



# Smithtown Central School District

26 New York Avenue, Smithtown, New York 11787

**Jason Lambert**  
Coordinator of Physical Education, Health, Athletics and Nurses  
(631) 382-2100

**Mark Secaur, Ed.D.**  
Superintendent of Schools

Dear Parent or Guardian:

New York Education Law requires all students in kindergarten, grades 1, 3, 5, 7, 9 and 11, and all students new to the Smithtown Central School District to have a physical exam completed by their healthcare provider. There is a physical exam form available on the Health Office page on the district's website. This form is used for all students, kindergarten through grade 12.

Changes in the New York State Education Law require that BODY MASS INDEX and WEIGHT STATUS GROUP be determined and documented on physical exams. This information will be reported to the NYS Department of Health as part of a survey when requested. No individual names are reported. Parent/guardians who CHOOSE NOT to have their student's information included in the survey **MUST COMPLETE THE BOTTOM OF THIS LETTER AND RETURN IT YOUR CHILD'S SCHOOL HEALTH OFFICE.**

When New York State Education Law requires a physical exam for your child, a request will be made for a DENTAL CERTIFICATE at that time. Dental certificates are available in your school's health office for you to take to your child's dentist. Once completed it should be returned to the school nurse. The dental certificate can also be downloaded from the District's website.

Thank you for your cooperation. Our students benefit when we work together to promote the health and achievement of all students.

Please call your school's health office if you have any questions or concerns.

Thank you,

Mark Secaur, Ed.D  
Superintendent of Schools

Please do not include my child's weight status information in the yearly New York State School Survey

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Signature