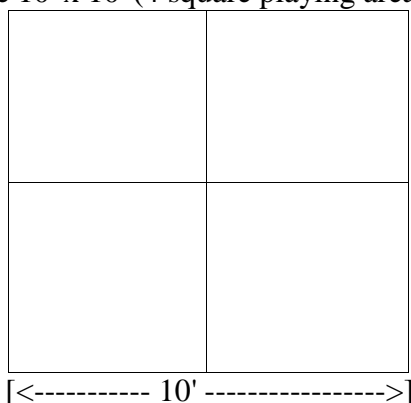


## **Pong-Minton**

Pong-Minton was created by four PHS students who combined skills from four square, ping pong and badminton. Instead of earning points, the students decided that everyone would start with 15 points and would lose a point each time they didn't successfully return the birdie. This game is a nice lead up activity for badminton, pickleball or any other racquet sport. All students can experience success while improving hand-eye coordination.

### **Equipment:**

- 4 ping pong paddles
- 1 badminton birdie
- 1 square 10' x 10' (4 square playing area)



### **Object:**

- to be the last player with points.

### **Players:** 2-4

### **Serve and scoring:**

- Serve must be underhand to an opponent and playable above the waist to start the rally.
- After the serve, there is no height restriction on the birdie.
- Players rally until someone misses or is unable to return the birdie to an opponent's box.
- A player may only hit the birdie once when it enters his/her box.
- The rally ends if the birdie touches any part of the body or the ground.
- There are NO spikes or smashes.
- Player who loses the point will serve to start the next rally.
- Once a player reaches '0' they are out of the game.
- Play continues until one player remains.

(Variation: Before each serve, all players rotate clockwise one space)