

**LONG BRANCH HIGH SCHOOL
PHYSICAL EDUCATION
STUDENT CONTRACT**

All students must take four years of Health and Physical Education to graduate.

All students will have three marking periods of Physical Education and one marking period of Health.

PREPARATION

Students must change their clothes for Physical Education.

Students must wear athletic clothing such as a t-shirt, sweatshirt, shorts, sweatpants, socks and sneakers. The shirts must in the school colors (green, white, black, or gray).

PARTICIPATION

Every student is expected to participate in class. If a student dresses, but does not participate, they will lose points for participation.

CONDUCT

All students are expected to behave in class and follow the rules in the student handbook.

TESTS

Students will have written tests and skill tests in class.

PE ACTIVITIES: 9th grade

Students will rotate through four activities in each marking period. Activities will be season specific.

PE ACTIVITIES 10TH, 11TH, & 12TH

Students have a choice of team sport classes or fitness & individual sport classes. Once a selection is made, that will be the selection for the year.

ILLNESS & MEDICAL EXCUSE

Students with a short term medical excuse must report to their teacher and get dressed for class.

Long term illness or injury will require a note from a doctor. Medically excused students will be placed in a study hall. A doctor's note will be required for a student to be excused from a Mid-term or Final exam.

GRADING – PE

Preparation/Participation/Tests 80%
Skill Assessments 15%
Homework 5%

GRADING - HEALTH

Test, Project 80%
Quiz, Class work 15%
Homework 5%

Student Signature _____ **Academy** _____
Parent Signature _____ **Grade** _____

