



## Personal Health Series Peer Pressure

Name:	Date:
Quiz	
1. Your peers are:	
a) people about your own age	
b) your parents	
c) your teachers	
d) kids you babysit	
2. True or false: Peer pressure is always bad.	
3. Peer pressure can influence:	
a) clothing styles	
b) hairstyles	
c) taste in music	
d) all of the above	
4. List three things friends might do to try to get kids or teens to do what they wa	ant
5. List three reasons why people might give in to peer pressure.	
6. List four ways friends can be a bad influence on each other	
7. List four ways friends can be a good influence on each other.	
8. True or false: Kids and teens can pressure each other without even speaking.	
9. All of the following are examples of body language that can make someone feel a) hugs	l excluded except:
b) eye-rolling	
c) pointing and giggling	
d) turning away	

b) self-confidence and assertiveness

10. Personal qualities that can help people resist negative peer pressure include:

c) nice smile and lustrous hair

a) speed and agility

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