

A. Engage Students: (Diagnostic/Pre-Assessment may be included here.)

- Entrance slip

- https://docs.google.com/forms/d/e/1FAIpQLSfI4sGOh5ExciLLJ8aEbZ2JlIn3AiaLATvjdwXkNMt3MLnXNA/viewform?usp=sf_link

B. Instructional Sequence

- Class will start with an entrance slip
- Today's theme is resilience- Working through challenging obstacles will push you to discover strengths you never knew you had, and reveal qualities within yourself that would have otherwise laid undiscovered. Identifying them will fill your toolbox with skills to conquer greater challenges in the future.
- Intro video- Pausing from his military service, Boyer sought his next challenge, trying to walk-on to the Texas football team despite never having played on an organized team because his high school did not sponsor the sport. His tenacity and athletic prowess netted him a spot on the team as a defensive back, but he lacked the skills to contribute during live games. He analyzed the roster, and he saw a potential opening at long snapper. He mastered the position, earning a starting job. Nate Boyer is a person who's never faced a challenge he couldn't conquer.

- https://www.youtube.com/watch?v=4WX_hUMIK6s&t=4s&ab_channel=DanArruda

- Exit question- Exit question- Nate Boyer embraced the challenge of being physically smaller than the competition he was facing in the draft but he didn't let that stop him from fighting for a position on a team and he ended up achieving that. Is there a moment in your life where you embraced a challenge and overcame it? What did you learn about yourself from that moment?

- Warm up challenge

- <https://docs.google.com/document/d/1Ft99B6wbms03h7je81tWb2usqPG2oXdD2wVFRwNjBYc/edit?usp=sharing>

- Minimums and exit question

- https://docs.google.com/presentation/d/1guDO6SsvN-AYRPWXcTIAZ8ldu5272PkXFnEK13_6TJs/edit?usp=sharing