Physical Education

Brunswick School Department Grade 9 Kickball

	 Students will learn the benefits of physical activity, cooperation,
Essential Understandings	and team work.
	 Students will learn the benefits of kickball as a physical activity and
	a lifetime recreational activity.
Essential	How can a team score a run?
	How many outs per inning?
Questions	How can you get someone out?
	Where is foul territory?
	Basic Rules:
	 Break class into two teams. One team kicking, the other in
	the field.
	 3 outs per side.
	 Outs include:
	 Anything hit in the ceiling.
	 Ball thrown at a player below the neck.
	 Ball caught on a fly.
	 Ball caught from a wall.
Essential Knowledge	 No foul balls except behind orange line.
	 Automatic homerun is back windows.
	 Must run around bases twice to score a run.
	 No force outs, even at first.
	 You may have as many people on a base as you want, use
	mats for bases.
	 You can steal a base any time you want.
	 You may run on a caught fly ball.
	 Once you leave a base with both feet, except for a foul kick,
	you must run to next base.
	 If someone throws the ball at you to get you out and you
	catch it you are not out and you may then throw the ball
	anywhere you want.
	 No one may strike out.
	• Terms:
Vocabulary	 foul ball, force out, strike, steal
Essential	 Demonstrate kicking, throwing, running, teamwork, and strategy.
Skills	

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Related Maine Learning Results	 Health and Physical Education G. Movement/Motor Skills and Knowledge G2.Movement Skills Students demonstrate a variety of specialized movement skills specific to a game/physical activity while participating in a game/physical activity. I. Personal and Social Skills and Knowledge I2.Responsible Behavior Students demonstrate responsible and ethical personal behavior while participating in physical activities. I3.Safety Rules and Rules of Play Students predict how etiquette/rules improve games/activities. a. Explain how etiquette/rules contribute to productive participation. b. Predict how modifications to the environment can impact safety during games/physical activities.
Sample Lessons And Activities	 Group students into two teams and play.
Sample Classroom Assessment Methods	 Teacher observation of student playing game, following rules, and displaying good sportsmanship and teamwork.
Sample Resources	 <u>Other Resources:</u> <u>kickball.com</u>