

## VOORHEES MIDDLE SCHOOL - PHYSICAL EDUCATION POLICY

**Teachers** – Miss Carrafiello & Mrs. Rossi (extension 5138), Mr. Falkowski & Mr. Morales (extension 5212)  
Teacher e-mails can be located on the VMS website.

**Physical Education and Health** - All students have Physical Education and Health during the school year. Students should check their schedules to determine when they have health.

**Preparation** - Every student must report to the locker room **and** their squad position on time with proper physical education clothing and folder. School discipline policy for CLASSROOM MISCONDUCT/LATENESS TO CLASS will be enforced. (1<sup>st</sup> offense – warning, 2<sup>nd</sup> offense – teacher detention and parent personal contact, 3<sup>rd</sup> offense – office referral)  
**All students will need a three prong 2-pocket folder and a pencil or pen attached.** This will be used during all physical education cycles. Students will be given class time to change clothing. It is necessary for students to label their possessions and secure them in a locker with a combination lock purchased from the school store.(\$5.00) **Only school locks with a V61 identification number on the back will be permitted.** Students may use the lock throughout their three years in the middle school. The Physical Education department is not responsible for items lost in the locker room, so, **LOCK YOUR LOCKER!!!!**



Proper Physical Education clothing consists of either a PLAIN white or light gray T-shirt. The shirt should be labeled with 3 INCH BLOCK LETTERING of the students first name and last initial below the first name on the FRONT and BACK of the shirt. Please use black permanent magic marker. Any color **athletic** pants or shorts (no jeans), athletic sneakers that fit securely on the foot and white socks. Platform or “fashion” sneakers are not permitted

**\* Jewelry presents a danger to child safety during Physical Education** class and cannot be held by the instructors. It is recommended that students do not wear jewelry on P.E. days to eliminate the chance of loss or theft. Wearing jewelry will lower a student's preparation grade by 2 points for each offense.

Sweatshirts may be worn during the cold weather. In order to safely participate in the diversified program planned by the Physical Education Department, it is necessary for students to be properly prepared. Student success is dependent upon proper preparation. Students who are unprepared, experience difficulty in all aspects of Physical Education, in addition to losing points from their preparation grade. Unprepared students will not be permitted to participate in all PE activities(at the discretion of the PE staff). All non-participating unprepared students must complete a non-participation form and an unprepared assignment during the course of the class period. A parent signature is required on the form and the student must return it within 3 school days. Unprepared students who are engaged in teacher authorized activity are required to complete the unprepared assignment at home and return the parent signed copy to the teacher within 3 days. In this situation, the non-participation form is not required. Failure to complete and return the forms on time will result in additional points being deducted from the student grade.

**Physical Education Excuses** - If a student has a medical or physical need that their teacher should be made aware, please notify the teacher by letter as soon as possible, even if you notified the school in prior years. If the student changes P.E. teachers during the year, the new teachers should be notified as well.

If a student needs to be excused from an activity in physical education because of a medical problem, the student will be required to complete a non participation assignment during the class period, which correlates with the class activity for each day. A written parental or doctor medical excuse must be presented by the student to the **school nurse during homeroom** in the morning. If a student needs to be excused for more than three classes, a doctor's note must be provided explaining the reason for non-participation.

**The safety** of your child is the top priority of the physical education department. **Parent cooperation and support** will assist the physical education staff to help your child perform a variety of activities, and understand the health benefits of involvement in physical activity and its relationship to lifetime wellness.

------(Cut here)  
**I have read and understand the Physical Education Requirements. (2010-2011)**

Parent Signature \_\_\_\_\_

Student Signature \_\_\_\_\_

## VMS Grading Policy for Physical Education

Students will be graded on a continual basis throughout the marking period. Student grades in Physical Education will be determined in the following way:

### Preparation based on 50 Points (50%)

**-50 points**

Student will lose 5 points off of grade for each time they are unprepared.

Student will lose 5 Points off of grade for each time they do not complete the required unprepared and/or non-participation assignment. This must be done during the period (unless the student is engaged in teacher authorized activity)

Student will lose 2 points off of grade for each time they wear jewelry.

Student will lose 2 points off of grade for each late to squad position.

Total loss of credit could be 10 points each time a student is unprepared.

School discipline policy for CLASSROOM MISCONDUCT will result for this offense. (1<sup>st</sup> offense – warning (and loss of points), 2<sup>nd</sup> offense – teacher detention and parent personal contact (and loss of points). The student will be required to stay for an assigned Physical Education Detention 3<sup>rd</sup> offense – office referral (and loss of points) Physical Education detention/ make-up class will be arranged by the individual teacher.

### QUIZ grade based on 40 Points (40%)

#### 1. Written quiz

WRITTEN QUIZZES CAN INCLUDE- - a completed assignment in the folder such as a pre/post assessment of an activity, charts for fitness circuit or assessment and measurement or a written quiz given either in class or as a take home assignment etc.

**- 10 points**

2. Folder inspection – all pages complete. Failure to have a folder in class will result in a loss of points.

Preparation of folders- completed assignment in the folder such as a pre/post assessment of an activity, charts for fitness circuit or assessment and measurement.

**- 10 Points**

#### 3. Effort (combination of the following)

Individual Effort – 5 points

Game Play Effort – 5 points

Sportsmanship – 5 points

Team Cooperation – 5 points

**-20 Points**

### Warm-up based on 10 Points (10%)

5 evaluations – 2 points each

**-10 Points**

**TOTAL-100 POINTS**

## Example of Student Grade

Preparation -Student Unprepared one time and completed a

Non-participation assignment (on time)-

**-45 Points**

**Written Quiz** - 8 points

**Folder** - 10 Points

**Individual Effort** - 5 points

**Game play effort** - 5 points

**Sportsmanship** - 5 points

**Team Cooperation** - 5 points

**Total Quiz scores** ----- **38** Points

**Warm-up score**----- **10** Points

**Final Grade** ----- **93** Points