# Allendale Middle School Announcements

### Thursday, March 14th, 2024



## Happy half-day!



## Cell phones are to be turned off and left in backpacks or lockers during the school hours (including lunches). If you need to call home, <u>PLEASE</u> come to the office. Thank you!



### The 2024 Spring Book Fair is HERE!

- ★ Taking place the week of March 11th, during school hours as well as conferences
- ★ Located in all APS Media Center locations
- ★ Sales benefit APS Media Centers
- ★ eWallet enables cash-free purchases, and anyone can contribute to eWallet accounts. Sign up or order books online (free shipping for orders \$25+) <u>here</u>



### DONATE BOOKS FOR A MALAWI COMMUNITY!

 Nanze Primary School (K-8) is working with the Allendale Rotary Club to create a library for their community, benefitting everyone
Please drop off any gently used book donations at the front office of any APS building

### OFFSEASON WRESTLING PRACTICE

These programs are designed to keep you in peak condition and help you reach new heights in your athletic journey. Don't miss out on the chance to stay active, build strength, and develop your skills!

Thank you for your dedication, and let's make the offseason just as impressive as the regular season!

WAAAM Practices: Join us on Tuesdays and Thursdays from 6:15 - 7:30 pm in the MS wrestling room starting March 5th! Keep the momentum going and continue to refine your techniques.

Allendale CrossFit: We're offering a special deal for Allendale Wrestlers—\$125/month normally, but if you commit, we have a donor that is going to cover this fee! Sessions are 1 hour and are offered at various times to fit your schedule. Take advantage of this fantastic opportunity to enhance your overall fitness.

Allendale Lifting Program (Open to MS/HS athletes):

**Lifting (Now - March 8):** Tuesday/Wednesday/Friday after school until 3:45 pm.

**Lifting (After March 8):** Tuesday/Wednesday/Friday from 6:15 am until the start of school.



### Allendale 7th and 8th Grade Boys Golf Club



Interest Meeting Information Who: 7th and 8th grade boys interested in playing high school golf. When: March 12 @ Lunch Where: Garage

### **Club Information**

- Takes place from April 16 May 24 @ Pigeon Creek
- Tuesdays from 3:00-4:15.
- Cost: \$100
  - Includes: T-shirt, golf hat, range, short game practice, instruction, and scramble event
- Must turn in registration form to Mr. Boersen with money to participate by March 22.

## **Falcon Store Update**

- Every other Friday, the Falcon Store Cart will be available in all lunches for students to make purchases with their tickets or enter raffles
- It will be present on 2/23, 3/8, and 3/22



# The dentist is coming to school!

### Sign up at www.MySchoolDentist.com

### **SMILE Program**

- ★ Coming on May 10th!
- ★ This program offers preventative and restorative care to our students including examinations, cleanings, x-rays, fillings, fluoride treatments, and simple extractions
- ★ Most dental insurances, including Medicaid, cover 100% of the services that are provided
- ★ If you are interested, please visit this site



# Spring Sports

Spring sports (Girls Soccer and Boys and Girls Track) practice starts March 18th. Please sign up in Final Forms. You must have a physical on file in order to practice.





# Girls Soccer

MS Girls Soccer season starts 3/18/24. If you or someone you know wants to play soccer this spring, we need a few more players to make 2 teams and they need to register on Final Forms through the athletic website for more details **★** Sixth grade girls are allowed to play this year as well





# Happy Birthday!

### 6th Grade

- ★ Teagan D. 3/15
- **★** Isolde W. 3/15
- ★ Eli M. 3/16
- ★ Emmett M. 3/16



# Happy Birthday!

### 7th Grade

**\star** Landon V. – 3/10



# Happy Birthday! 8th Grade

- **★** Xavier A. 3/12
- ★ Leona D. 3/12
- **\star** Rylee K. 3/12
- **\star** Theresa O. 3/12
- ★ Alexander C. 3/14
- ★ Grayson M. 3/16
- ★ Hudson M. 3/16



# **Respect the Cafeteria**

 $\star$  Red trays do not belong in the trash or outside the cafeteria! Please return them where they belong.



## Lunch - Week of March 11th

★ Monday:

• Cheesy garlic breadsticks with California blend vegetables

★ Tuesday:

• Chicken and waffles with broccoli

★ Wednesday:

• Half day - breakfast only

### ★ Thursday:

- Half day breakfast only
- ★ Friday:
  - No school!

#### Available Daily:

- $\star$  Caesar salad
- $\star$  Chef salad
- ★ Yogurt lunch
- ★ Bosco breadsticks
- ★ Pizza
- $\star$  Hamburger or cheeseburger
- $\star$  Chicken sandwiches
- $\star$  Chicken nuggets
- $\star$  Sub sandwich

#### Wrap of the Week:

 $\star$  Chicken Ranch





#### Success Center!!!! Plan for your Success during the 2023-2024 school year!

What? A place to study, work on projects, receive tutoring and complete homework. Where? Rm 106

When? Every Tuesday and Thursday AMS has a full day of school from 2:30 to 4pm.

How do I get home? AMS provides a bus. Bus transportation will pick up at 4:10. You can also make your own arrangements to get home. Parents please pick up at the Athletic Entrance at 4:00. Do I have to sign up to attend? Yes - Sign ups on google form than can be found in the announcements. Sign up by 12:30 the day you plan to attend.

**Do I have to stay the entire time?** NO - stay until your work is done. However, if you are riding the bus you need to stay quietly in Rm 106 until 4:10. If you have another ride home or plan on walking you may leave any time as long as the office or Mrs. Kushion has communication from your parents before the end of the school day.

#### Expectations for Success Center:

- 1. Keep talking relevant
- 2. Cell phones are turned off and in your backpack
- 3. Raise your hand with questions
- 4. Plan on working the whole time

<u>Click this link to sign up</u>

**Falcon Four** 1. Respectful 2. Responsible 3. Resilient 4. Ready to Learn



Falcon Food for Thought: Remember to bring your Chromebook charger if you need it.