

The Apollo



Dear Poseidon Parent(s) and Guardian

Welcome to the 2019-2020 school year! Our Poseidon family is growing as we welcome 27 new freshmen into the mix! We are ready to be back in full swing. Many of our juniors and seniors came in over the summer to begin preparing for this school year and college applications, but there is still much to do, especially for our seniors! This edition of The Apollo includes important information regarding each grade level as well as messages from NHS and Brookdale Administration. As always, please reach out if you need anything!

Sincerely,
Callie Peters, MS, LPC, NCC
Poseidon School Counselor

Administrator's Corner

Welcome back Poseidon students and parents! I hope you all had a restful summer. As we embark on the 2019-2020 school year please remember to reflect on the unique opportunity provided through the Poseidon Early College High School program. Poseidon provides students with the ability to jumpstart their post-secondary learning. Parents and students have strong support systems in place both administratively and within the teaching and support staff. You are all encouraged to communicate with this support team as you navigate Poseidon's challenging coursework. Parents, please continue to support your child by keeping abreast of their assignments and activities. Returning students, please continue to work hard and enjoy your time in the program. Please be sure to also lend support to new students as well. Poseidon freshmen, congratulations, again, on being accepted into this elite program. We wish you the best in the first year of your journey in the Poseidon program. It will be unlike anything you have experienced in a school setting. You are sure to be tested along the way and we all know you will do a great job! I wish you all the best this school year!

Sincerely,

Matthew Gristina, Ed.D.
Assistant Superintendent of Schools



Dear Parents,

On behalf of our President Dr. David Stout and the entire college I would like to say welcome to the Brookdale family! We look forward to working with your children and assisting them in completing their Associates Degree. My door is always open to address whatever concerns that may arise. Thank you for our partnership in this entire process!



Best,
Dr. Fidel Wilson, MSW, Ed.D.
Director of Early College High School and Educational Partnerships



Important Upcoming Dates

- September 21—HBCU College Fair
- September 26—11th and 12th grade Guidance Night
- September 28—Homecoming Parade and Game
- October 6—Monmouth County College Fair at Monmouth University
- October 16—PSATs for 10th and 11th graders
- October 17—Guidance Financial Aid Night
- October 23, 24, & 25—Parent Teacher Conferences

Financial Aid Workshop

SENIOR PARENTS!!! Need information on filling out the FAFSA? Attend this important financial aid presentation on Thursday October 17th at 6:00 PM at NHS!

*Also, check out the Senior Fall Checklist on the next page!

2019-2020 SAT Dates

- Saturday, October 5, 2019
- Saturday, November 2, 2019
- Saturday, December 7, 2019
- Saturday, March 14, 2020
- Saturday, May 2, 2020
- Saturday, June 6, 2020

Found on Page 2

- Info for parents of 9th and 10th graders
- Junior year checklist
- Senior fall checklist

Found on Page 3

- A note from your vice principal
- Freshmen visit to BCC
- College Fair Information
- Student Spotlight

Parents of Freshmen

Welcome new and returning parents! We are so excited to have you as part of our Poseidon family. This fall the freshmen are taking: Spanish 1, Algebra 1, English 1, and Financial Literacy. Their college classes this semester include Information Technology and Freshmen Seminar. This is an important time to learn time management skills and how to stay organized. The students want to start out strong with their GPA as well as get involved early with activities or sports that interest them.

Parents of Sophomores

Welcome back! The sophomores should now have a strong understanding of the Poseidon program's expectations. This semester they are taking: Biology, Algebra 2, Physical Education/Health, and Foundations of Visual Arts. Their college courses include Spanish 102 and English Prep. They will also be taking the PSATs this fall! It is recommended that they take their first administration of the SAT March 2020 since they will have completed Algebra 2 by early February.

What can my 9th and 10th grader be doing to prepare for college?

It's never too early to get a head start on the college process!

- Meet with your guidance counselor
- Get involved in activities
- Study hard and get good grades
- Explore interests and possible careers
- Volunteer / community service
- Prepare for the PSATs / SATs
- Use Naviance to explore colleges and careers



Junior Checklist

Throughout the year

- Get involved!
⇒ Sports, clubs, volunteering, working, etc.
- Meet with your school counselor
- Stay organized and put in 100% effort
⇒ Remember that when you apply to colleges, your GPA is based on the end of junior year
- Explore potential scholarship opportunities
- Take the SATs (work with your counselor to determine which time of year would be best for you)

Winter

- Start to narrow down post-grad plans
⇒ Ex. where you plan to attend college
- Start to familiarize yourself with the college process [Use this link for help!](#)

Spring

- Visit colleges you know you want to apply to
- Think about who to ask for letters of recommendation



Senior Fall Checklist

Below is a to-do list for this fall! We are here to assist your children through the application process. You can help too! See below for what the students should be working on. [Use this link for help!](#)

- ☐ Take SATs (October or November)
- ☐ Visit colleges
- ☐ Identify colleges you plan to apply to
- ☐ Prepare your personal statement
- ☐ Complete Brag Sheet (complete via the form on Google Classroom)
- ☐ Ask teachers for Letters of Recommendation (forward them your brag sheet)
- ☐ Complete applications
- ☐ **Parents**—fill out the FAFSA! It opens 10/1/19.

Dates to be aware of-

Nov. 1 (some Nov. 15) - Most common early action deadline

Nov. 1 (some Nov. 15) - Most common early decision deadline

Jan. 1 – Most common regular decision deadline

Get involved at BCC! As a senior, you are eligible for their clubs and activities! Go to the Student Life Center for more information.

A Message from your Vice Principal

Dear Poseidon Families,

It is with great pleasure I welcome you to the 2019/2020 school year. It has been an exciting summer and the nervous energy has finally been released and we are off to a great start. We have 27 new 9th graders and are on our way to graduating 21 seniors with the class of 2020. We have more students than ever before involved in athletics, clubs, and activities and we continue our strong partnership with Brookdale to make sure our students have what they need to be successful. Early College Programs are starting to catch on throughout the state and we join our predecessors in the pride that we are one of the first, and certainly the BEST! #flierpride

Sincerely,

Kevin McCarthy
Vice Principal



Freshmen Visit to BCC



The Class of 2023 toured Brookdale Community College's Lincroft Campus on August 27th with Mr. McCarthy and Miss Peters. BCC Administrator Cara Novak showed the students around and officially welcomed them as college students! The students were also able to meet Dr. Fidel Wilson, Director of Early College High School at Brookdale. It was an exciting day and the students represented Neptune High School and the Poseidon program very well!

Thank you!

Mr. McCarthy
Vice Principal
732-776-2200 x7058
KmcCarthy@neptune.k12.nj.us



Callie Peters
School Counselor
732-776-2200 x7609
cpeters@neptune.k12.nj.us

College Fair

October 6th 1:00pm-4:00pm
Hosted by Monmouth University
at OceanFirst Bank Center

400 Cedar Avenue
West Long Branch, NJ 07764

Park in Lots 13, 14, and 15.

See what colleges will be there:
<https://www.monmouth.edu/events/event/monmouth-county-college-fair/>

JUNIORS and SENIORS should really consider attending!



Student Spotlight

"The Poseidon Program is an early college high school program that is filled with great opportunities. In Poseidon, students get to experience the best of both worlds. It is an amazing thing to be both a high school and a college student. The students gets to interact with high school teachers and professors, they interact with high school students and college students. With this program students are able to get a head start at the college life and experience. The Poseidon program is not just a regular school program but it is a family. During these past 3 years, that I have been in Poseidon, I made a lot of new friendships and bonds that I know will last a lifetime. In this program you do not only grow academically, but you grow socially, mentally, and emotionally. In the end you get an associates degree and it is all for free."

-Aglaia Dextra
Junior



Resources

<https://www.collegeboard.org/Poseidon-Website>
<https://hs.neptuneschools.org/>
<https://studentaid.ed.gov/sa/fafsa>