

A. Engage Students: (Diagnostic/Pre-Assessment may be included here.)

- Entrance slip

- https://docs.google.com/forms/d/e/1FAIpQLSfvBZh4FzzCAWN7J49CcLDuI71SiFVisjfKdMy4TP78a2kihA/viewform?usp=sf_link

B. Instructional Sequence

- Class will start with an entrance slip

- Today's theme is unbreakable- We've seen how much the human body is able to withstand and accomplish, that no matter what we face we have the ability to be unbreakable with the right mindset. But in order to be this unbreakable person, we don't have to do it alone. Jordan's story is the perfect example of how much having the right people by your side gives you the extra strength to achieve anything.

- https://www.youtube.com/watch?v=TE2mVz1YePM&t=605s&ab_channel=ESPNArchive

- Exit question- You don't need to do things on your own in order to reach your goals. Having the right people by your side will give you strength to achieve your goals, just like how Jordan had his family by his side. Can you think of a moment in your life where you having the support of your family or friends gave you the extra strength to overcome obstacles?

.

- Warm up challenge

- <https://docs.google.com/document/d/1Ft99B6wbms03h7je81tWb2usqPG2oXdD2wVFRwNjBYc/edit?usp=sharing>

- Minimums and exit question

- https://docs.google.com/presentation/d/1KB8_qNv0i1nnyimVmWPzv7lWP59X3fOBsPB_StrM8iQ/edit?usp=sharing