

# PIZZA BALL

PizzaBall

Grades: K-5



## Equipment Needed:

- 10 Hula Hoops (Pizzas/Cages)
- Lots of Yarn Balls/Fluff Balls/ Spider Balls/Bumpy Balls,etc... (Toppings/Food)

## OBJECT of GAME:

- Try to Roll balls into the hoops using correct amount of force and coordination  
Rolling Skills, Eye-Hand Coordination, Effort/Force

## Set Up:

- Divide class into two equal Teams (Frontyard/Backyard)
- Place 5 hoops on each teams side near the middle and back of each side (2 FW/3 Back)
- Dump Toppings across gym floor

## Directions:

- Students try to roll or throw toppings to make them land on the pizzas on other teams side
- You can NOT take toppings out of a Hoop once they land in it.
- The side that put the most toppings on the pizza is the winner at the end of that round.
- Be sure to specify which equipment can be thrown and which Must be rolled!
- CAN'T cross center line
- Only have 1 ball in your hand at a time.

## REVIEW ROLLING & THROWING SKILLS/CUES:

- Bend Knees /lower to ground (Roll)
- Step out w/opposite foot (Roll/UH &OH Throw)
- Tick/Tock Motion (Roll/UH Throw)
- Eyes on target (ALL)

## Rolling Equipment ONLY

- Spider Balls
- Bumpy Balls

## Throwing or Rolling

- Yarn Balls
- Small Foam Balls