

## Positive Peer Relations (PPR) Course Description

Positive Peer Relations is a Social and Emotional Learning class that focuses on character development. It is taught every Wednesday in one of the core classes for 30 minutes.

### **Course Objectives (based from Minnesota Department of Education)**

- \*Demonstrates an awareness and understanding of own emotions.
- \*Demonstrates awareness of personal strengths, challenges, aspirations and cultural, linguistic, and community assets.
- \*Demonstrates awareness of personal rights and responsibilities.
- \*Considers ethical standards, social and community norms and safety concerns in making decisions.
- \*Applies and evaluates decision-making skills to engage in a variety of situations.
- \*Demonstrates a range of communication and social skills to interact effectively.
- \*Cultivates constructive relationships with others.
- \*Identifies and demonstrates approaches to addressing interpersonal conflict.
- \*Demonstrates the skills to manage and express their emotions, thoughts, impulses and stress in effective ways.
- \*Demonstrates the skill to set, monitor, adapt, achieve and evaluate goals.
- \*Understand their own cultural identity and its implications in interactions and toward school.
- \*Possess an affirming attitude toward all students.
- \*Develop constructive ways of engaging each other's practical knowledge.
- \*Appreciate multiple and diverse perspectives in the classroom.
- \*Examine the systemic structures and ideologies that justify inequalities.
- \*Critically reflect on the socio-historic legacy of groups of people not benefitting from and being oppressed by U.S. public systems.
- \*Acknowledge, value, support, and respond to the cultural values, traditions, communication, learning styles, contributions and relational patterns of all students in the classroom.

### **Topics by Month and Subject Taught By**

September - Anti-Bullying - Social Studies

October - Respect - Language Arts

November - Self-Awareness - Math

December - Decision Making - Science

January - Relationships - Math

February - Kindness/Empathy - Language Arts

March - Self Management - Science

April - Diversity - Social Studies

May - Social Awareness - Language Arts, Math, Science, Social Studies

### **Activities Throughout the Year**

Sixth Grade PPR Pep Rally

PPR Sponsored Dance

Suicide Prevention Week

Kindness Week

Anti-bullying Survey

Positive Behavior Drawings - 2x a month

Quote of the Week

Question of the Week

**Peer Leaders:** The Peer Leader Program is an extension of the PPR Program. Twelve to sixteen students are selected in the fall of their sixth grade year to receive ongoing training on leadership, standing up for what's right, and improving school climate. Peer Leaders continue their leadership positions through their eighth grade year. Being a Peer Leader is a privilege and with it comes higher expectations for academics and behavior choices.