organizers/
- Edutopia -A comprehensive website and online community that increases knowledge, sharing, and adoption of what works in K-12 education. We emphasize core strategies: project-based learning, comprehensive assessment, integrated studies, social and emotional learning, educational leadership and teacher development, and technology integration. http://www.edutopia.org/
- Glogster -Glogster allows you to create "interactive posters" to communicate ideas. Students can embedded media links, sound, and video, and then share their posters with friends. http://edu.glogster.com/?ref=personal
- Interactives Elements of a Story -This interactive breaks down the important elements of a story. Students go through the series of steps for constructing a story including: Setting, Characters, Sequence, Exposition, Conflict, Climax, and Resolution. http://www.learner.org/interactives/story/index.html
- National Writing Project (NWP) -Unique in breadth and scale, the NWP is a network of sites anchored at colleges and universities and serving teachers across disciplines and at all levels, early childhood through university. We provide professional development, develop resources, generate research, and act on knowledge to improve the teaching of writing and learning in schools and communities. http://www.nwp.org
- Pacecar -Vocab Ahead offers videos that give an active demonstration of vocabulary with audio repeating the pronunciation, definition, various uses, and synonyms. Students can also go through flash cards which give a written definition and visual representation of the word. http://pacecar.missingmethod.com/