

Physical Education and Health
Johnakin Middle School
Coach Steinbar and Coach McFarland

Dear Parent or Guardian,

Welcome to Physical Education and Health for the 2021-2022 school year! In this newsletter you will find information that applies to both you and your child. We expect to have an exciting school year and in order to accomplish that we need your support. We as teachers want to learn as much as we can about your son or daughter as well as ourselves.

In this newsletter we've included some simple expectations/rules/consequences that each student will be held accountable for. You also will find the sports/activities your child will be involved in over the course of this semester. Feel free to call us with questions, comments or concerns (843)423-8360.

Physical Education Expectations/Rules:

1. Respect teacher, others and yourself at **all** times! Always show good sportsmanship: no put downs.
2. **Follow directions the first time given.** (This includes being in the proper areas at proper times.) Example: entering/exiting gym, sitting in the designated area.
3. **NO food, drink, gum, candy in the gym.**
4. Use equipment properly and responsibly
5. Whistle blows = Stop and listen to next instructions

Consequences

1. Not dressed out equals -5 points off participation grade.
2. Tardy to class equals -2 points off participation grade
3. Misbehaving during class equals -2 points off participation grade
4. Participation grade is worth 40% of overall PE grade
5. Written tests and /or skills test are 30% of overall grade.
6. Cooperative Learning Activities/ Professional Conduct will be 20% of Grade.
7. Nonfiction writing activities/ Word of the Week will be 10% of grade.
8. Students that do not dress out will be required to COMPLETE a written assignment. If the written assignment is not completed then they will be required to do it again the next day.

Physical Education Dress Code

This year students will adhere to a dress code for PE class. Students are required to wear a loose fitting t-shirt, basketball shorts, jogging pants and sneakers with rubber bottoms only participate in class. What students will **NOT** be allowed to wear are the following:

Tank tops, Denim shorts or jeans, Pajama pants, tights, short shorts (finger tips can not touch skin), Sperrys, sandals, flip flops, Boots.

I have reviewed this newsletter's content with _____.
(Students name)

Students Signature

Parents Signature

