

Physical Education Brunswick School Department
Grade 9
Floor Hockey

Essential Understandings	<ul style="list-style-type: none"> ▪ Students will learn the benefits of physical activity, team work, and cooperation.
Essential Questions	<ul style="list-style-type: none"> ▪ What is off sides? ▪ What is checking? ▪ What is a face off?
Essential Knowledge	<ul style="list-style-type: none"> ▪ Basic Rules <ul style="list-style-type: none"> ○ 6 players on a team including the goalie. ○ Goalie must stand while protecting the goal. Should wear protective eye wear. ○ Goalie must toss the ball out to the side after a glove save. ○ Players must be spaced out on offense and defense. ○ Start the game and after every goal with a face off ○ A goal= 1 point. ▪ Safety <ul style="list-style-type: none"> ○ Must not bring stick above the waist. ○ Must keep hands apart on the stick at all times. ○ No hitting or swinging at the ball while it is in the air. ○ No checking or contact with other players. ○ Cannot intentionally use their feet to control, trap, stop, or advance the ball. ○ A two minute penalty for violation of the rules. ○ Understand the importance of proper use of equipment for safety reasons.
Vocabulary	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ checking, off sides, goalie, face off
Essential Skills	<ul style="list-style-type: none"> ▪ Demonstrate proper dribbling, passing, and shooting. ▪ Demonstrate good sportsmanship and ability to work with a team.

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<p>Related Maine Learning Results</p>	<p><u>Health and Physical Education</u> G. Movement/Motor Skills and Knowledge G1.Stability and Force Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities. b. Use the principle of opposition, point of contact, and point of release to change the path of an object during a game/physical activity. c. Adjust movements to accommodate external forces that decrease risk for injury. G2.Movement Skills Students demonstrate a variety of specialized movement skills specific to a game/physical activity while participating in a game/physical activity. I. Personal and Social Skills and Knowledge I1.Cooperative Skills Students demonstrate collaborative skills while participating in skill activities. a. Accept constructive feedback. c. Include peers respectfully in activities. I2.Responsible Behavior Students demonstrate responsible and ethical personal behavior while participating in physical activities. I3.Safety Rules and Rules of Play Students predict how etiquette/rules improve games/activities. a. Explain how etiquette/rules contribute to productive participation. b. Predict how modifications to the environment can impact safety during games/physical activities.</p>
<p>Sample Lessons And Activities</p>	<ul style="list-style-type: none"> ▪ Class divided into teams of 6. Show how spacing on offense-center, 2 wings can pass the ball to create scoring opportunities.
<p>Sample Classroom Assessment Methods</p>	<ul style="list-style-type: none"> ▪ Students demonstrate proper method of holding the hockey stick.

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Sample Resources	<ul style="list-style-type: none">▪ <u>Publications:</u><ul style="list-style-type: none">○ <u>Quality Lesson Plans for Secondary Education</u> - Zakrajsek, Cares and Pettigrew
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