



Physical Education

Course Description: The physical education program incorporates several content areas in a comprehensive program. Four main objectives include social interaction, active lifestyle, physical fitness, and basic sports understanding. The program utilizes age appropriate activities that are adaptable for students in grades 6, 7, and 8.

Course Grading Policy: The students will be graded daily based on effort and on task behavior. Their EFFORT reflects how much they perform to their ability. ON-TASK behavior is determined by how well the students adhere to the guidelines, rules and criteria set for the individual class. See grading rubric below.

Effort	Almost None 1	A little 2	Some 3	Good 4	Max 5
On Task	Almost Never 1	Rarely 2	Sometimes 3	Usually 4	Always 5

Unable to participate

If a student is unable to participate, a note must be brought in and signed by the nurse **before** the start of class. If you need to be excused for longer than 1 week, a medical excuse from a physician is required. The note should be taken to the nurse and the nurse will provide the Phys. Ed teacher with a copy. A doctor's note will be required before any student is allowed to return to active participation.



Proper Attire:

*~**ALL STUDENTS** are expected to come to class wearing a t-shirt, athletic shorts or pants, and sneakers that stay on their feet.*

~It is important that they come to school in the appropriate attire on days when they have P.E.

~Additionally, during the cold months of the year it is important that the students bring sweatpants and a sweatshirt. We will go outside!

~ All books are to be put in school locker and not brought down to class.

Haverford Middle School
Physical Education Contract

In order to participate in P.E class each student must wear athletic apparel. All students are expected to wear athletic sneakers with socks. All large jewelry should be removed. In order to earn full credit for class, students are expected to adhere to our P.E. dress code (see proper attire). Students are assessed daily on effort and being on task.

Refer to <http://www.haverford.k12.pa.us/hms/> website, under Programs and Services is the Health and Physical Education link. You will find information there.

Sincerely,

Physical Education Department Faculty

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Please Return This Section

Physical Education Teacher

Class Period

Days

Student's Printed Name

Student's Signature

Parent/Guardian Signature

Date