

Physical Education Brunswick School Department
Grade 9
Golf

Essential Understandings	<ul style="list-style-type: none"> ▪ Students will learn the benefits of physical activity, cooperation, and team work.
Essential Questions	<ul style="list-style-type: none"> ▪ What is par? ▪ What is birdie? ▪ What is bogey?
Essential Knowledge	<ul style="list-style-type: none"> ▪ Basic Rules <ul style="list-style-type: none"> ○ Scoring- every time you swing the club at the ball it is a shot. Least number of shots to get the ball into the hole the better. ○ Par 3 course (9 holes) Groups of four. All players tee off from the mat towards the flag. Ball gets to 6 inches of flag- “ it is in the hole.” ▪ Safety <ul style="list-style-type: none"> ○ Students do not swing the club until told to do so by instructor.
Vocabulary	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ par, birdie, bogey, stance, pitch, chip, putt, grip
Essential Skills	<ul style="list-style-type: none"> ▪ Demonstrate full swing, pitch shot, chipping and putting.
Related Maine Learning Results	<p><u>Health and Physical Education</u></p> <p>G. Movement/Motor Skills and Knowledge</p> <p>G1.Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>b. Use the principle of opposition, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>G2.Movement Skills</p> <p>Students demonstrate a variety of specialized movement skills specific to a game/physical activity while participating in a game/physical activity.</p> <p>I. Personal and Social Skills and Knowledge</p> <p>I1.Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in skill activities.</p> <p>a. Accept constructive feedback.</p> <p>c. Include peers respectfully in activities.</p> <p>I3.Safety Rules and Rules of Play</p> <p>Students predict how etiquette/rules improve games/activities.</p> <p>a. Explain how etiquette/rules contribute to productive participation.</p>

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Sample Lessons And Activities	<ul style="list-style-type: none">▪ Last day- Par 3 course set up- learn to keep score. 4 students per group. Tournament.
Sample Classroom Assessment Methods	<ul style="list-style-type: none">▪ Put students in groups of two and ask them to demonstrate proper swing techniques.
Sample Resources	<ul style="list-style-type: none">▪ <u>Other Resources:</u><ul style="list-style-type: none">○ United States Golf Association