



## Personal Health Series Peer Pressure

## **Great Escapes**

Instructions: When peer pressure comes knocking, it's a good idea to have a few responses ready to help you "escape." Read the following scenarios and write three comebacks for each to get you out of the sticky situations.

## Example

You're at a convenience store, and a friend stuffs a bag of chips into your coat pocket.

- 1. "Dude, really? I'm not a thief."
- 2. "No way my parole officer said one more strike and I go away for a long time."
- 3. "All this junk food must be going to your brain. I'm putting it back."

Dude, really? I'm not a thief.

All this junk food must be going to your brain.

You have a math test in 7th period. Your friend, who had the same test in 3rd period, steals a copy and offers
it to you.
1
2
3
Your friend wants you to pretend you're her mom and call in sick for her so she can cut school.
1
2
3.
Your friend thinks it would be funny to block up a toilet in the boys' bathroom.
1
2.
3.
You've had a bad day and your friend says he has just the thing to help you feel better: a joint.
1
2
3
Your friend shows you an inappropriate picture of the girl who just broke up with him. He wants you to forward
it to everyone you know.
1
2
₹.